



Bio-Feedback equipment shown here has been very beneficial to the psychology program at CJC. The student is Carla Brizzi.

Bio-Feedback creates new head space

by M.L. Harrison

Since its' beginning, CJC has been an institution that has responded well to current educational needs as well as investing in future possibilities. Among its educational assets, it has recently added a Bio-Feedback class to its curriculum.

Although Bio-Feedback has been known about for some time now, it has been generally unused in public institutions. Up to the present time, experimentation and practical use has been somewhat limited to private institutions. Now through CJC's program, students are being taught the functional use and practicality of Bio-Feedback in an academic class.

The equipment that the college uses has been purchased over a 3 year period, with the aid of a Federal Educational Grant and district funds. Frank Russell, one of CJC's psychology instructors, was highly instrumental in helping to obtain the grant. As a result of Russell's effort, CJC became one of the first junior colleges in the nation to have and use Bio-Feedback equipment.

When the first pieces of equipment were purchased, the faculty that would be using it thought of it as a progressive experiment. Indeed its use on the academic level has been virtually unexplored.

At the present time, the college has three Bio-Feedback machines; they are the Brain Wave machine, the E.M.G. and the G.S.R. The Brain Wave machine measures the amount of electrical spillage which occurs during the chemical-electro action in the thought process. The E.M.G. can monitor specific muscle groups in an attempt to rehabilitate damaged muscles or to ease tense muscles. The G.S.R. is the machine which comes the closest to measuring emotional reactions. To monitor the results of the three Bio-Feedback machines, CJC has recently purchased a Data Acquisition Computer which is capable of monitoring 16 different subjects using the Bio-Feedback machines at the same time.

Bio-Feedback, in a general sense, can be thought of as a

mirror of the autonomic nervous system. The machines measure the physiological reactions started by the mental process on any given subject. It works on "passive volition" rather than conscious effort. Its helpful value comes into play when the mind learns the body's reaction to stress, so that one can become responsible for dealing with that stress.

This fall, CJC offered Bio-Feedback as a class for the second time. It is a class consisting of 2 hours of lecture, with 3 hours of lab work, taught by Jim Hastings. The student can expect to understand the mind/body connection between mental stress and physical tension. The student can also increase his/her awareness of health and to form a strategy for controlling his/her stress.

It is possible that in the future that Bio-Feedback class could help train Bio-Feedback technicians. It is also possible that Bio-Feedback could become useful in the medical field, helping to ease hyper-tension and to rehabilitate damaged muscles. Also the model that is created here could be helpful for other colleges who are trying to start a similar program.

The Bio-Feedback field is new and still greatly unexplored. The range of its useful possibilities are also not yet known. It is possible that Bio-Feedback technology could become the major breakthrough in medicine and psychology in the late 20th century. The sum of Bio-Feedback could be stated; Western man has given his mind to the shrink, his body to the doctor, his soul to the priest and now Bio-Feedback has put it all back together.

Concert committee

A committee is being formed to organize a dance/concert. The organizers are seeking superior entertainment, and they also are in need for more volunteers.

If interested contact Steve Konnoff or Michael Harami.

THE MOUNTAIN TIMES

columbia jr college

Oct. 26, 1977

Columbia, Ca.

Vol. IX, No. 3

Leland Davis lives

by M.L. Harrison

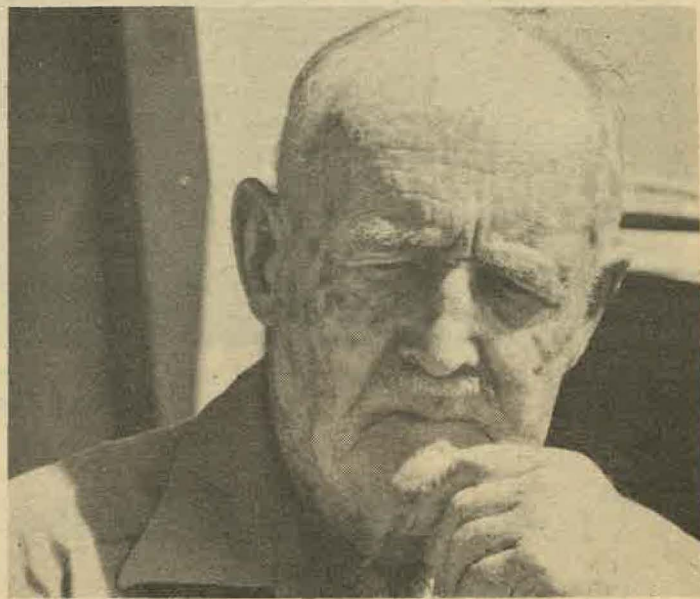
Long before San Diego reservoir served as the center for CJC, it was the "front yard" of Leland Davis.

At the time the college was planned, Davis was living in a small cabin that was described as having a slight lean to it. He had been living on the shores of the reservoir since 1942. When construction of the college began, the administration decided that the only fair thing to do was to allow Davis to live out his life on the new campus. Subsequently he was given a new cabin, which is located near the P.E. building.

Davis was born in Humboldt county in August of 1893. At the age of 15 he moved to Oakland where he found work driving team and as a chimney sweep. For the next five years he lived in the Bay Area as well as Los Angeles and on the delta near Stockton, before moving to Tuolumne county in 1916 for health reasons.

His first winter he worked in the woods, which was practically all the work to be found. He said that things then were much the same as they are now in that houses and work were as hard to find. After working for a short time in the woods, he decided to start a apiary and he bought 100 stands of bees.

In 1918 duty called and Davis enlisted in the Signal Corp. At the time pigeons were being used for fast long distance communications, so for the time of his enlistment he raised and trained homing pigeons. His living room is still decorated with the ribbons his birds won.



Leland Davis

He returned to tend his hives only to find that they had been diseased. After many disappointing attempts to correct the problems, he eventually lost all his bees.

After the hives failed he began working in a local quarry, which became his career for the next 20 years. From his efforts in the quarry he had managed to save enough money to make the down payment on 70 acres adjacent to the present day college. When the depression hit in 1929 he lost his job and eventually his land. This same land has now been valued at \$110,000 on the current market.

Even though he lost his job and land to the depression, Lady Luck still came through when, in 1932 he pulled between \$700-\$800 from a small mining claim. Work resumed in the quarry shortly

afterward, which is where he stayed until 1942 when he went to work for Pacific Gas & Electric Co.

Because his work included flume repair, it became logical that he should live close to his work, thus he moved to the shores of San Diego reservoir. After 16 years as flume repairman, he retired from PG&E to become a gardener in earnest.

Now at age 84, Davis still maintains a small garden plot and manages to collect wild mushrooms during the right season. Age has certainly slowed him down some, but his memory and health are still fine. He says he like the students and that he doesn't mind sharing what used to be his yard with the college.

Students ripped-off

Several thefts and a case of vandalism have been taking place on the CJC campus recently. Two students reported their car tape decks had been stolen, while another auto break-in resulted in the taking of a pair of shoes. These incidents occurred during the day.

