

Bob Davis

Training students is vital function

by Paul Simonson

For six years Bob Davis has been a member of the Instructional Materials Center staff here at CJC. To say that he is just the printer would be an understatement.

During a typical eight-hour day, Bob may produce anything from business forms to tests for instructors. He may make a poster, a handout or two, a handbook or a class brochure.

Although Bob does the bulk of the work, he does have students who assist him in various jobs. These students are part of the work study force on the campus and hold many jobs in different areas. The students who work in IMC are put into a special situation. Especially if they are put into a one-to-one learning environment and are taught the basics of a trade, such as printing.

The skill Bob teaches them may help to get them a job in the future. Jobs such as pressman, cameraman, stripper, or layout work, to name a few.

Bob usually trains a student for a year (if the student chooses to stay that long), and then he turns them over to the graphics artist to learn about that end of

Says Bob, "I like to see the students learn about this job, it makes me feel good."

Besides not liking unions very much, Bob has some strong feelings about waste. "It took me three years before I could con-

No more Winnebagos

Voters in Tuolumne County have decided not to let Harold Clement construct and operate a KOA campground on the site adjacent to Sierra Village. The 45% turnout was heavy for a school election, especially since in some areas there was nothing else to be decided on the ballot. The final vote count was: Yes on A: 2461; No on A, 2699.

vince people to use both sides of the paper," he said. "I like to work as cheaply as possible, but still keep the quality." He does a good job of it too. Bob is a skilled tradesman and it shows.

Along with his work at the college, Bob and his wife are busy raising their two children on a farm three miles out of Tuolumne City. When I asked him why he chose to live up here instead of down in the city where he could be making more money he told me, "I think the world is moving too fast and people can't catch up with themselves. This is a better place to raise my two kids, my goats, pigs and chickens. It's more open and it's a better overall atmosphere up here."

Bob is a fine worker and an interesting person to talk to. He likes his work, his family, his student helpers and his fellow staff members at CJC.

But most of all, he seems to enjoy life! That's what it's all about, folks! So next time you find yourself sighing over a test, think of good old Bob and all the good work he put into it.

Flags lowered for educator

Flags flew at half mast last week on the Columbia Junior College campus in memory of Mr. Cecil G. Plummer, chairman of the Yosemite Community College District Board of Trustees, who died at his home March 5 in Modesto.

Mr. Plummer was a charter board member and first chairman when the district was formed in 1964.

Dr. Harvey B. Rhodes, Columbia Junior College President, said, "I know of no one person who has given more of himself for the benefit of education in this area than has Mr. Plummer. His leadership, his ready smile and sparkling wit will be greatly missed by all who were privileged to know and work with him."

Students speak out on food

by Sue Sulprizio

The questions on the survey were kept open. Many people responded to them in a variety of different ways, but most people expressed a desire for change.

With 250 of the 500 surveys returned, the highest priorities were, first, serve more unprocessed foods, like avocado sandwiches, fresh fruit, raw vegetable salads, sprouts and homemade soup.

Second, clean the cafeteria better and serve food longer.

Third, recycle wastes, and finally, involve students with cafeteria work to help with some of these changes.

Another survey of the cafeteria was taken recently, the "Food Service project." Many ideas were put forward, some of which would cost no money, while others would actually save money over the long run.

A drinking fountain would be appreciated. It would save money by not necessitating the purchase of a five cent cup, and it would lessen use of the ice crusher. You can have a look at some of the

other ideas if you drop by my office in the student services area.

Mary and Josephine, our wonderful cooks, have started making avocado sandwiches already. They work with what they have, and they have also placed some raisins in the cafeteria. Keep it up!

According to the survey, you want a change. I'd love to hear any other ideas you have, and we'll take the results of the surveys to the next Student Affairs Committee. I'll keep you posted.

THE COLUMBIA JUNIOR COLLEGE

MOUNTAIN TIMES

March 16, 1977

Columbia, Ca.

Vol. VIII, No. 9

Two women tell their stories

by Sandra Kapin

The Women's Symposium at CJC on February 26 was an enjoyable way to spend a sunny Saturday morning. As a friend prophesied, "It might be fun to get together with a bunch of ladies."

The morning workshop on "Creative Faces of Women" was very entertaining.

Joann Bourgault, the first guest, integrated her life story with a presentation of slides of her paintings. She broke away from a conventional, but lucrative, office job in order to learn to paint. She felt she had a need to express herself and to work through her emotional problems. She managed to put herself through college, as well as support her three daughters. Luck, it seemed, was on her side. For example, one day she found \$60 in the street, and was thus able to buy books that term

Joann thought the University of California at Berkeley was too impersonal, and that her art department was too interested in abstract art. In order to learn to draw accurately, she studied objects in her home.

Rebelling against the staid and serious art department, Joann began a series of large acrylic paintings of a douche bag. She feels that art should say something, but it can be humorous,

Joann's artistic progress tended towards the surreal. Steam from a steam iron became clouds. Cacti were shaped like feet. Shoes without legs walked

Con't on page 2

Dancers rehearsing 'Spring Collection'

"Spring Collection," a production of comedy, modern, jazz and ballet dance styles, will be presented by Columbia Junior college dance students tomorrow, Friday and Saturday in the Forum.

The third annual dance production, the event will be staged at 8 p.m. each night with no admission charge.

All of the dances have been choreographed by the students who are members of a dance production class instructed by Terry Hoff and David Purdy.

During the first six weeks the students worked on solutions to specific choreography problems and developed some of these solutions for the program.

Hoff said the class has a two-fold purpose---to teach chore-ography and production.

Some of the dances will be accompanied by original musical compositions written for the program by Richard Vincent. Adrienne Moberly prepared the costumes.

Dancers are Ken Bishop, Marietta Gilman, Meredith Link, Patty Sankey, Mark Wilkerson, Diana Ryan, Barbara Cuppet, Joan Kindle, Michelle Trottier, Pam Mullin, Jim Little, Adrienne Moberly, Reggie Zenkewich, Jan Couron, Diane Scharer, Laurie Schwartz, Val Velez, Neil Mill,

Lisa Mattinson, Nancy English, Patty Speier, Kathy Watson,' Mindi Roth and Terry Hoff.



