



Joel Barber assists Michelle Miller in a studio art class.

Photo by David Ward

Joel Barber returns from sabbatical

by M.L. Harrison

While students at CJC were studying for their various classes last year, Joel Barber, CJC's art history instructor, was doing some studying himself.

Barber is originally from the Salem, Oregon area where curiously enough he attended high school with CJC's other art instructor, Dale Bunse. Barber was educated at Willamette University where he received a B.A. He later returned to school and received a M.A. in art history from the University of Oregon.

Barber started teaching for the Yosemite College District in 1967 as a temporary replacement for someone who was on sabbatical leave. While he was teaching at Modesto Junior College, he was also teaching extension courses for MJC at Sonora High School. During this time the idea of Columbia Junior College was being developed and soon afterwards it bloomed into the present day college. Since Barber had been teaching in the area and for the district it was logical that he would be one of the instructors for the new college. As a result Barber was among the original instructors at CJC.

As a result of his long and continuous service to the college, Barber became eligible for sabbatical leave two years ago.

The sabbatical leave is an American college tradition with its' main objective being to update and improve the instructor in his or her field. According to the tradition the instructor works for six continuous years and then has the seventh as a time for self-improvement. In obtaining the sabbatical leave the instructor must present his or hers program for self improvement to the Board of Trustees for approval.

When Barber became eligible for sabbatical leave, he outlined a program to visit Europe and to see at first hand the great works of art that he had been describing in his art history classes. After three tries, his program was accepted and a sabbatical leave of absence was granted.

With the leave granted and the project outlined, Barber and his wife Willia left for Europe in mid-July of 1976. After arriving in Paris, they purchased a three

month Eur-Rail pass, by which to visit the northern countries in the good weather of summer.

From Paris they went to Copenhagen and Arhus where they visited displays of ancient Viking and Danish towns. From Copenhagen they traveled to Nor-

Continued on page 2



The new life science building fits into the natural environment on the north side of San Diego reservoir.

Photo by David Ward

Expanded ski swap set for Oct. 29

The annual Columbia Junior College Ski and Sport Swap is set for Saturday, October 29 at the Sonora Fairgrounds. New this year is the inclusion of sports equipment of all types to be swapped.

75¢ is all it costs to get in the door which will be open from 9:00 a.m. to 3:00 p.m. Some excellent door prizes are to be given away, such as an adult season pass and a child season pass to Dodge Ridge. You need not be present to win and you may buy as many tickets as you want. Tickets are available from most CJC team members (basketball, cross country, etc.) Proceeds are to benefit CJC athletic teams.

Sports equipment for such activities as diving, riding, golf, tennis, bowling, surfing, water-skiing, climbing, backpacking, kayaking and skiing should be brought to the Sonora Fairgrounds on Friday, October 28, between 5:00 and 8:00. No guns or ammo please. A ten percent handling charge will be taken from the selling price of the equipment if sold. Please bring only that which can reasonably be expected to sell. Direct any questions you may have to Charlie Penwill in the P.E. Department. So come on out to the fairgrounds on Saturday, Oct. 29 and take a look and a chance at one of the door prizes.

Passports work after all

New York...About 24 members of Indian tribes forming the Cayuga (Iroquois) Nation in up-state New York, returning from a Geneva conference on American Indian problems, were delayed from entering the United States on Sept. 17 because they presented passports they had issued themselves.

But Daniel Bomberry told reporters that the group was finally allowed to enter New York because the state dept. had advised customs not to give the Indians trouble.

THE MOUNTAIN TIMES

columbia jr college

Oct. 12, 1977

Columbia, Ca.

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New building nears completion

by Michael Harami

The educational facilities at CJC will be greatly boosted with the completion of the new life sciences building. The decagon structure is expected to be ready for use by next month.