One student who left his car in the parking lot overnight, returned to discover his battery missing. A car that had run out of gas at the entrance to the college was stripped of a wheel and was severely vandalized.

Over the weekend of Oct. 15-16, the cafeteria was broken into, but nothing was reported taken.

In light of these happenings, security in the parking lot has been increased during the day, and the sheriff's dept. is patrolling it more at night.

Dean of students Paul Becker stated that any theft or vandalism should be reported to him immediately so that assistance may be provided and the sheriff's dept. notified.



A sheriff's deputy dusts for prints around a broken window in the campus cafeteria.



Eagle Cottage in Columbia was an early home of Columbia Junior College.
David Ward photo

CJC history

From boarding house to scenic campus

by Taml Graff

In 1967, two hundred acres of beautiful forest land covered with majestic pine and manzanita was purchased for \$2.50 an acre from the U.S. Bureau of Land Management. This land was the future site for Columbia Junior College. The college started in 1967. Classes were held in leased and rented facilities, some in Columbia State Park, others in the town of Sonora.

Many classes were held in Columbia's Eagle Cottage. The name was misspelled by miners in 1854, when it was first opened as a boarding house. This two story wooden building has been re-built three times since 1854. The last time, it was reproduced to resemble its original structure.

When the school started in 1967 there were fifteen full-time instructional staff members and 31 part-time members. Since that time, these figures have greatly increased. In 1967, there were 299 day-students enrolled at Columbia and 541 students were registered for evening classes. Today there are 1,535 registered day students and 1,234 students enrolled in evening classes.

The construction of the campus began on November 1, 1968, and it cost approximately \$1,750,000 to build. The architecture conforms to the rural and historic atmosphere of the area and was designed to resemble the architectural style of early California in the days of the gold rush.

quisite setting, a program of meaningful academic and occupational education was developed. It is still thriving today, and it aides thousands of students in furthering their education.

Environmental outreach does river clean-up

A clean-up last Sunday, followed by a potluck at Angelo's Hall, was the first of many activities this year for Environmental Outreach, a CJC student group.

The clean-up was sponsored in conjunction with the Associated Students of CJC and Citizens to Preserve the Tuolumne River, a community group.

Wards Ferry on the Tuolumne River and Parrott's Ferry on the Stanislaus were the target areas.

Other proposals in the works are an environmental column for each issue of "The Mountain Times," expanded re-cycling efforts, renovation on the campus nature trail and publicity for the Tuolumne Wild River Study.

The environmental group meets every Thursday from 12:15 to 1:15 p.m. Meetings are held by the lake, near the bottom of the stairs or in the rotunda on rainy days.

In the unlikely event that the group runs out of things to talk about, meeting time will be used to write letters in support of environmental causes. Everyone is welcome at weekly meetings,

Renters and rentees: legal hindsight

by David Ward

One of the problems faced by renters is the lack of knowledge concerning the legal aspects of their transactions. The following are some facts you should know about renting a place of living.

Security deposit

When a landlord asks for a "security deposit", he usually wants some money to hold as security from loss or damage to his property. If he requires you to clean the place before you leave, he wants security for costs of cleaning too. If you leave without paying rent or paying for breakage or cleaning the place properly, the landlord doesn't want to be bothered with finding you and suing you.

He will just keep all or part of your security deposit.

He may require as big a security deposit as he wants, unless you bargain him down. Often he will ask for an amount equal to a full month's rent.

When you move out, if you don't owe any rent, haven't broken anything, and have properly cleaned the place, the landlord must return your security deposit.

If you do owe him something, he can keep what you owe him but must return the balance. He must return whatever you have coming within two weeks after you leave.

If he refuses to return what you have coming, you can sue him to get it back. If you can also show that his refusal to return it was not because he just wanted to cheat you, you might be able to collect "punitive damages" of up to \$200 against him. Civil Code Sec. 1950.5

Last month's rent

Some landlords will ask that you pay the last month's rent in advance. This means just what it says — if you have a years lease from January first to December 31st, by paying "last month's rent" you are paying the rent for December in advance.

which usually provide a valuable exchange of information and which also are a way to meet other concerned people.

Information about all "EO" activities and about environmental developments in general can be found on the group's bulletin board in the cafeteria. There also is a sign-up sheet on the board for those who miss the meetings but want to get involved.

If you have a month to month rental agreement, when you give notice that you are leaving in 30 days, your "last month's rent" will take care of your "last month's rent."

Landlords want "last month's rent" so that if you fail to pay your rent some month, they can treat that as the last month, evict you, and not lose any rent for that month.

The landlord cannot use the "last month's rent" as a security deposit for damage to the place. If he wants to collect for that sort of thing, he will have to sue you.

Thus it is generally better for the tenant to pay "last month's rent" than a security deposit. "Best, of course, is paying none of these."

If the tenant gives a security deposit and not last month's rent he will have to pay the last month's rent when it comes due and then the tenant has to worry about how to get the security deposit back when he moves out.

If the tenant pays only "last month's rent" in advance, the landlord has to worry about getting money from the tenant for any damages he claims. It's much better to have your money and let the other guy figure out how to get it, rather than the other way around.

Cleaning fees and deposits

People often tend to confuse the words "cleaning fee" and "cleaning deposit." When the word "deposit" is used, the money is refundable to you if you leave the premises clean.

When the word "fee" is used, the money might not be refundable. A cleaning "fee" or "deposit" will usually be much lower than a security deposit.

It should be related to the reasonable cost of cleaning the place, and should not be more than about \$50.

The rules on the return of cleaning deposits are the same as those set forth above in the security deposit section, includ-

ing the provision for punitive damages.

Unlike a security deposit, a cleaning fee is not usually intended to be refundable. The landlord does not hold it as a security, but takes it as a reimbursement for his cost of cleaning.

A recent court decision, however, holds that where a landlord collects a "cleaning fee" and the rental agreement requires the tenant to maintain the premises in good conditions, the "cleaning fee" will be considered a deposit which the landlord must return if the tenant leaves the place in good conditions.

BAUMAN v. ISLAY INVESTMENTS, 30 Cal. App. 3d 752 (1973).

The court also held that the tenant does not waive his right to get his fee back just because the central agreement says the fee is not refundable, because these words do not clearly tell the tenant what rights he is waiving. Civil Code section 1953 provides that any provision in a lease or rental agreement wherein the tenant waives his right to get back his deposits void.

You may be confused as to what sort of deposit your landlord is requesting. Ask him what he means and then bargain for the best deal you can get.

You might start by saying, "you mean I get the cleaning deposit back if I leave the place clean, right?"

Next Issue.

BAER'S

Your
Young Men's
Clothier

Central Sonora

**ST. CHARLES
SALOON**

Main & Jackson, Columbia

**LARGEST & FINEST SELECTION
OF BEERS IN THE MOTHER LODGE**

Open 7 Evenings a Week
532-8561

Outdoor Equipage Swap-N-Sell

CROSS-COUNTRY SKIS, BOOTS, POLES
RENTAL TENTS & SLEEPING BAGS
KELTY PACKS, LONG UNDERWEAR,
VASQUE BOOTS & ETC.