Comedy billed in Groveland

The 1930's comedy classic "You Can't Take It with You" will be produced in Groveland during spring quarter by Columbia Junior college.

Ellen Stewart who will direct the production described the play as a combination of "Auntie Mame" and "Arsenic and Old Lace." The play, written by Moss Hart and George S. Kaufman, was a Broadway success and has been revived many times over the

The play will be the second show produced under the sponsorship of the college Community Services office. Last year most of the population of Groveland turned out to support the production of "Our Town.

"We were well received last year," Stewart said. "We are hopeful a lot of people in the community will turn out to support the production and make it an annual event.'

The play calls for a number of bizarre characters who are "crazy in a nice way." The action takes place in the home of the grandfather of a family which engages in all kinds of daffy activities such as the keeping of snakes, xylophone playing and the production of fireworks. "They are a very happy family but are all a bit daft," Stewart

The youngest daughter of the family is engaged to marry the son of a banking family, and the two families are about to meet.

A cast of 19 has roles for all ages of adults and includes such characters as a Russian ballet teacher, a candymaker and the grandfather.

Auditions will be held Monday and Wednesday, April 4 and 6 at 7 p.m. at the Groveland Community hall. On Thursday, April 7, the cast will be named and a first reading of the play

In addition to actors, residents interested in assisting with the technical production of the show---set construction, costume making and lighting---also are needed.

The class, Drama 143c, is offered for five units credit for both actors and technical crew members. Interested persons and dynamically progressed to an may enroll the night of the explosive finale in four moveauditions.

community hall on Monday, of string instruments were ex-Wednesday and Thursday nights with production of the play in best piece in the program.

OPULMAR Paicconerry

> Jewel@ to the **Mother Lode**

143 S. Washington St. SONORA 532-7731



Bob Davis at the press.

See story page 1.

SF symphony excellent

by Scott Riley

Last month Barry Hunt led a field trip to a concert by the San Francisco Symphony Orchestra. The program consisted of three magnificent compositions: "Concerto for Strings," by Alberto Ginastera; "Piano Concerto No. 1 in C Major'' by Ludwig Van Beethoven; and "Symphony No. 5 in E Flat Major," by Jean Sibelius.

The orchestra was conducted by a very sensitive and expressive musician named Leonard Slatkin.

The performance opened with the very contemporary 'Concerto for Strings' and featured a solo by the first violin, followed by subsequent solos by the cello and bass with scant accompaniment. It had a dark texture and foreboding character ments. It was a very emotional and expressive piece of music in Rehearsals will be held at the which various unique techniques ploited. It was, in my opinion, the

Next came Beethoven's "Piano Concerto" in which we saw Slatkin's first use of a baton. The soloist. Christoph Eschenbach, was very expressive, exaggerated dynamics and presented a good interpetation of the music. He and Slatkin communicated well and the result was a tight musical performance.

The last piece was the Sibelius symphony, which featured a predominance of winds, as was expected. The sound was full, rich and sonorous. It was filled with rising and falling dynamics and was very chromatic and contemporary.

The strings employed mostly Temelo or Pissacato figures as accompaniment to the winds. We heard beautiful brass sounds build to a level of feverish intensity and magnitude. The finale consisted of an effective use of silence and left one with a feeling of completeness.

I felt the orchestra did an excellent job and the experience was very worthwhile and enjoyable. I wish we did it more often.

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Columbia J.C.'s effect on Tuolumne county

Jaak Wassmuth

The community is certainly affected by the schools existence, but just what part the school plays here is very hard to say. Money is what I have concerned myself with so far, but money is not the only factor. People, too, are a great stimulus to the community's attitude towards themselves, and the people who come into the school from outside the county greatly affect the school's reputation.

I've talked to a wide range of residents here in Tuolumne County. Unfortunately, there are those who think the students here are parasites on their community, but these are a small group, most of whom show a tinge of jealousy because they can find no reason for

colleges to begin with.

Tuolumne's population has many retired and Indians. They can be put into three groups; those for the school, those against, and those who don't really care. Although it doesn't matter whether or not they like the school, these people are the employers. If you are working your way through, these people can be very important to you. To be safe I would advise no advertising concerning your attendance here. Still, a great deal of this county's money comes from the school.

The money made here is, for the most part, spent in the community. The administration, teachers and classified employees will make \$1,884,849 this year. This figure does not include the money spent on materials and services that come from outside the community, like the new building that is going up just outside my British Literature class. I invite you to ask a few of those people what they think of the school, or better yet, ask them for a job!

Including the money that I mentioned in the second article in this series (Federal Grants) the school or the students get \$513,548 from district, state and federal funds. All told this school gets \$2,384,849. It's a lot of cash. I challenge any business to boycott the school's money or show a larger amount coming to the community by way of their business. Of course the school is funded by the district but our district includes Modesto, where there are far more tax payers.

I maintain that this county is much better off with a Community College here. This is my opinion. I invite rebuttals.

WOMEN from pg. 1

on clotheslines cum tightropes.

Though her early art did not seem exceptional, it did win her scholarships. She related how she got one scholarship by threatening to go to a different art school.

Toni Brown, formerly of the Joy of Cooking band, based in Berkeley, felt that succeeding in the music world was partly a matter of luck-being in the right place at the right time.

She explained that she entered the field of music after a long period of hesitancy. She was classically trained in piano, and she wrote her first tune for fun at the age of six, but she was about 27 when she first performed publicly. It merely "happened," without a conscious decision.

At 27 Toni met a woman with whom she had a musical rapport, and together they formed a band. Time Magazine called the Joy of do.

Cooking revolutionary, unique, the first "woman's" rock band. Toni said she was not aware of these qualities at the time.

After releasing three albums with Capitol, Toni quit the band. She had fallen in love; she wanted to get married and have children. Travelling was hell, she said.

Toni felt that to her, life was complete if she could "live with her husband, write her tunes, and raise her two year old son.'

Toni concluded her presentation by singing and playing several songs she wrote. If the time had not run short we would all have listened to twice as many of her lovely tunes.

It was impressive to discover that women's lib can be feminine and inspiring--there are successful women artists who do not need to resort to militant, hostile tactics to prove what women can





Photo by Dale Batchelor

Nursing students to graduate

Twenty-nine vocational nursing students will receive certificates and school pins at graduation exercises on Friday, March

The ceremony will mark the culmination of four quarters of study which began in January, 1976. The 27 women and 2 men will be eligible to take the state nursing board examination to become licensed vocational

The graduation is scheduled for 8 p.m. in the Forum and will be followed by a reception for the graduates in room 500-501 of the Health Occupations building.