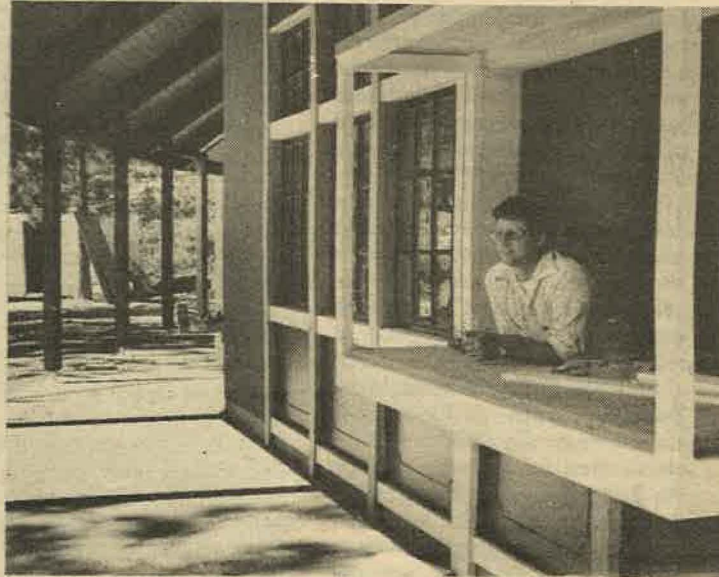
The building will accompany many science classes, including anatomy, biology, botany, physiology and zoology courses.

The new facility features various laboratories and lecture and seminar rooms which center around a "central service core." In this course, the instructors will be able to supervise activities in the surrounding labs. This also places emphasis on individual instruction.

When the life sciences courses are transferred to the new building, the present science building will be used to greatly expand the physics program.

The new facility is being constructed by Henry Beuvig & Son

of Ripon, and is adjacent to the present science building.



Blaine Rogers, biology instructor, daydreams about when the new building is completed.

College reps to visit Monday

The second annual California College and University Day program will get under way on Monday, October 17, in the CJC Rotunda from 9 a.m. to 2 p.m.

The program is designed to provide prospective transfer students and other interested persons with accurate, up-to-date information and guidance about the educational opportunities available at participating four year colleges and universities.

Interested students from Sonora, Summerville, and Bret Harte High schools will also attend the program.

Columbia Junior College will also have a booth set up in the Rotunda for the benefit of the high school students and other interested persons.

Colleges to be represented: California state colleges and university campuses at Bakersfield, Chico, Fresno, Hayward, Humboldt, Sacramento, San Francisco, San Jose, San Luis Obispo, Sonoma and Stanislaus.

University of California campuses at Berkeley, Davis and San Francisco Medical Center.

Independent colleges and universities--College of Arts and Crafts in San Francisco, Fresno Pacific, Golden State, San Francisco, Point Loma in San Diego, Saint Mary's in Moraga, San Francisco Art Institute, Simpson in San Francisco, U.S. International University in San Francisco, University of Pacific in Stockton and University of South California in Los Angeles.

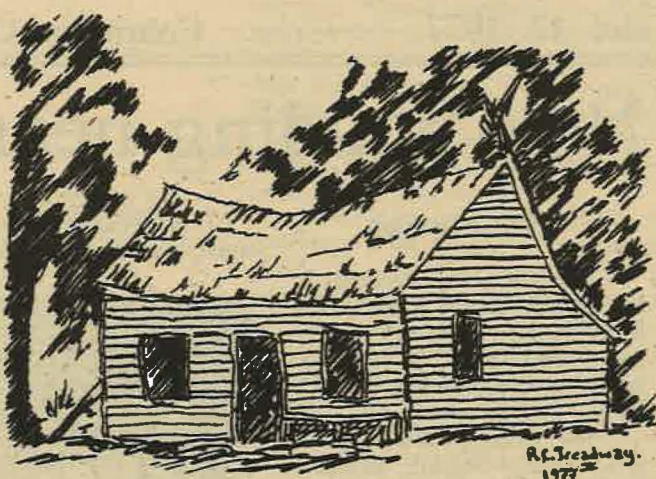
Mark Twain cabin: controversy

Tuttletown--The controversy still rages over the fate of the Mark Twain Cabin on Jackass Hill. Many of the property owners and residents of the area would like the structure removed, citing noise and vandalism as byproducts. The county authorities, however, seem content to let it stay where it is. They point out that the cabin, once moved to Columbia or some other suitable location, would no longer be authentic. In this they are probably right, for, as an early photo reveals, the present structure bears little resemblance to the original.