SATURDAY, NOVEMBER 5th

SONORA MOUNTAINEERING

171 N. WASHINGTON STREET

(209) 532-5621

**WOMEN'S & MEN'S CLOTHING
BASKETS • INDIAN BEDSPREADS**

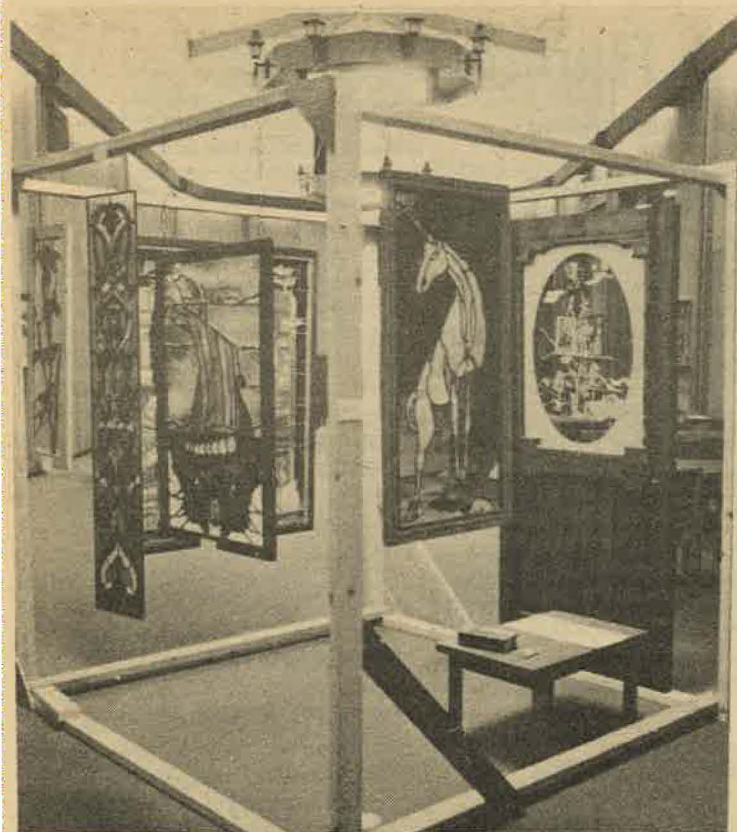
FIG IMPORTS

TEAS • HERBS •
OILS • INCENSE •

130 S. STEWART ST.
SONORA 532-5081

**Green Street
haircutters**

121 south
Green Street
532-8871



Stained glass works are displayed in the Rotunda by Fire on the Mountain glass shop in Twain Harte. David Ward photo

Active nutrition

by Paul Scheuble

The Central Sierra Food Buying Cooperative has met and decided on procedures for ordering, transporting and distributing food.

On the first Sunday of every month, people interested in buying food at bulk rate will meet at Angelo's Hall in Columbia and place their orders.

Ordering will be taken by a collective auction, so everyone

French culture included in new class

Conversational French and French culture will be studied in a new class that began this week at Sonora High School.

After the students gain a working knowledge of the language, literature of French speaking countries will be read and studied. Although the major emphasis will be on literary contributions from the French-speaking European countries of France, Belgium, Luxembourg and Switzerland, selections provided by the nations in the French West Indies, French Africa and French Oceania such as Tahiti, New Caledonia and New Hebrides also will be included.

The course is offered by Columbia Junior College and meets on Mondays from 7 to 10 p.m. in room P-8 at Sonora High School.

The class is taught by Julian Wolfsohn

must be there by 6 p.m. Bring your money to pay for the food in advance.

A potluck dinner will follow the completion of business, so bring your favorite dish!

The food will be picked up in the Bay Area and distributed the second Sunday of the month at Angelo's with another festive potluck dinner following the giving out of the goodies.

If you have access to a scale for the weighing of the food, please contact Paul Scheuble in the Student Activities office. The Co-op depends on cooperation, so find out how you can help your friends and yourself by buying nutritious foods at low prices. No profits will be made.

I hope to see you Sunday, Nov. 6 at 5:30 p.m. in Angelo's Hall in Columbia.

Claim Jumpers win first match

The female Claim Jumpers trounced the cocky Antelope Valley squad 15-4, 15-8, and 15-13. In the last game the Claim Jumpers came back from a 12-6 score to steak a claim on their first victory in the history of CJC.

Rhonda Wilson and Ann Taylor were the most valuable players of the match. Rhonda had six ace spikes and Ann had seven. Others on the team are Cyndee Mitchell, Sue Winer, Sue Crawford, Carol Carter, Emma Alexander and Bonnie Newman.

The Claim Jumpers next up-

Environmentality

Hope remains for Stanislaus

.....bi-weekly Environmental Outreach column

"In the broader picture of the New Melones Project, things are looking up again While we have lost the important skirmish at Camp Nine, we are closer to winning the war than we ever have been since Proposition 17."

Brad Welton
Lawyer for Friends of the River
October, 1977

As Friends of the River and other groups continue to fight to save the Stanislaus, a major disadvantage is the public impression that the fight has already been lost. This column will outline some of the new efforts to save the river, and show that the Stanislaus can still be saved from the grandiose plans of the Army Corps of Engineers.

The current strategy of F.O.R. is to prevent the filling of New Melones Dam. This is a departure from the stand taken during Proposition 17, which was to prevent the construction of the dam. The State of California has already decided not to fill the dam unless there is a need for the water. Some federal studies have shown that there will not be a need for the water until well after the turn of the century. However, as it stands now, California does not have the power to say whether or not the dam will be filled, and that is the problem.

The Brown Administration is currently taking the Bureau of Land Management (BLM) to the U.S. Supreme Court. The state is suing for the right to decide whether the dam will be filled, rather than having the BLM decide. But even if the state loses the case, the interior department is planning to raise the issue with President Carter, presenting him with a plan to fill the reservoir only when necessary.

Just how much support from high places is available to support the river was shown by the recent effort to stop construction at Camp 9. State Secretary of Resources Claire Dedrick, Governor Jerry Brown and Secretary of the Interior Cecil Andrus all played direct roles in trying to stop the Corps. At one point, the Secretary of Defense did halt the project, but lobbying by the Corps managed to change that decision.

As long as the dam can officially be filled as soon as it is built, the work at Camp 9 and Parrott's Ferry will probably continue in spite of efforts to stop it. As soon as it is established that the dam cannot be filled immediately, the Corps will face more legal action, and will almost certainly be forced to stop the destruction in the canyon.

The most striking feature of the new river efforts is the expertise of the F.O.R. group in Sacramento. After years of experience in the capitol and many trips to Washington D.C., these people are becoming more and more effective. Their efforts are often behind the scenes; there are not so many rallies, petitions, or letter writing campaigns, but the effectiveness shows.