Guest speaker will be Mrs. Claire Mills, registered nurse.

Completion certificates will be presented by Dr. Barbara Painter, college counselor. School pins will be awarded by members of the vocational nursing faculty.

A welcome will be given by Melodee Wilson, class president. Her father, the Rev. John Wilson,

will give the invocation and benediction.

Flo Anderson, pianist, will provide the music.

The students have spent two days a week in the classroom and three days a week working with patients at the three local hospitals under the supervision of the nursing faculty

The graduates are Robin L. Arthur, Jean E. Becker, Mary M. Biddle, Betty Lou Brown, Wendi Buller, Joanne Chatham, Lisa D. Contreras, Constance S. Cox, Betty Lou Dirkes, Denise Fear, Linda B. Gann, Carolyn Gibler, Mary Louise Henson, Michael D. Hightower, Judy Howard, Terry Lawrence, Anna M. Maiolini, Cherie A. McCombs, Vickie L. Mills, Susan Nichols, Katrin G. Olafsson, Mickey L. Peasley, Cindy Perez. Pam Reynolds. Theresa L. Shepherd, Wayne F. Stobaugh, Anne L. Upwall, Karen Windell and Melodee R. Wilson.

Marion Evans is nursing director, and Thelma Jensen and Frances Hegwein are the instruc-

The reception will be sponsored by Tuolumne General, Sierra and Sonora Community hospitals and the 1975 vocational nursing class, headed by Mrs. Hazel Ervin, class president.

Gliding around the Mother Lode

by Richard McFarland

The Mother Lode, a long time center for sports such as skiing, climbing, and rafting is now the home of a new breed of thrill seekers. Their sport is hang gliding.

A few weeks ago Bob Hamilton. Jim Hastings and Doug Koterek, all instructors at CJC, could be seen soaring through the skies near the new 390 foot Archie Stevenot bridge. They took off from a cliff 60 feet above the bridge, sailed over Highway 49 and landed near the sight of the

Hamilton feels that the proficiency with which one performs the flight depends partly on his understanding and mastering of the wind currents. "It's a problem similar to that of sailing a boat," remarks Hamilton.

The three men started their hang gliding careers by attending classes at Marina Beach near Monterey. The school is the Super Fly Sky Sails School.

"Learning at the beach is good because of the favorable air currents off the ocean, and the sand makes for soft landings," Hamilton said. The cost of the average hang gliding school is \$30 to \$35 a day.

The sport is controlled by the

80's. Jim Glenn fired an 81, his

low score of the season. Rounding

out the scoring for the team was

Jim Almquist who had an 89.

week of competition in the

Central California conference are

as follows: Porterville 394, Cuesta

398. Merced 401, Columbia 409,

Taft 411. Antelope Valley 417,

over Yuba College at the beautiful

La Contenta Lakes Golf and

Country club in Calaveras county.

In the windy conditions Tom

CJC won its last duel match

and West Hills 440.

The standings after the first

U.S. Hang Gliders Association which rates the pilot's skill on a scale of one to five. Hamilton hopes to achieve the rating of hang four in the next two years so he may go for the ultimate flight off Glacier point in Yosemite

Students to run in Bay to **Breakers** race

If you are the kind of person who is nearly out of breath by the time you reach the top of the stairs everyday, you need not read further.

For those of you who have a healthy wind, enjoy fitness and running, the Spring quarter has something to offer you.

Advanced Jogging and Conditioning is the name of the class, and students will have the opportunity to participate in the Bay to Breakers run in San Francisco. The emphasis of the class will be to train and prepare for the marathon.

The Bay to Breakers run has become a tradition in San Francisco. It is held once a year and attracts thousands. It covers a 7.8 mile course beginning at the Embarcadero center and finishing at the beach. Five thousand to 6,000 people are expected to make the run this year on May 15.

For further information contact Terri Hoff or Frank Russell,

Jptown Theatre

Golf team takes fourth

The Columbia college golf team finds itself in fourth place after the team's first league match. Porterville college is leading the conference with a 394

Low score for the Claim Jumpers was recorded by Nick Faklis who fired a 79 in windy conditions at Palavedero Country club. Next for CJC were Tom Brill and Mike Allen who both shot

Johnson, Purdy chosen for all-star team

CJC basketball players Greg Johnson and Jim Purdy were honored by being selected to play in the Central California Conference All-Star game played Saturday at Cuesta college in San Luis

Johnson, hard driving guard from San Diego, averaged nearly 15 points a game for CJC this season and dished out around five

assists a game.
Purdy was one of the league's top rebounders with about 10 boards a game. He also averaged around 15 points a

Columbia finished its first ever basketball season with a 3-25 season mark and a 2-10 league mark which was good for sixth place in the seven team con-



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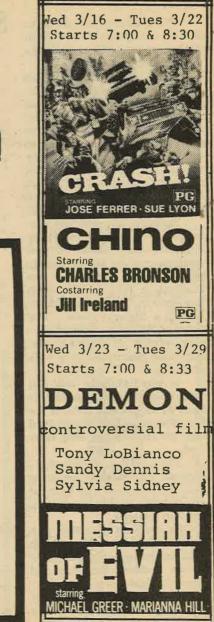
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Lode music improves

by Michael Harami

Music in the Mother Lode has improved greatly in the past several years. Many restaurants and saloons are offering live entertainment and it rates pretty good. In the past few years, Tuolumne county has played host to such top of the line entertainers as Stoneground, Cold Blood and the Sons of Champlin.

Elsewhere, local color is on the rise. The group Gotcha (some may remember them as Sunrise) is made up of several Sonora people. They have been playing in the Bay area for the past couple years and recently cut their first record.

Then there is **Carmel**. This band has played all over the Mid-West and Northern California and of course, good ole' Sullivans. Seems this group gets extensions every place they play.

There is the big event of the year — Mountain Aire. Held every year with the Renaissance Fair at Angels Camp, this concert has proven a success and has become a mainstay. In the last three years it has featured such top of the line performers as Dave Mason, Peter Frampton, Elvin Bishop, Boz Skaggs, Jesse Colin Young, Seals and Crofts, and the Sons of Champlin.