The sketch at right is a faithful reproduction of that photo, while the one below it is the present reconstruction. The photo was taken by C. Gladstone Bird around 1904, and is believed to be the only snapshot ever taken of the Gillis Cabin, in which Mark Twain is reputed to have spent some time in the 1860's. The reconstructed version was built by W. J. Loring in 1922 under the direction of Bill Gillis, who had once lived in the cabin, but whose memory was evidently not the best foundation upon which to build an historic replica.

The authenticity of the photograph was verified in 1908 by a letter from Albert Bigelow Paine, Mark Twain's biographer, who claimed that the author recognized the place of his one-time residence.

One tantalizing, yet little discussed possibility remains that Mark Twain himself never set foot in the place. For that we have only the word of Jim Gillis and of course the humorist himself--both of whom were yarn-spinners of the first order. It probably tickled Twain a good deal to see such a fuss made over a shack he was supposed to have stayed in, and he sure wouldn't have taken the trouble to deny such a good joke. On the other hand we have Jim Gillis, of whom Twain once wrote, "I, and perhaps not another person in the world knew Jim Gillis for what he was, namely; a man with a fine, and I may say,



Sketch of the original Gillis cabin on Jackass Hill, drawn from a

Authenticity questioned

even wonderful imagination, and that he was also a born humorist of the first order."

Mark Twain mentioned Tuolumne County only once in his collected published works, in the second volume of *Roughing It*. He simply states that he lived in a cabin with a friend of his and goes on to describe the locale so vaguely that the description could have applied to fifty places within the confines of the county. Nowhere does he himself mention the name of the place, to which he devotes altogether a page and a half.

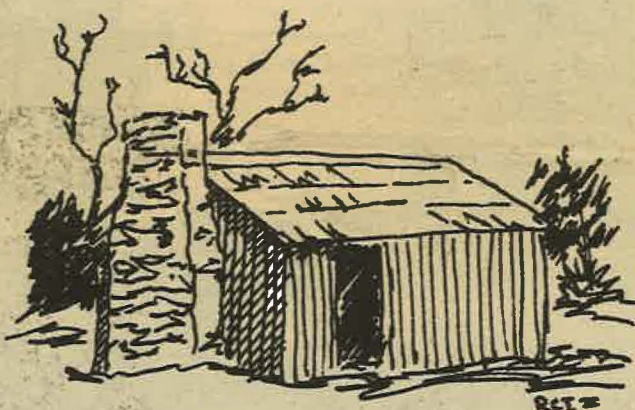
As to the length of time that Mark Twain lived in the cabin, we have his word that he returned to San Francisco from his expedition to the foothills after three months. All of that could not have been spent in the tiny cabin on Jackass Hill, however, since he spent some time prospecting around Angels Camp and also visited the big trees (presumably Calaveras) and the Yosemite valley, excursions which made no little demands on a traveler's time in 1864.

The fact of minimal tenancy could explain why Twain erred in his identification of the cabin fifty years after he had lived in it for a short while.

photograph in the Oakland Tribune (5/13/48).

As to Twain's having written much, if anything, during his brief sojourn, there is also room for doubt. The shortness of the time and the other activities which engaged him lead one to question whether he did any more than make rough sketches and take notes for future reference.

It is hard to imagine Twain, who is said to have disliked the actual process of writing, taking time out after a hard day of prospecting in order to struggle with split infinitives and dangling modifiers--an occupation which takes up far more time than is generally assumed.



Of this replica, Bird is quoted as saying, "I even doubt if it is in the

same location on the hill."