The battle to save the Stanislaus has moved back into the realms of court decisions and legal work, but the supporters of the river are doing the hard work that needs to be done. If you want to see how ordinary people become an important force in government decisions, visit the F.O.R. office in Sacramento. They are fun people to meet and will welcome your help at doing chores in the office. After you've been there, you'll be ready to help spread the message: "Don't give up on the Stanislaus!"

set victory takes place Nov. 14 at the Armory, against highly favored Merced. Watch the Claim Jumpers try and better their league record from 1-3 and their over all record from 1-4.

Fashions for Men and Women

For the Ladies---
Tami, You Babes
Jantzen, Graff
White Stag
Pykettes

For the Men---
Lee, Levi,
Wrangler
Haggar, Joel
Pendleton
Van Heusen



Superteams underway

by Chris Sterling

Superteams got under way last Monday, the competition where the students work to see which pair will total the most points in the six events they will compete in. The winner of each event will receive a T-shirt, and the winner overall will get a cash prize. The events each pair compete in are; tennis, ping pong, horseshoes, darts, basketball, volleyball and frisbee. The pairs get five points for a win, two for a loss, and none for a no-show. The pairs in the co-ed division are: Bob Martenez and Karen Kessel and Crystal and Johnny Wheeland. There is still hope that more will join that competition.

In the men's division the pairs are; Mitch Heldstab and Clint Neher, Dan Fitzpatrick and Gary Sword, Ed Loaper and Kren Vandagriff, John Salvarezza and Mervyn Cancio, James Stearns and Otis Brickely (Opie), Bob Walker and Johnny Wheeland, Marty Swift and Philip Lallar, Lou Ruminer and Mike Milol, Bruce Rettiz and Randy Bauer, Ed Kanner and Chris Ott, John Peelizer and Dennis, Jim Hoffman and Pat Singiacomo, Roy Benson and Dexter Hodes, Ronny Fumar and Chris Sterling, and Randy Dunn and Mike Green. There is also hope that more men will join this division, too.

SNOWTREE AUTOMOTIVE SUPPLY

Open 7 Days

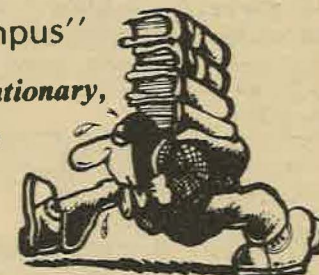
Arno'd, Ca. 95223
(209) 795-2652

MANZANITA BOOKSTORE

"On Campus"

For All Your Fall Text, Stationary,
and School Supply Needs

STORE HOURS:
7:45 to 3:00 Daily



Join the Pepsi People
feelin' free!

Pepsi-Cola Bottling Co.
Merced-Modesto

Mother Lode Athletic and Trophy Supply

Team Supplies --- Russell
Shoes - Nike - Puma
Converse - Tiger
Team Prices

67 So. Washington St. Sonora 532-1942



TEARS

by Sandra Kapin

Tears are the rains that wash away
the trees of frustrations
the seeds of unhappiness
the soils of all sorrows
But oh, What a dry empty heart
for there to be no rain

TRAVEL

by Armand Valois

There's another place somewhere.
There always is.
A land the size of all elsewhere,
Where the rocks have fallen
Upon one another in great heaping
Piles of stone; where that bush
Will hang forever on the brink
Of cataclysm.
Or islands so small you could fill
Your backyard with half a dozen.
But each one can hold a man,
And keep him alive 'till he dies,
Eating coconuts, or (if he's brave)
He can toss one to his neighbor
On the Mango Isle.
Or even larger, an anthill, or better still,
A drop of water, the elsewheres we can't visit
Except in our minds-- and no one ever goes there
Anymore.

SONG # 4

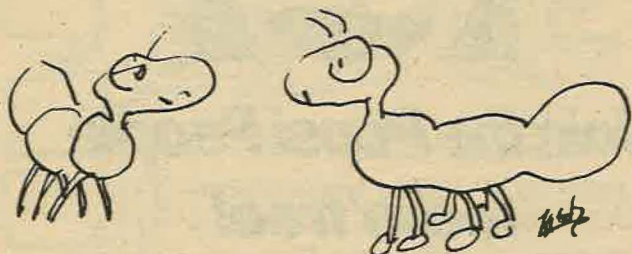
by Armand Valois

A bird
Enters here:
She told me--
"They do not sing
--Do you believe that old myth?--
They mate."
I do not know the nightingale
But the morning doves
Sit on the wire outside my house.
They do not sing
They do not mate
They sit
Together
Contented.

SUNSET

by Armand Valois

the world unfolded today
like the rolling over catalyst
of yesterday's sunset
the hills in bright profusion
held the sky in a bowl
and poured it, slowly,
over the town
and you were there,
pouring out wine
from a warm wooden keg
back over frontwards
the world turned away
as the wine splashed merrily
into my glass,
then over the lip
as I pulled at the moon on your neck



WHEN YOU GET RIGHT DOWN TO IT,
THE GOVERNMENT DOESN'T CARE IF
WE LIVE OR NOT



Haunted house

by Alberta Hopkins

A Halloween haunted house will be sponsored by the Central Sierra Arts Council, October 26-9 from 7:30-10:30 p.m. at the Grange Hall, Sonora. Cost is \$1 for adults and 50 cents for children under 12.

The Wednesday night performance (October 26), will be a special dress rehearsal for senior citizens and those welfare recipients holding tickets. The other nights are open for those over five, as the spook house is not recommended for small children.

The "Halloween Theater" will consist of "mini acts", each staged 20-30 minutes apart, which is the length of time to complete the tour. The skits

contain comedy and a huge dose of shock value! A few acts are the execution chamber, the Mad Doctor, Dracula, a skeleton chorus line, a song parody and "the family meal", not to mention other frightening "Blackouts".

Those wishing to donate time or material to help get this event underway, may contact Jeff Steuer at 928-4621. Tour guides, ticket-sellers and takers, dancers, artists, make-up people, costume designers, painters and prop builders are among those persons needed. Also lending or donations of nails, sheets, paint (any color) and especially blacklights, will be greatly appreciated.

Messiah

Portions of George Handel's *Messiah* are to be performed this quarter. The acts will combine the talents of the community chorus and the orchestra here at CJC.

Pieces to be performed will include the Christmas portion of the *Messiah*, which describes the advent and birth of Christ, and the "Hallelujah Chorus."

Soloists have already been chosen and they are: Martha Calderaro, Madeline Maechler and Ruth Yates, sopranos; Jeanne Link, alto; Trevor Pendray, tenor and Milton Baker, bass.

The concert will be sponsored by Community Services. Admission is free, with tickets by reservation, which will be available after Nov. 9.

Stained glass workshop set

Making of stained glass items for Christmas gifts will be demonstrated in a workshop beginning Nov. 7 in Arnold.

Hal Humber will conduct the workshop at Independence hall from 7 to 10 p.m. on Nov. 7, 14, 21 and 28.

Several small gift projects will be made by the participants using the tiffany-type construction technique. Humber said the items would include pendants, small windows and other small items suitable for holiday gifts.

Tools will be available for use in the workshop, and students may purchase materials from Humber. Average cost of materials would be about \$15 to \$20, Humber said.