So, the music scene has a lot more to offer than **Billy Mac** and it's getting better all the time.

Walton tribute due Friday

A 75th birthday tribute to the British composer Sir William Walton will be given at Columbia Junior college on Friday.

Junior college on Friday.

David Wooldridge, British conductor, composer and author, will deliver the tribute at noon in the Forum. Interested members of the community are invited to attend. Wooldridge is visiting in the United States, delivering the tribute on college campuses under the auspices of the British Embassy in Washington and sponsored by the British council.

Walton's long-standing connection with the United States began in 1937 when he was commissioned by Jascha Heifetz for the Violin Concerto. He was knighted in 1951, and in 1968 received the Order of Merit, Britain's highest honor. The Order of Merit is confined to a membership of 40 most distinguished men from every walk of life.

In his 75th year and still composing, Walton makes his home on the island of Ischia in the Bay of Naples where he has lived with his Argentinian wife since 1948

The speaker, Wooldridge, received his musical guidance from Rachmaninoff and later, at age 16, made his conducting debut in England.

He has been associated with many of the world's greatest conductors including Charles Munch, Leonard Bernstein and Aaron Copland.

The program is sponsored by the college Community Services office.

Holding tight to a love confused by trials of time but lost, but squeezing a feeling.
As dead as snow.
Love was tripped and trapped in our own arms; as if not to let go ever but it's gone and it's just an act.

by Jaak Wassmuth

Skipping

Skipping along the shore
I dare the master, the sea,
And challenge him to a tug of war.
He wraps his mighty waves
Around my feet
And sucks me into his crashing power,
Dragging me helplessly under
And winning.

Stephanie

Drought

Hold on to the feeling
That comes with each new snowflake.
Hide it in yourself
Until the summer comes,
Then give it to a friend.

P.S.

faces follow me down the road one by one i put them in envelopes and mail 'em back

arbo kavanaugh

To a new friend

by Sue Sulprizio

Raining silence
and dreaming of screaming:
Gestures of romance.
Writing poems for friends
and laughing under rainbows:
An unusual letter from
a dear friend.
Seems like changes flow
like the river;
when it doesn't rain,
what happens to the river?
Does it go dry?
Funny men
juggle their experience
in front of your eyes.

You dream of no such days; you see a reflection of yourself in a million other people.

Alive-Flowers, feathers, and soft skin, eyes that glow, an exciting adventure of a new house. Sounds come from a shaped box with strings and fingers that strum, Words flow from the singers mouth. What do the words mean?

After all, we invented them...

Loosefoot loses footing, falls

On February 28, 1977, Henry Loosefoot and Tony Treble, reporters for Popular Mechanics, were viewing the Archie Stevenot Bridge for an article in their magazine.

Henry joked that he felt like jumping off a bridge. Leaping to the railing of the 2,250 foot long bridge, he began a tightrope walking pantomime the length of the bridge.

Unexpectedly, Loosefoot tottered and fell to his death, 400 feet down to the as yet unfilled reservoir below.

His body was recovered and examined for possible clues to his

Endgame a stalemate

by Allan Masri

Theatre for Your Mother presented its version of Endgame by Samuel Beckett at the Forum to a substantial audience--considering the limited esoteric appeal of the author.

Beckett's production has become increasingly distilled since he wrote endgame, so much so that his efforts--for one can hardly call them plays--have been reduced to odds and ends of dialogue with sets composed of piles of garbage. To say that his outlook is pessimistic is gross understatement: The man looks upon the end of the world with a sense of relief.

Thus the viewer is confronted with depressing themes--old age, garbage, loneliness, futility of existence--and is forced to overlook these aspects of the play in order to enjoy the spectacle of fine craftsmanship from which he may glean an occasional insight.

Beckett thinks his work is funny. Nothing is so humorous as human suffering, he tells us. So the audience laughs at the stupidity of the clown as he repeatedly climbs a step ladder--a feat rendered both agonizing and time-consuming by the fact that the clown cannot bend his knees-but the joke wears thin.

The audience laughs at the grotesque parody of old age as it emerges from a garbage can. It laughs again at the continued persecution of the clown by the central character in the play, a man with whom it is exceedingly difficult to empathise despite the fact that he is a cripple and blind into the bargain. He is just plain nasty. His ill treatment of the other characters stems from his wish to be pitied, and forgiven. The more monstruous his inhumanity, the greater the forgiveness he can wrench from the unwilling observer.

Amidst the over-riding boredom, a few neat effects are achieved. The repitition of a few lines--which would correspond to moves in a game of chess-creates a powerful feeling of deja vu. The sorrow rises to tragic proportions, not because we empathize with the cripple whose tragedy we are observing, but because we recognize his dilemma as our own. This uncompromising portrayal of futility and hopelessness forces us to examine our own lives in the light of the artists experience.

On the whole, we are left

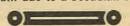
only with the realization of why the endgame is seldom played out in the game of chess. It is inevitable, it is frustrating, and it is boring.

So it is with Beckett's drama. Like all eclectic art, what you get out of it depends on what you take to it, not what is actually performed on stage.

Theatre for Your Mother has done an outstanding job with extremely difficult material, and should be commended for their effort.

lack of equilibrium.

The Tuolumne County Coroner's official diagnosis was, "Death due to a Freudian slip."



At 40

Move to the mountains

This is supposed to be for fun; please excuse my slip last issue.

I received my copy of "The Grass is Always Greener Over the Septic Tank" in the mail last week. I'm afraid I'll have to accuse my favorite Erma of being behind times. It is not moving to the suburbs any more, it is moving to the mountains.

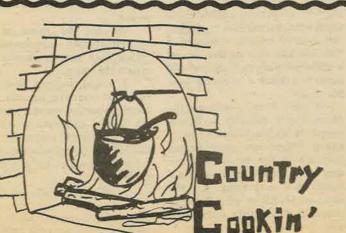
Anyway she started me. got a job and informed us we were moving to Sonora. Well, he had to

buy, rent or steal a home. Plenty of time, this innocent thought.

Three months later, after many tears and much turmoil, we moved into a not too dreamy, dream house. We soon found we weren't in Sonora or Columbia, but we were somewhere in Tuolumne county, much closer to his job than the Bay area.