Trustees meet

The Fall meeting of the board of Trustees for the Yosemite Community College District will be held on the CJC campus on Tuesday, October 18. The trustees meet once each quarter at CJC to discuss priorities for the district.

The public is invited to attend the meeting which will be held at 7:30 p.m. in room 500-501.



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Joel Barber returns from sabbatical

Continued from page 1

way and Sweden stopping in Oslo and Stockholm which has twenty-seven art museums. From Sweden they went into Germany and took a Rhine River tour and saw some of the remaining ancient castles of Germany.

From northern Europe, they travelled south into Spain and visited Barcelona with its famous art nouveau buildings. They also visited Madrid, an international metropolitan city and Toledo, an ancient walled Spanish town. From the central region of Spain they travelled to Seville, a true Spanish city with Moorish elements and Granada with its Moorish palace and real gypsies which Barber got "taken" by.

They saw some of Morocco and Portugal before returning north to Munich for the Oktoberfest. From Munich, they travelled to Vienna where they saw the Vienna State Opera for 60 cents. From Vienna, they continued south into Italy seeing Naples and the ruins of Pompeii. They toured northern Italy extensively before settling in Rome for forty days. While in Rome, they lived in a pension and attended midnight Christmas Mass in the Vatican.

From Rome, they travelled east into Greece, visiting Athens and the island of Crete. While in Greece they went on a guided tour, where they met a girl from

Twain Harte, proving that even while on sabbatical it's still a small world. From Greece they returned to Venice, their favorite European city and eventually went to France.

While in France they visited ruins left over from the 15th century. They toured the Brittany area and stayed near Mont. St. Michel. After their visit on the coast they went to Paris which is a must stop for any art student. While in Paris, Barber visited the famous Louvre seeing many great pieces of art work. From France, they crossed the English Channel into Great Britain.

While in Great Britain they visited London as well as Scotland and Wales where the Gaelic language is still spoken as the common tongue. They also saw Ireland with its hidden Abbeys and ancient ruins. Finally they returned to London and eventually Tuolumne county.

In all the leave lasted 336 days with the average stay in any one place set at five days. Barber estimated that he and his wife travelled 20,000 miles, visited 150 cities and towns, stayed in 77 hotels and pensions and took 3600 slides. Quite an amazing feat on a 25 dollar a day budget.

Now that the dust has settled after so much travel, Barber has turned his attention to his many slides, which he'll use in his art history classes and to relaying the invaluable information about art and its history to the students of CJC.

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Almanac

Today is Wednesday, the fourth day of the week -- that is, if you count Sunday as the first day. However, many count Monday as the first day, using as logic the fact that Sunday is part of the weekend. Therefore, Wednesday is the third day of the week. Then again, there are some people who refute the entire number system, claiming that the man who invented it was a filthy drunk who bred diseased flies in his spare

time. Oh well, whatever.

5 years ago on this day, it grew increasingly lighter after sunrise.

10 years ago on this day, it grew increasingly darker after sundown.

25 years ago on this day, I was not yet conceived, this typewriter wasn't even designed and this piece of paper was probably part of an old rotten log -- so why go on any further!

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Women drop league opener to Porterville

by Michael Harami

The Columbia Junior College women's volleyball team dropped their first league match to Porterville last week by the score of 2-15, 6-15, 15-11 and 15-6.

Despite the score, however, the Claimjumpers had their bright moments. After dropping the first two games, the women found themselves trailing in the third. Sparked by some magnificent hitting by Cyndee Mitchell the Claimjumpers reeled off eight straight points and went on to win. Unfortunately, the pace couldn't be kept up as Porterville took the fourth game to win the match.

Coach Karrie Shreve, guiding the team for the first year, was pleased with their performance, pointing out that they talked and covered the court well.

Ann Taylor led the scoring for the Claimjumpers with 11, while Mitchell added 8. Porterville was led by Kathy Patton with 17 and Rosemary Rodriguez with 15. Also scoring for CJC were Carol Carter with 4; Sue Crawford, Rhonda Wilson and Bonnie Newman had 2 each and Sue Winter added 1.