Interested persons may register by calling the Columbia Junior College Community Services Office (532-3141, ext. 244) or enroll during the first class. Advance enrollment is suggested as class size is limited.

EXPERT TUTORING

in French
and German

Conversational
or Academic

Julian Wolfsohn
532-6000



COLE MUSIC CO.

Tuolumne County's
COMPLETE MUSIC STORE
Buy • Rent • Sell • Trade

Martin • Gibson • Takamine • Guild • Ibanez
King • Benge • DeFord
Books • Sheet Music • Lessons • Repairs
63 S. Washington • Sonora • 532-5928



SANDWICHES HOT FOOD HOMEMADE SOUPS
CHILI VEGETARIAN DISHES
CHEESECAKE and other homemade DESSERTS
BEER & WINE

Tues-Sat.
11:00-6:30

Closed Sun & Mon
532-9922

Gold St. between State St. & Parrott's Ferry Rd.

A guide to using the library

by Allan Masri

There are three types of rooms at CJC. The first is empty, awaiting people; the second is filled with people who are busy working, studying or talking; the third is filled with knowledge and is called the library.

Many people are at first confused when they arrive at the college, wondering which building contains their next class and where is the best place to hang out. Their problems in these areas are soon solved--and yet they frequently continue to be confused about the library through the entire time they spend here.

Enter through the double-wide doors at the West end of the rotunda, and what do you see? In front of you, the card catalogues, a deadly snare to entrap the unwary searcher--avoid them at all costs. Behind them lie the BOOKS, stacked in miniature canyons, looking very much like a giant maze. You had best stay away from them, too.

The first thing you should do on entering this wilderness, is find yourself a guide. There are many, and they are not difficult to tell from the students, like yourself, who are wandering around the library. The guides lack the look of stark terror which you will find in everyone else's eyes.

The guides are commonly known as librarians.

"Are you a librarian?"

The best way to find a librarian is to stop someone and ask, "Are you a librarian?" However, most people are not accustomed to dealing with them in this straightforward manner, so I herewith add a few hints on how to get someone to help you in the library.

All librarians have a delicate mechanism installed in their left shoulder. When touched, this mechanism causes them to turn around and smile broadly while they whisper, "May I help you?"

It is a well-known fact that librarians are incapable of talking above a whisper. There are many theories to explain this. Some people hold that they are all born this way, through some congenital malformation of the larynx. Others, more reasonably maintain that they undergo intensive training at librarian school, where they are instilled with an absolute horror of loud noises.



Abbi Lawrence, librarian

These theories are, of course, nonsense. The real reason why librarians always whisper is that they are afraid the books may overhear them. I have tried on many occasions to explain that books, being inanimate, are as incapable of hearing as they are of biting your hand when you stretch it out to remove them from the shelves. But I have found it quite impossible to dissuade librarians from this belief and, at long last, have given up the attempt.

Another way to approach a librarian is to sneak up behind him and shout, "Copernicus was a Commie!" This always works.

My own particular method of being noticed is to wander around, apparently aimlessly, until I am immediately in front of one of the librarians. Then I clear my throat, very softly, and adopt an expression of absolute, hopeless frustration.

It has taken me many years and much arduous practice to perfect this expression. I would hesitate to suggest that anyone try it without first standing in front of a mirror at home and trying to look glum. With a little practice, you should attain de-

spair; but you will know you have struck the proper pose when your own reflection in the mirror is so pitiful that you cannot help bursting into tears at the sight of it.

That is a look no librarian can resist.

How to find a book

There is really no trick to finding books in the library; the place is full of them. What is hard is finding the right book. One thing which confuses the novice is the little numbers on the spine of every book. It is every important to IGNORE THOSE NUMBERS! They are a special code which librarians have been forced to adopt to communicate over long distances since they cannot raise their voices above a whisper. They usually contain some such message as, "I would like a ham on rye for lunch, hold the onions."

The first thing you should do to find a book--presuming you have been unsuccessful in obtaining a guide by the means de-

scribed above--is to walk between the rows of books. You will notice right away that the books have different color bindings. This has absolutely no significance.

After you have wandered up and down the aisle a few times, you will come to a startling conclusion: There are not that many books in the library! In fact, it is possible to see them all in a half an hour, although a special five-minute side trip is necessary if you wish to see the periodicals (that's library talk for newspapers and magazines) and the A.V. department (A.V. stands of Axiomatic Vituperation--no one knows what it means any more, but the library keeps tape decks and four-track cassettes there.)

However, it is impossible to learn anything by looking at the books. It is unfortunate, but you must touch them in order to discover what they are all about. This is not too difficult, as the books are some of the few things around the college which do NOT carry static electric charges. They are also kept clean, except in the infamous Mother Lode Room, where dust is allowed to collect in the margins.

Once you have seized a book,

open it to the middle and begin reading there, for, although it is true that most books have prefaces at the very beginning, it is undeniable that the preface has little to do with the contents of the book itself--in fact, the preface has frequently been written by someone entirely different than the book's true author.

Now, say the book you are looking for is on primate behavior, and the book you have chosen at random from the stacks is on lobotomising snails. You may be certain that you are quite near your goal, and need only look higher up the shelves--as you are looking for information concerning higher animals--to find the proper book.

Let us suppose, on the other hand, that the book you have chosen is on the mechanics of nuclear bestialism, and contains pictures of electrons in suggestive poses--then you may be sure you are looking in the wrong place and should move over several aisles before renewing your search.

NEXT ISSUE: HOW TO FIND YOUR WAY OUT OF THE LIBRARY WITHOUT HAVING HEAVY BOOKS FALL ON YOU.

(209) 984-5682



**Bill Haramis Wholesale
Auto Parts & Equipment Co.**

BILL HARAMI
Owner

18572 HWY 108
JAMESTOWN, CA 95327

Good News **\$5 MINIMUM**
5 3/4 % Silver Savings
5 1/4 % Statement Savings
FIDELITY MEANS "TRUST"



Fidelity Savings

708 E. Mono Way, Sonora Plaza

**Shed some
light on
your future**

CALIFORNIA STATE UNIVERSITY FRESNO
After college, what will I do?

That's a question a lot of young people ask themselves these days.

But a two-year Air Force ROTC scholarship can help provide the answers. Successful completion of the program gets you an Air Force commission along with an excellent

starting salary, a challenging job, promotion opportunities, and a secure future with a modern Air Force. If you have two academic years remaining, find out today about the two-year Air Force ROTC Scholarship Program. It's a great way to serve your country and a great way to help pay for your college education.