How about utilities?

The next move was to thinking about our move to the arrange for heat, lights, water, mountains. My husband came, etc. In the city I could arrange for these conviences in a matter of minutes. In the mountains, I give notice so we had a month to found these things take a slower



by Marlene Lloyd

I would like to take a moment and invite any of you who are having trouble finding a recipe or would like to know how to make some special dish to pass your puzzlements on to me. I'll try to give you a hand and a recipe.

Some of us are still trying to cut down or out the refined sugars in our diets. Most of the cereals we find in the market are loaded with more sugar than we care to have in cupboards or on our tables. Here are a couple cereals you make yourself with only the small amount of sweetener you add yourself.

Sesame-Peanut Granola

You'll need; 3 cups of old fashioned oats, 1 cup chopped peanuts, 1 cup sesame seeds, 1/2 cup wheat germ, 1/2 cup peanut oil, 1/4 cup honey, 1/2 cup raisins and 1/4 cup sunflower nuts.

Mix the oats, peanuts, seeds and wheat germ in a large bowl. Heat oil and honey to hot; don't boil. Pour this over the oat mixture and toss to coat tho-

Spread this mixture evenly over the bottom-of a baking sheet. Bake at 350 degrees for 30 minutes; stir now and then until it is lightly browned. Return to the

Food

bowl and mix in the raisin and sunflower nuts. Cool. Makes 6 to 7 cups. This is good as a snack as well as a cereal.

If your aim is to remove sugar completely from your table. this recipe uses only a sugar substitute.

Diet Granola

You will need; 4 cups old fashioned oats, 1/2 cup wheat germ, 1 cup sesame seeds, 1 cup sunflower nuts, 1/2 cup chopped pecans. 1/2 cup chopped walnuts, 1/2 teaspoon salt, 1/3 cup corn oil margarine (don't use butter). 1/3 cup granular brown sugar substitute and 3/4 cup raisins.

Mix everything but margarine, sugar substitute and raisins; melt the margarine and dribble over the dry stuff, tossing to mix well. Sprinkle the sugar substitute over this and spread the mixture on a baking sheet.

Bake for 25 minutes at 300 degrees, stirring now and then. Remove from oven and add raisins. This makes about 8 cups.

This is better as a cereal than a snack, too much substitute taste

Be sure to store these cereals in cool places in covered contain-

Spirits

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Fun

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by Marlene Lloyd

pace, a country pace? Through the telephone book I found I could have a 10-party-line telephone about a week after I made a substantial deposit (refundable of course), and I could have electricity a day after making that same deposit, but no gas.

Gas was a new experience for me, never having used these tanks of gas before.

First I had to locate a name on the tank, then a phone call informed me I was a metered rather than a tank owner (I didn't know whether to cheer or cry). I'll bet you can already guess what the next step was. A deposit! Then they would keep me well supplied with gas. Oh, well, what is one more trip to town.

Now I have got it made! Right! Wrong! I need water, there is a pipe line connection that runs down into the manzanita so I figure a water company. After exhausting the telephone book. some kind soul tells me to try P.G.&E. Well, they wouldn't give me gas, but I'm ready to try anything.

Water, water

"Hello, P.G.&E., This is Mrs.---- on ---- Rd. I was told you might supply my water. My name? Again? Spell it? Where is that located? You don't think so, but you will check, of course, I'll hold... No! You don't. Yes, I'll be alright. Don't send an ambulance. Please. I beg of you any clue to help me in my search for water. A number that might know a number that might know a number. Thank you, thank you!

To make a long story shorter, I found someone who thought Abe (not Lincoln I hope) might sell ditch water over there. By now I was ready to take swamp water, so ditch water didn't sound too bad. I did get water and would you believe, no deposit!

Some day my husband has promised to tell me how we get mail, but I haven't had the courage to ask, yet.

I must add we have enjoyed our four years in the undream home and we find the thought of parting with it to move to Fresno difficult. I am really not looking forward to the move (all those new utilities), but I am going to finish me or my college education this time around.



This week I'm away on a thrill-seeking journey around California, hitching, bussing, flying, and BARTing. So, I am phoning in my article from parts unknown.

As far as sharing a story, I have a short and startling one which happened before I left the While hitchhiking county.

through town, I was stopped and nearly arrested by sheriff's deputies in four patrol cars for being a red-headed suspect in the garbage truck hijacking a couple weeks back! They thought they had me!

Tune in next issue for my travel epilogue.

Sincerely Madeline

Dear Madeline,

My fifteen-year-old son came home one day with a bag of. suspicious looking green stuff. When I questioned him about it, he said that all the kids had it and he didn't want to be left out. I discovered that the green stuff was pot and now I'm worried sick. Do we have a drug problem?

Out of the Bag

Dear Out of...,

Dear Madeline,

The only drug problem we have in this country is whether or not it's good.

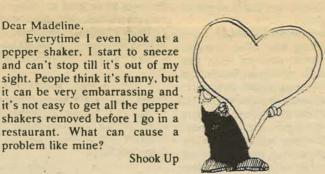
Everytime I even look at a

Dear Madeline,

I am a 5 ft., 3 inch male who has fantasies about being taller. Is there anything known in the medical world to make me taller?

Dear Shorty,

Unfortunately there is nothing known in the medical world to increase one's stature but I suggest that you hang from the ceiling of your house for four hours a day. If this becomes uncomfortable, I would suggest that you learn to live with your present height. Short is beautiful.



Dear Shook Up,

problem like mine?

Your mother peppered you when you were a baby. Sincerely Madeline

restaurant. What can cause a

Dear Madeline,

Where do you get off handing out advice? Who says your advice is worth anything anyway?

Dear S.S.,

It's people like you who ask questions that apparently think my answers are worth asking for. Sincerely Madeline

********* **Sports Shorts**

Jim Jordan, the guy who gives you towels and keeps things in order in the P.E. shed, is being considered for the Nobel P.E. Prize. Jordan, a legend in his own time, was not available for comment.