The Claimjumpers face Antelope Valley College tonight in the Columbia Armory at 6 p.m. Come on out and cheer them on.



Columbia is represented on the volleyball court by (front, from left) Bonnie Newman, Emma Alexander, Sue Crawford and Sue Winer; (back) Kerrie Shreve, coach; Ronda Wilson, Ann Taylor, Cyndee Mitchell and Carol Carter.



Crystal and Johnny Wheeland are among the teams in the co-ed division of the superteams competition.

Cross country team shapes up

by M.L. Harrison

For the last few weeks a small body of dedicated individuals have been running along the wooded paths around the CJC campus in an attempt to strengthen themselves for the upcoming cross country schedule. This year's schedule includes 8 meets, 2 of which will be on the CJC campus including the Central Conference championship on November 4.

This year's team members are Vic Pantaleoni, Tom Heyman, Richard Kittle, all members of last year's team. New members are Phil McKay, Dan Ward, Barbara Stephens, Eric Callabresi, Mark Hale, George Belyea, Virginia Vandewater, Janie Diepenbrock, Jodie Ibison, Jerry Teets, Michael Crevelt and Michael Harrison.

The harriers will be competing in four mile races with the fastest times for the men being around twenty-one or twenty-two minutes and with the fastest women's time around twenty-six minutes.



Intramural basketball players tune-up for superteams play.



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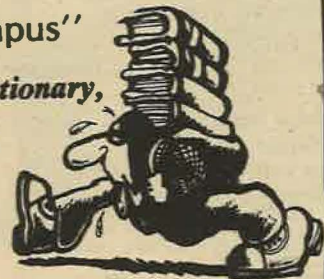
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Magic Love

You,
You sailed into my soul
Softly.
On shimmering moonlit wings,
Touched.
My heart through sunlit smiles,
Glowing,
Silently in my mind,
So kind, so kind.

Our love is magic love
Blessed from heaven above
Oh, it's magic love
Magic love, magic love.

You
Your growing memories
Quietly across my time.
Lighting
The oceans of my mind
Waves of love flowing with the tide
So fine, so fine

You
Your whispering through the valleys in my mind
Like an eagle on high
Gentle
As the softest sigh
Cooling whirlwind of your love
So right, so right.

By Keith W. Sikora

The Tragedy of Boink

Boink boink boink boink
Bleep bleep bleep bleep
Boink bleep boink bleep
Glib glib glib glib
Glib bleep glib bleep
Boink boink boink...bonk!

Artoo Detoo

Love Me Tomorrow

Time goes on...
People crossing bridges
to see the other side
When the time comes
for crossing mine
Will you still love me tomorrow

Like a burning candle
Life can't last forever
But with the flame of love
We can live our life together

Life goes on...
People keep changing
With the seasons
Never knowing the reason
As life changes me
to seasons anew
Will you still love me tomorrow

Love goes on...
People share feelings
of love with a smile
To build a life on dreams
If you share mine
And make it worthwhile
Will you still love me tomorrow

Time goes on...
People breaking chains
To grow in new directions
As today moves away
To live in past reflections
Will you still love me tomorrow

By Keith W. Sikora

Piece from a love letter

...when I said I was "falling in love," remember it is my pleasure, not your problem. And, it isn't my problem if it is not perverted. It is only a problem when it is one sided. I look at it this way. I get the pleasure of it when I have the occasion to enjoy you. If it is healthy and not distorted, then it is flexible and capable of not placing pain or expectations to the time apart for anything more — if it is healthy, it is not demanding. Also remember, love has many sides, shapes and levels of endurance. It is ephemeral at best. And it is never the same for any two people nor for two people is it ever the same everyday-always new, born, dying, a roar or a trickle. It is a focusing point for undefined desire, concern and respect. It also says to the other person: "let me reassure you, despite the impossibility of you and I living together now, for whatever reason, I still like you a lot (love you) because you make me feel good overall, despite some sad moments." Finally, permit me the liberty of not excluding pure animal attraction. It doesn't get used up that quickly, sometimes never. It is a bottomless pool of ambrosia, and this drive wants to talk of love.