CALL: AEROSPACE STUDIES DEPT (209) 222-6400

Air Force ROTC

Gateway to a Great Way of Life

FILM SALE

Kodacolor II \$1.34

Kodacolor 400 \$1.79

Ektachrome 200 \$2.39

20 exposure rolls,

Also zoom lenses, tripods and many accessories

Don't forget -- Students get 10% discount on all merchandise

f:stop

Camera Shop

532-8465

1257 mono way sonora, ca. 95370

**DOUGLASS
SALOON**



Main & Fulton, Columbia

HOT PRETZELS

...
**FINEST DRAFT
BEERS**

...
**HOMEMADE
SANDWICHES**



INSIDER'S OUTLOOK

BY
POINDEXTER
AND
SWEET MARIE

BEULAH AND H.P. DUCK have had some anxious moments since our last ish...For awhile there, H. P. was afraid he had lost his touch (or his virility, whichever comes first)...But Beulah presented him with a whole basket full of wee quackers...H.P. used to stand for "High Protein," but now he's thinking about changing it to "High Potency"...The Ducks' problems are just starting, however. For one thing, the lake is filled with monster bass which reputedly enjoy a duckling dinner as much as me and Sweet Marie--only the bass don't care if they're cooked...I read in the paper the other day a story about Tom Thumb's Brother, Tom Toe, who used to hang out with the Lone Ranger. Tom Toe left the act and got a job in Frisco in a house of ill repute. Now he's cleaning up by cleaning out...

SPORTS STORY: Some exciting footage was shot by a video crew from the College of the Dual Meet between our guys and Merced (In which our guys politely conceded the first five places to the Mercies) which they intended to broadcast later over local television. After it was all over, some spoil-sport pointed out that we have no local television. Can't win 'em all, guys...So if you want to watch the rumbling rambler in action, your next shot will be here on November 4...But speaking of victory, the lady's volleyball team finally did win one. That is exactly one more win than they could manage all last year...

COME ONE, COME ALL! There is absolutely no truth to the rumor that Sweet Marie does a belly dance. What she does is a striptease, or rather, she did do one before an oh-so-respectable crowd of VIPs at the Palace last weekend. The second half of the bill was filled out by Stewed Prunes, a great new rock and roll band. They really get you going!...Besides which, and on the level, the Arts Council is sponsoring a Halloween Haunted House this weekend at the Grange Hall. The faint-hearted are advised to bring their mommies...And for those who enjoy taking their exercise sitting down, Monty Python will be taking pot shots at the Holy Grail next Tuesday Night in room 620, by which time Star Wars will be playing for its 13th big week. Don't ask me who Monty Python is, because I never heard of the guy before, but someone told me he was rather amusing...

AND NOW FOR SOMETHING COMPLETELY DIFFERENT: This week's three kisses on each cheek award will be given to the reader who can furnish the Insider with a picture of Rootie Kazootie...no extra points given for merely knowing who Rootie Kazootie is...

ME AND SWEET MARIE picked up a couple of bargains at the Historical Society book sale, including a couple of Chispa indexes which were only slightly devastated by bookworms. The Chispa is the Historical Soc's quarterly mag, and some people think "Chispa" is the initials for something, or else is the goyish pronunciation for "chutzpa". Actually, a chispa is a gold nugget, from the Spanish word for spark, or ember...

QUICKIES: Stained glass buffs who've been turned on by Fire-on-the-Mountain's exhibit in the Rotunda will have a chance to see how it's done at Independence Hall in Arnold, November 7. See page two for details...Lina Wertmuller, the Italian film maker whose work has received raves from all sides, will make her Tuolumne County debut Nov. 8 in room 620...The Insider was sure that she'd never make it here, so let's hear it for Kulcher!...

FINALLY, there was the instructor who had received the same term paper every quarter for seven years. The Insider hears that last spring, the student who purchased the paper (with the guarantee that it would receive an A) noticed that the cover was becoming worn. Fearful that the instructor would become suspicious, the young man replaced the cover with a shiny new one before he handed it in. When he received the paper back, he found the following note on the title page: "A - but I like the other cover better"...Upon which we sneaked over to his office and asked the instructor why he would knowingly assist such a fraud. His reply: "I always like to receive at least ONE decent paper."

(Editor's note: The writer's ignorance of Monty Python's Flying Circus in no way reflects the intelligence of our noble staff.)



A UC representative assists students seeking information during the College and University Day at Columbia.

Colleges come to the students

Information about programs, services and costs at more than 20 California colleges was provided last week for hundreds of Columbia Junior College students and more than 150 local high school students.

Four-year college representatives gathered on the Columbia campus on Monday, Oct. 17, for the second annual California College and University Day.

Dr. Barbara Painter, college counselor, said some of the colleges expressed their gratitude for a chance to present their programs to the large number of prospective students and a chance to find out what types of information the students are seeking.

Most of the colleges took names of interested students and will follow up with additional information to answer specific questions.

Dr. Painter said California State University at Humboldt alone took the names of 26 prospective students.

Lolette Hicks and Lee Fosdick, counselors at Sonora and Summerville High Schools, respectively, also received good reactions from their students about the program. About 50 Sonora seniors attended and 68 Summerville juniors and seniors. Students also attended from Bret Harte High School.

Mrs. Hicks said the timing was good because students were able to get information before the November deadline for filing applications for next fall.

Fosdick also noted the students do not usually have exposure on a personal basis to representatives from schools in southern California such as Point Loma in San Diego and University of Southern California.

Representatives of Simpson and Golden State College in San Francisco and San Jose State University were expected but cancelled at the last minute.

Others represented were California State College and University campuses at Bakersfield, Chico, Fresno, Hayward, Humboldt, Sacramento, San Francisco, San Luis Obispo, Sonoma and Stanislaus.

Others were University of California campuses at Berkeley, Davis and San Francisco Medical center and independent colleges including College of Arts and Crafts, San Francisco Art Institute and U.S. International University, all in San Francisco; Fresno Pacific, Saint Mary's in Moraga and University of the Pacific in Stockton.

Building projects advanced

District trustees last week approved preliminary plans for the next phase of the Columbia Junior College building program and toured the biological sciences building which is 95 per cent complete.

In other action involving facilities, the board authorized the college staff to conduct a site review and prepare plans for a new storage building to replace rented storage off campus.

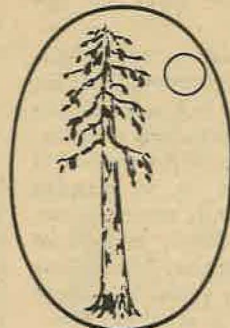
The next building project will be an addition to the heavy equipment maintenance facility for an automotive maintenance program. The addition will include a welding instruction area, a classroom, storage space and a canopy to extend the work area.

Architect J.D. Grothe presented preliminary plans and estimated the cost at \$230,000.

College President Dr. Harvey B. Rhodes estimated the project will be advertised for bids and a contract awarded next spring, with completion projected for a year from now.

Grothe reported the biological sciences building will be ready for occupancy in a couple of weeks despite the fact a fume hood and roof tiles probably will not be installed. Shipment of the items has been delayed.

The storage building is proposed for a site adjacent to the existing transportation facility. The structure would be an 1,800-square-foot metal storage building on a concrete slab. Estimated cost is \$16,200.