Letters to the Times Co-op response

Not amused

To the Editor:

As a member of the Sierra Co-op since I moved to Tuolumne county last summer, and as one who both respects Michael Smith's integrity and appreciates the work he has done on behalf of the Co-op, I must reply to S.J. Michelsen's editorial in the March 2 issue of the Mountain

I dispute most of Michelsen's "facts." First, the Co-op (that is, all those members who cared enough to show up for a meeting). not Michael Smith, decided to raise the mark-up to 40 percent (which is normal, retail mark-up) for those members who could not or would not put at least four hours of work (or its equivalent in exchange) per month into the running of their own co-op. One of the main motivations behind this was to encourage participation since the 25 percent mark-up was retained for those who participated. **Competing prices**

Second, Michelsen writes of "competing stores for comparab-le items." What other stores in the county carry such items as true whole grain flours, a variety of unprocessed seeds and beans, cold-pressed oils, bulk nuts, dried fruits, tamari, un-processed honey, natural yogurt, natural fruit juices (other than apple)? Only health food stores and their prices are higher.

Co-op cheese is not the same as Roy's or any other market. With cheese, you get what you pay for. In this case, Michelsen was comparing sharp, raw milk, un-dyed Co-op cheddar with mild, pasteurized, dyed cheddar on sale at Roy's. Taste the difference.

Michelsen says our prices are too high for a co-op, but does he know how we can sell the same quality items more cheaply and still remain in business? The Co-op would love to know.

The answer, however is not in dismissing Michael Smith unless Michelsen or someone else is prepared to put in the kind of time and energy that he has to keep the Co-op functioning.

Dedication

I'd like to know how Michelsen is aware that "the main gripe most folks have is against Smith"? If Michael and Sandy had not been living at the Co-op, the store would never have lasted this long. They have put long, unselfish (they weren't getting paid a cent) hours at the store. They did receive room and board, but their "home" belonged to the Co-op so their privacy was almost non-existent.

I agree with Michelsen that if

Mundorf's

Hardware Paint Housewares Sporting Goods

DOWNTOWN SONORA

Co-op members are displeased, they should do something to change it. I am mainly displeased by negative, slanderous statements like Michelsen's. I am grateful for the presence of the Sierra Co-op in Tuolumne county and for the work of Michael and Sandy to keep it there.

Robert Lazeres Twain Harte

Good editorial of the Co-op!

Facts and functional approach.

Get busy

To the editor:

The Co-op is our (the membership's) organization. Involvement in its operation would alleviate a lot of the problems. The quality of the food is still higher than that sold in grocery stores (raw milk cheddar at Roy's?), the mark-up is still the same to active members (if you don't want to work for your co-op. why should you get the same benefits as folks who do?), and the dispersal of energy is not Michael's fault: We members are the only ones who can change

Anyone wishing a financial statement can get one at any time the store is open. Michael would be more than glad to share his responsibilities. We have three managers now--did you volunteer to become one? Any and all were invited to share this responsibil-

The active membership would love to see some renewed energy in the co-op to bring the store around to where folks feel satisfied with it. Don't just bitch, come and help!

Celia Norris

Applause

I applaud Steve Michelsen for his fine editorial, "Sierra Food What?" In addition to being extremely well-written, it bluntly expresses the facts and/or-feelings that many folks have held in the months since the Co-op acquired a store.

Food is a precious item. Many people don't want to get into political hassles about where they get theirs. I know a great deal of controversy surrounding the Co-op is silenced by its members' own mouths.

Having experienced the Coop's expansion since the monthly meetings held in the old firehouse and Angelo's Hall in Columbia, I think it would be a positive direction to return to that community spirit and more democratic method of business.

More reaction

Dear Editor:

There are a number of impressions that I would like to share about the article "Sierra Food What?'

To begin with, there are as many opinions regarding the co-op as there are people. Yet (miraculously) the Co-op continues to grow and prosper in spite of all the verbal disagreements, varying opinions and opposite ideals. I do see some value in all these mental exercises, but the reality is that there is much work involved in the operation of the co-op. If you feel involved enough to criticize I hope you can put your energy into the actual working structure of the co-op.

Another element of the co-op that suits me well is the consciousness of organic, nonchemical foods. This is important to me and I enjoy washing a few jars, mopping up, restocking or any work I do there in exchange for an opportunity to buy good

Thoughts change

In the time I've been living here my thoughts about the co-op have changed continuously. A change affected by spending time there and learning about all the good munchies, good prices or whatever it is that attracts people to buy at the co-op. I have found that Sandy and Michael have everything to do with the successful operation of the store.

I found last week's article so ironic because those who are doing work are always trying to figure out ways for more people to come share the responsibility.

A by-product of the managers working there all the time is

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they know what needs to be done. This inevitably leads to people asking them what to do. to them making final decisions, in short taking final responsibility for the whole scene. There are now three managers of the co-op. I heard they are looking for a fourth. If anyone feels strongly about how the co-op should be run; go change it.

The vision of Michael as some sort of power mad, lazybones who sits around and lives off the co-op, all I can say is spend some time finding out for yourself what's really going on.

Money to survive

Finally, I want to express something that seems very obvious to me but still is not clear to a lot of folks. It is a myth for people. to survive in this world without money. For the co-op to exist there has to be a few folks who are regularly there to preserve the continuity of the venture. Putting 2 and 2 together, it's clear that if a person (Michael or anyone for that matter) is to fulfill the task of regular manager, a full-time job, that person (unless a millionaire or counterfitter) will have to extract a livlihood from the co-op.

I don't seek to put anyone down, but to possibly be instrumental in people becoming more aware. There are many people involved in the co-op, whether they work faithfully or have just heard of it in passing. It's the total experience of all these people that makes the co-op what

- Kaci Connors

Well now; Yes, the Co-op article had truths. Please take written works with at least a grain of salt. One writing doesn't say everything. The paper? Good! More! More! More! Express yourselves.

Cashier replies

To the editor:

I am writing this letter in response to the column in your paper entitled At 40: A,B,C,D. (March 2) Parts of this article referred to "Cashiers with boyfriends kissing them while they make change or don't make change, with cigarettes in their mouths or dirty hands and nails." A journalistic masterpiece!?! Obviously your reporter is concerned with some of the more pressing issues facing society today.

I work at the cash register three days a week and have yet to kiss my boyfriend at the cash register, "not making change". My hands are always clean, even though I have nothing to do with food preparation, which I would say is well above the health standards many of us maintain in our own homes.