THE MOUNTAIN BOOKSHOP

JOHN & SUSAN RUSSEL

1503 Mono Way
Sonora, California 95370

Phone (209) 532-6117

BOOKS CARDS GIFTS



Armando
Puccinelli

Jeweler to the
Mother Lode

143 S. Washington St.
SONORA
532-7731



KEN'S

FAMILY CYCLERY

Tuolumne, Calaveras
County's Bicycle
Supermart
Bicycles Assembled
Adjusted **FREE**

Raleigh
Viscount
Columbia
BMX — All brands

Also serving you from
The PoP Shoppe

532-5415 1261 Mono Way • Sonora



EDITORIALS

JOIN OR DIE

Student government: nothing much at all

by Allan Masri

It's far enough in the school year now to see that the new Student Government is carrying on business as usual. The results are the same: interest lags, projects wither and die and the school struggles through another year where nothing much happened, except we all got a few more credits and a little closer to graduation and then--what?

Take the new food-buying club as a case in point. The first meeting was very well attended. Everyone was filled with enthusiasm; each had something to say. Only those who were interested in something more than just a flash-in-the-pan, two-runs-to-Frisco-and-out haphazard organization just could not seem to get themselves heard.

Someone wanted to sell food to the cafeteria. Out of the question, someone else replied, too complicated. So much for benefits worked for the whole student body.

Someone else suggested the club be put on a solid foundation by paying those who did the labor a minimum wage. Everyone will volunteer, said another "organizer" (who?), we'll all share the work equally. But how will we know the work is shared equally? We have to keep things simple, was the response.

Now a food-buying club is in reality a business, a food retailing business. Like any business, it needs two things: Money and people. Now this club had little or no money, and the only people it was going to get were those who were willing to work for nothing. We all know how many of those there are around.

Another thing a business needs is an edge--call it what you will, a gimmick, an angle, every new business needs one in order to survive. Generally, the most successful angle is to provide people with something they can't otherwise obtain, or to give them something they can get but can't afford to buy.

Now, this new food-buying club intends to market its "natural", whole, vegetarian foods, products which are readily obtainable inside Tuolumne and Calaveras Counties. They intend to get them at lower prices than set in the stores, but can they really?

I use the term natural within quotation marks for a reason: The only way I can tell whether a product is natural or not, and know it for a certainty, is to grow it myself. There is no other way. Perhaps I can get it from a trusted friend, or a reputable concern, but where does this club intend to get its food? From Michael Smith, or from a cooperative warehouse in Oakland, which they intend to patronize because the people who run it have long hair, talk hip, and have an appealing line of talk which they hand out to prospective customers.

This would hardly be a fair editorial if I did not have some plan to offer instead of the one outlined above. I believe it is a good idea for student government--that means the students acting as a group instead of as individuals--to operate some sort of a business. If our business is to handle food, then let us attack the problem sensibly--and let us organize carefully, with every intention that the organization will outlive its present membership.

First of all, what foods should we buy? A great deal of money is spent on campus for lunches; it is a market worth investigating. The student food club could make sandwiches and sell them; they could sell fresh fruit, hot soups, or exotic foods like soft pretzels, egg rolls and falefel. This could be done every day, and it could earn money for the student treasury, as well as for individual students, who would be paid for their assistance.

Surely, such a scheme might seem to some complicated, but just as surely there are those among us with the skills necessary to make it succeed. Furthermore, once a system is set up, it will continue to operate regardless of who is president or who was the original planner.

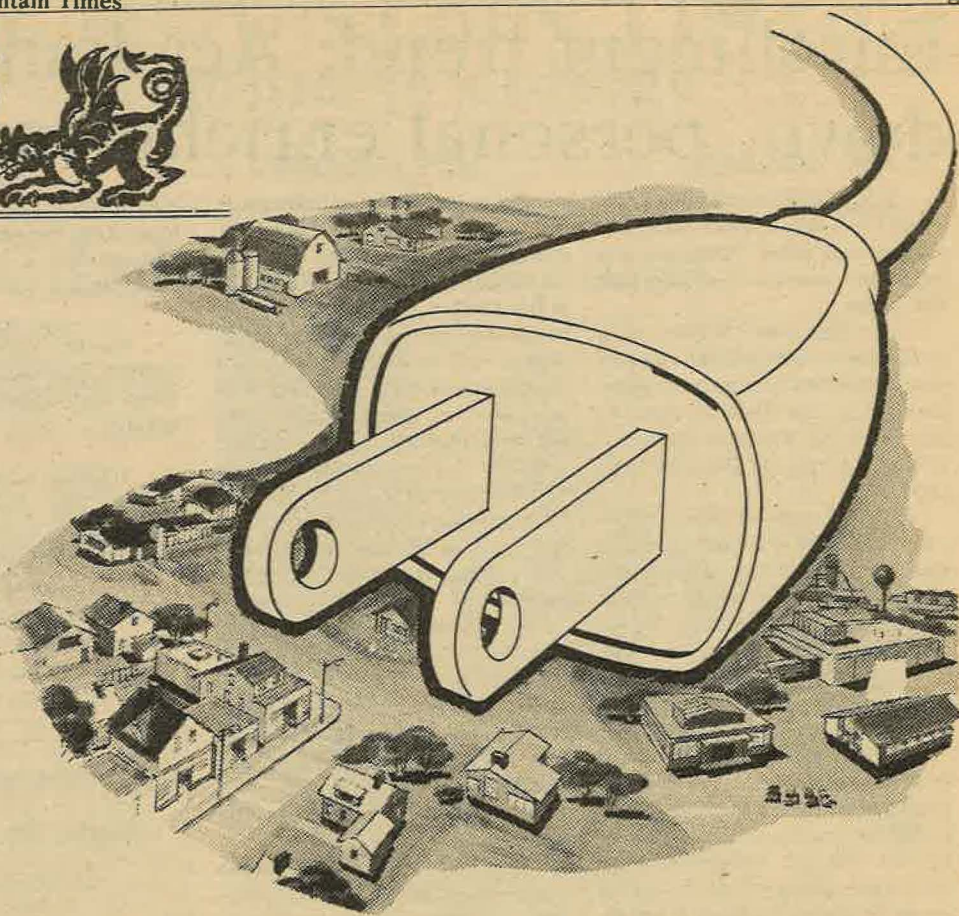
Another example of students selling themselves short is the clean-up campaign just concluded. The plan was to use volunteers to pick up trash alongside the roads of Tuolumne county. The motives behind the plan may have been good ones, but what was the point in using students as mere rag-pickers? Isn't there some better use to which their free time might be put?

We should not for a moment forget that there are others already employed at the task which they undertook, although too few, and that there are others whose responsibility it is to ensure that the task is done--the county, state and federal agencies which we, the people, have entrusted with the job.

If these agencies are not fulfilling their responsibilities, then it is up to us to make them do it. If we want the roads clean, we should make our wishes known to them. After all, we may clean them up once, but no one will stop littering because we have.

This is an area in which a student organization might have some influence with government bodies. If they were successful, it might mean more part-time jobs for students.

Nor is this the only political activity in which our environmentally oriented students could engage. I merely suggest off the top of my head that they could work for the passage of a county ordinance outlawing the sale of beverages in non-returnable containers, and other, similar legislation, which would do far more to clean up our



San Francisco's contribution to Tuolumne county

roads than merely picking up the trash once it has been disposed of unlawfully and shaking our fingers at those authorities who allow them to do so with impunity.

I noticed, by the time the second meeting of the food-buying club came around, its membership had been reduced to about a third of its original number. I feel certain their next move will be away from the campus, so that the small clique that is interested in buying vegetable-organic-bulk-whole-natural foods from Michael Smith and the Co-op warehouse will be able to pursue its limited goals without interference from the rest of us.

We can always bring our own lunches and complain about the food in the cafeteria.

So you see, it is far enough along in the year to know what's going to happen this year in student government: Somewhere between nothing much and nothing at all.

Discrimination = equality?

by Michael Harami

When the U.S. Supreme Court rules in favor of Allan Bakke -- and indeed they will -- there will, as a result, be more furor and controversy than there is now. It is and will be the result of not viewing affirmative action programs as they should be viewed.

What quota systems represent, especially in the case of university admissions, is not a helping hand, but rather a slap in the face of minority students. They are and continue to be the result of the belief that these students NEED lower standards -- that they aren't intelligent enough to meet the normal qualifications. Do you believe that?

The term "reverse" as a prefix to discrimination simply acts as a mollyfier. The 13th, 14th and 15th amendments, the civil rights campaigns and the subsequent Civil Rights Act were all aimed at one goal: equality. Discrimination from any standpoint cannot, and will not, help attain that goal.

Letters

Editor:

In your last issue (Oct. 12), you featured a story about Bob Hamilton's trip to Red China. The article was informing, but unfortunately it ended up to be nothing but a misleading glossover.

Hamilton spared no words in praising the "happy" people and the "high morale", but he uttered nary a word when it came to the human rights situation. According to Amnesty International, as many as 2 million people are currently imprisoned for political dissent in China. These prisons have all the accommodations one wouldn't ask for -- torture, tiger cages and starvation.

If you consult your handy copy of the Guinness Book of World Records, you will see that the Mao regime holds the honor of being the bloodiest reign in history. Guinness places the number of Chinese people executed at 33 million, while other estimates go a lot higher -- some to 60 million.

So I ask Mr. Hamilton if he would proudly point to a poster featuring Adolph Hitler?

Markland Richards



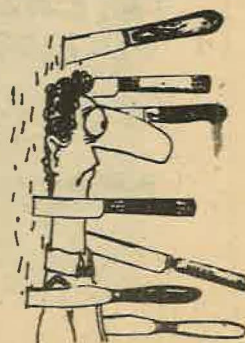
Mountain
Times
Staff

Michael Harami Editor
Michael Harrison Creative Page
Dick Treadway Art
David Ward Photographer

Reporters

Paul Peterson
Bonnie Reid
Dann Johannes
Joe David
Michael Harrison
Dennis Jarvie
Nancy Rechenmacher
Tami Graff
Michael Harami
Alberta Hopkins
David Ward
Kim Cotter
Lenore Ralston
Allan Masri
Chris Sterling

WHIPFLASH



Enrollment trend: Academics down, personal enrichment up

Columbia Junior College students have taken fewer academic classes and more "personal enrichment" courses over the past five years.

The trend was shown in a preliminary educational master plan presented to Yosemite Community College District trustees last week at the board's semi-annual meeting on the Columbia campus.

The 67-page working document included a history of facilities and programs at the college, future trends and needs in each major curricular area and enrollment figures in 31 subject areas by quarter over a five-year period from fall, 1972, through spring, 1977.

Dean of Instruction Dale Bratten pointed out the figures show enrollment has declined in hard core academic areas such as history, English, political science and anthropology and is up in areas including business, physical education, fire science, music and drama.

Enrollment down

Among the courses where a decrease is shown, the average decline per quarter is 11.2 students in history, 10.5 students in English, 5.6 in earth science, 4.3 in biology, 4 in political science, 3.2 in sociology, 2.7 in mathematics, 2.4 in physics, 2.4 in anthropology, 1.8 in speech and 1.3 in journalism.

In areas where enrollment is up, the average increase per quarter is 45.6 students in physical education, 27.1 in business, 10 in fire science, 9.8 in music, 8.6 in hospitality management, 8.2 in drama, 6.7 in art, 4.9 in heavy equipment, 4.4 in health occupations, 4.4 in foreign languages, 4.2 in psychology, 3.3 in work experience, 1.3 in economics, 1.2 in health education, 1.1 in natural resources and technology, .5 in forestry and forestry technology, .3 in chemistry and .2 in philosophy.

Statewide trend

Walter Leineke, area chairman for Liberal Arts and Sciences, said declines in academic areas such as English—particularly literature—and history are being experienced on the community college level across the state.

Over the 15 quarter survey period, English had a fall, 1972,

Avoid Disappointment

Book your holiday music in advance

Reasonable rates

Julian Wolfsohn
532-6000

enrollment of 419 students, topped out the next quarter at 452 and reached a low point of 234 students last spring.

History exhibited a similar pattern beginning with 309 students and dipping to 123 during spring.

Students enrolled in business classes rose from 439 to 894 during last winter quarter and dropped to 646 during spring.

Physical education started at 593 and reached 1,126 during both winter and spring quarters earlier this year.

Fall Merchandise Now in Stock

Cheap Jeans
Lee's
Faded Glory
Angels Flight

Big Supply of
Flannel Shirts

VARSITY SHOP

The Little Store with the
Big Selection
SONORA PLAZA



Proud mother Spot hovers over her 11 newly hatched baby ducklings. Spot laid 14 eggs before the opening of fall quarter and sat on her nest, in a bucket, for five weeks before the babes began hatching last week. Other ducks in the college flock seemed quite excited by the arrival. The humans were intrigued, too.

Poor Scholar Books

"The Monkey Wrench Gang"
by Edward Abbey -- \$1.95

"The Brave Cowboy"
by Edward Abbey -- \$3.95

"Your Erroneous
Zones" -- \$2.25

77 N. Washington St., Sonoma
532-6242



RESTAURANT

7:00AM TO 10:00 PM

LIQUOR STORE • DELICATESSEN

10:00AM TO 12:00 PM



11:00 AM TO 2:00 AM

SEVEN FOOT COLOR TELEVISION
FOR SPORTS EVENTS and MOVIES
MONDAY NITE FOOTBALL

THE FINEST SELECTION of WINES
AND LIQUORS ON THE MOUNTAIN

HAPPY HOUR MONDAY THRU FRIDAY
4:00 - 6:00 pm

INCREDIBLE DELI SANDWICHES
- TO GO

AMAZING ENTERTAINMENT
DANCING and BOOGIE WOOGIE
FRIDAY and SATURDAY NITES
OCT. 28 & 29 - MESSIAH

FRIDAY, OCT. 28 - HALLOWEEN BREAKERS BALL

NOV. 4 & 5 GRAND JUNCTION

OPEN DAILY • ENTERTAINMENT WEEKLY
IN EBBETTS PASS • CALAVARAS CO.
HWY 4 • ARNOLD CA.