I have yet to work at the register with "cigarettes in my

mouth". As for the mess on the condiment table, it is the patrons

rather than the employees who create this mess. I would suggest that your reporter concern herself with more important issues, such as the budget problems which will

affect everyone at this school. The

cafeteria is more than adequate to

serve the needs of the population at CJC.

Sincerely, James E. Lewis

(The above views have been endorsed by several cafeteria workers: James R. Baker, Randy Kern, Kim Shrake, Dante Maiocano, Cheryl Wallace, Pam Borman, Richard Bass, Leslie Maxwell, Greg Gomes, Andy Farrell, Jeff (last name illegible), Mindi Roth, Arnold Jeffery Roff, Wendy Beard, and Jane Beamer.



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Open letter to Michael Smith

Mr. Smith:

Thank you for your letter responding to, and asking for a retraction of the Editorial "Sierra Food What." I thought that it was valid, your letter that is, although not always congruent with itself. And so I offer my sincerest apology for any headaches that it might have incurred. I thank you also for clearing up and answering some of the misconceptions that others and myself have harbored. In the spirit of bringing things to light, as you have done, I will cite my sources of informa-

The Mountain Times has long had an interest, in positive quality, toward the Co-op. Many times we have given the Co-op space in our paper where others would have to pay. For some time now we have wanted to run a story that was taken from the views of a cross section of the members. The aforementioned story is this venture. In preparation for this story 22 active and inactive members were asked a series of questions like "What do you think of the Co-op Store?." Do you feel that the prices are lower," "Could you suggest a way in which it could improve?", etc. The members contacted covered a wide age span and social background. Many were new faces to me.

Every person that I talked to claimed that the prices had gone up since the store became a reality, and all but two people said it was a result of the store. All but four suggested that the store return to a buying club, although most agreed that this might be hard because of the investments that have been made at the store. Only one person that talked with agreed with the living situation, the other 21 stated that it was questionable. I find no answer to this, the most sensitive detail in the March 2 editorial, in your letter, and so I must assume that you are in transit. There is no other reason why you didn't respond to the key point of the story. But let us concentrate on the key points of your letter.

In December, Sandi told me that the Co-op was no longer naving regular meetings. If this is n error, I offer my apologies.

The misconception concerning the \$2 fee was from "Halloween ball involves Co-op" (October 27, 1976) (yes, I do read the paper that I do photography for). You should be familar with it, as the information was from the Co-op. I am sorry that the information has had it's ambiguity.

Because most of the members with whom I talked said that the prices were high, I took the liberty to compare for myself. comparisons from Dec. 1, 1976 to Feb. 24, 1977. This control was used to derive a valid constant for comparison.

True, you can't always find the same foods at other stores, so I chose the closest substitute. In the case of cheese, I chose Roy's because they buy in bulk, and, like the Co-op, slice it themselves. Because you say you can prove that the source of your cheese has never been the same

as Roy's, I must apologize for the

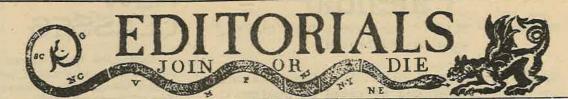
The peanut butter that I used as a comparison was Laura Scudder's Old Fashioned Style. The only questionable ingredients are peanuts and salt. This is the closest I could come to Co-op. Save Mart if they were Spanish or Valencia, he said the latter.

The questions that were posed about the finances of the Co-op were suggested by the Co-op members I talked with. I made yourself clear. These questions were in no way meant as a

thank you for your comments on the closing paragraph of my editorial, even though your statement took me totally out of context. I will feel better about buying from other Co-ops knowing that I am supporting more happy souls than Safeway.

Thank you for answering theses questions (and misconceptions) about the Sierra Food Co-op. This was the motive behind my story. If in any way I have presented myself in a negative manner toward the Co-op. I express my apology to the interpretations and other so-called facts, as my motives commingle with those of the

> Sincerely. S.J. Michelsen



What do you think?

With the present two sheets When I asked an employee of of paper you hold in your hands, the Mountain Times goes into hibernation until next quarter. We hope you've enjoyed our output. Although we haven't had as much space this quarter as last, we've tried to trim the fat am glad that you, again, have and give you the heart of the matter. We encourage you to drop by the office and tell us about what you feel should be In conclusion, I would like to happening on these pages. We thank those of you who have already done so.

> If you can't find anyone here to talk to--the best time to try is Monday and Wednesday at one-just write us a note and stick it in the editor's box.

Some of the things we'd like to know are the following: What changes, if any, would you make in the paper? Which subjects receive too much coverage? Which too little? What features would you like to see added! and which dropped?

We will do our best to see that your ideas are implemented, given our limited facilities and space. If we agree with them, that

Letter from a passing stranger important factor behind the free-

> of expression, the Mountain Times hopes only to be a medium where everyone has the opportunity to make their opinions known. The Mountain Times never has and never will state that the opinions stated is the final say on any issue. The Mountain Times realizes that it has a public obligation and responsibiltiy to allow all pros and cons of any

In retaining the basic prin-

M.L. Harrison Editor

of self expression. In dealing with the freedom

Quite possibly the most important idea of "freedom of the press," is the freedom to express an individual opinion. This freedom becomes relevant only when there are opposing ideas to the first opinion stated.

The Mountain Times has, in the past and quite assuredly in the future, will express an idea or opinion that will meet with opposing ideas and opinions. This we might consider to be a meaningful stimulus for the public at large

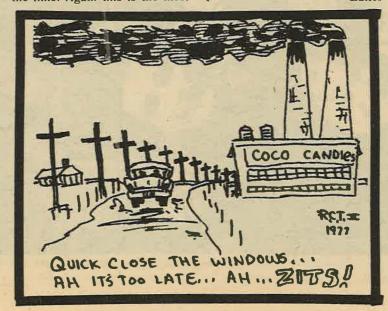
If the Mountain Times were to express opinions that everyone agreed with, then there might not be a need to express the opinion to begin with. But since we are such a diverse nation where each individual is allowed to express themselves, we find that every issue has more than one side.

In journalism it becomes impossible to please everyone all the time. Again this is the most

dom of the press and the freedom

issue to be stated.

ciples of freedom of the press, the Mountain Times will always be willing and able to voice the many opinions expressed by the public. The Mountain Times stands as a public watch dog bent on maintaining of the right of "freedom of expression.'



It's your money

Allan Masri

More concrete results of the proposed budget cuts are now available. What has been done, as is usual when times are bad, is to get rid of certain expendable bodies, the ones with the least power to protect themselves.

In this case, the part-time staff.

Of course, the logical thing to do would be to lay off most of the administrators--after all, they have the most money and can best afford to take the loss. Unfortunately, the administrators make the decisions, and they've decided to hold on to their very fat paychecks. Wouldn't

Now I hear someone protesting--(he's old, paunchy, has gray hair and drives a luxury car) -- "But what would we do without administrators?" The answer is, each one of us would have to do more work. But then, we could pay ourselves for it, which might lessen the

Barring that, we might try laying off some of the instructors. This would give them a chance to show how dedicated they are. They could resign voluntarily and be rehired on a part-time basis at the going rate of \$18 per hour of class.

We needn't worry that any of the students will be expelled, however. You are all protected by the fact that you are bringing money into the school--or should I say business?--and the only problem is that there are too few of you.

Which gives me an idea, one which will make everybody happy. Why don't all the teachers, staff, and administrators, resign their posts and re-enroll as students? There is nothing preventing them from

Then, we could take their salaries and distribute them equally among the students. This would break down to \$1000 per person per vear-taking Jaak Wassmith's figure for the total income of the school--and would provide everyone involved with enough money to

It is true that the standards of living of some of the community would take a beating in the process. But that would be more offset by the benefits which would accrue to certain others who earn far less than that amount annually

The system would be so fair it fairly boggles the mind. Of course, people could still take outside jobs to augment their earnings, but they would have to contribute to the college or lose their stipend.

In addition, the numbers of people attending college would rise dramatically. Certainly there are many even now who cannot afford to go to school, although they would like to, and these would easily be persuaded to sign up.

But think how many others would enroll, knowing that thereby they would each receive a thousand dollars for doing so. So, the money coming to the school from the tax base would increase in direct proportion to the number of students enroll.

Now I can see a few questions which might arise upon consideration of so vast and laudable a project. For example, wouldn't a large number of persons be attracted to the school who have no interest in educating themselves or others?

Indubitably. But would their proportions be any larger than they are already? Once here, however, such distinctions would vanish, as they would be required to earn their money by doing one or the other and soon would be in a position to do both. The fact of the matter is that a person learns more readily from someone who knows just slightly more than himself, a process not overlooked in the larger colleges, where 90% of the teaching is done by upperclassmen and graduate students.

Then, too, one might ask, what would be the use of such an education, which would not prepare its possessors to earn a livelihood in the real world?

This is a more difficult question to answer, for it supposes that education is only good if it can be used to purchase something. The answer is that such kinds of education would become static. The society will not need more and more nurses and heavy equipment operators in the future any more than it needs more and more teachers and farmers at the present time.

Thus, the whole emphasis of education will shift to those areas in which man has consistently shown an interest independent of any concommittant monetary gain: religion, politics, art, literature, music, sex, and the rearing of our children.

As I write this, I hear a collective yawn on the part of my readers. So what, you all say, or you ask yourself if this guy is for real.

Not so long ago, these proposals were taken seriously by large numbers of people. Some people even went so far as to die for them, and you can't get much less apathetic than that.

I can't help thinking of the reaction of one of my friends when I told her that there was indeed censorship on the Mountain Times, that, in fact, just last issue a cartoon was removed on the grounds that it was in bad taste and not humorous--only to be replaced by one equally unfunny, but which did not concern itself with any sensitive issues.

"What!" she exclaimed. "Wasn't that what they were fighting for in the sixties, free speech, and all that?"

"That's right," I replied. "And they lost."

Calendar

March 16 - Film: "John Muir's High Sierra," shown andnnarrated

March 16 - Film: "John Muir's High Sierra,"
shown and narrated by Dewitt
Jones, 8 p.m. in the Forum;
admission free.
Christians on Campus, noon in 622.

March 17 - "Spring Collection" dance production, 8 p.m. in the Forum; admission free. Tennis here with Los Medanos. Golf match at Porterville. Christians on Campus, noon in 622.

March 18 - "Spring Collection" dance production, 8 p.m. in the Forum.

March 19 - "Spring Collection" dance production, 8 p.m. in the Forum.

March 20 - Mountainaires, Vocal Jazz Quartet and Jazz Ensemble Concert, 2 p.m. in the Forum.

March 22 - Tennis at West Hills.
Golf with UOP Freshmen at Pine
Mountain.

March 23 - Christians on Campus, noon in 622.

March 24 - Registration 8:30 a.m. in cafeteria.

Tennis at Merced.

Golf match at Antelope Valley.

Christians on Campus, noon in 622.

March 24, 25, 28 and 29 - Final Examinations. April 4 - Beginning of Spring Quarter.

NEW CLASSES

During the Spring quarter, several new classes will be offered. Among these new classes there will be an adult fitness, an automotive fundamental class and a class dealing with aging, death and dying.

Bob Gibson will be instructing the adult fitness class which is scheduled to begin April 4th at the Armory at Columbia airport. The class is designed to provide diagnosis of individual physical needs and development of programs of static exercise to motivate older people to retain their flexibility, agility, strength and enthusiasm.

A physician will work with Gibson during the first week, advising him on types of exercise best for individual students.

Dave Wilson will be instructing the automotive fundamentals class. Wilson said that the class is designed to bridge the gap for students who have little knowledge of automotive fundamentals. The class will provide knowledge to bring the students to a level where they can compete in the college's heavy equipment maintenance program.

Wilson anticipates that in a class of 30 to 35 students, half will be women.

Sociology instructor Nan Hornberger will be instructing two classes dealing with the relevant concern of aging, death and dying.

Ms. Hornberger hopes that a search for the meaning and value of life may be aided through the study of values, belief and customs of death.

Cover: Members of the mime troop and "The Hobbitt" cast will present their programs on campus on March 23 in the Rotunda at 8 p.m. Admission is free.

Photo by S.J. Michelsen

Classified ads

FOR EXPERT typing and editing, call Allan Masri, 532-8794.

LOST.-Will the person who took the dictionary from the MT office, please return it already. (Sum ov us heer donet spel gud like me!)



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