So please, don't let what I said weigh you down. Feel good. It is a giving, not a taking. It is a rejoicing, not a remonstrance...

Once a Friend

Thank the dawning
for bringing you
Thank the sun
for shining through,
Through the darkness
turned to gold
a warm smile
That was so cold.

Once a friend
Now a lover
Once the end
Now begins another...
New dream
Another new dream...

Thank the moon
Reflects the love you show
Thank the stars
Shining through the shadows,
Through the shadows
Dreams unwind...
Crystal clear words
Say good love's hard to find.

By Keith W. Sikora

And Fungus Too!

By Poindexter

And Fungus, Too!
As I was going to CJC,
I saw a man up in a tree.
I wondered what his problem could be
And I asked him would he please tell me
What he was doing up there in the tree.
He said, "Economics is a bore,
Philosophy makes my head sore;
Reading books might make me go blind,
And doing problems bends my mind--
No one's ever called me pretty
(Although I like to think I'm witty)
And so I seldom get any pity
From persons whose sex is a suitable kind!
But studying birds and plants and such
Is something I like very much;
Nature study is my specialty,
So whenever anyone asks of me
What I'm doing up in this tree,
I answer them, why can't you see?
I'm gathering bugs for CJC."

Musical Happenings

In a desperate effort to make this column a mainstay, we invite all shared knowledge. If you know of an upcoming musical event, give us the word — performers, date, time and place. Just put information in "in-copy" box in Mountain Times office (keep in mind the date of the next issue and whether or not it will be in time). This includes any musical event — local or elsewhere, big or small, jazz, rock, classical or whatever.

| | | |
|---------|-------------------------------|--------------------------|
| Oct. 14 | Doobie Brothers, Pablo Cruise | Winterland, 8 p.m. |
| Oct. 22 | Crosby, Stills & Nash | Oakland Coliseum, 8 p.m. |
| Oct. 28 | Hall & Oates, Network | Winterland, 8 p.m. |
| Oct. 29 | Santana, guests | Winterland, 8 p.m. |
| Nov. 5 | J. Geils Band, guests | Winterland, 8 p.m. |
| Dec. 19 | Rod Stewart | Cow Palace, 8 p.m. |

Recital

by Lenore Ralston

A recital, sponsored by the music program and community services, will be given by CJC music instructor Don Andrews and Lewis Woodward of Modesto.

Andrews, who is new on the faculty staff, has taught at UC Santa Cruz, and has sung in concerts and operas in France.

Woodward has performed extensively in Austria and Germany and has taught in various colleges in Texas.

Music to be performed will include solos and duets with two works by Purcell. Solos to be performed by Andrews will be songs for tenor and oboe, by Vaughan Williams.

Solos performed by Woodward will be German lieder and contemporary American ballads. The duets will be works of Puccini, Verdi and Purcell.

Woodward's wife Shirley, who will be accompanying the singers on piano was a Fulbright scholar in Vienna, and Susan Snook, of Saratoga, will be accompanying on the oboe.

The recital will be free, in the Rotunda, on Sunday, October 16 at 2 p.m.

Yes
Going for the One

No shortcomings here. Yes, reunited with Rick Wakeman, continues to be one of the most stunning and respected bands of the 70's. Steve Howe's guitars, Wakeman's keyboards and Jon Anderson's lyrics and vocals — backed up with excellence by Chris Squire and Alan White — deliver the cerebral intensity that will move your mind and heart.

Scholarship winners

It's that time of year again, when talented music students try out for the Music Scholarships that are given each quarter.

This quarter, 11 students auditioned for them and since only three can be given out, the choosing was made difficult.

The three winners are Kary Aytes, banjo; Glenn Crowe, classical guitar; and Barbara Stephens, flute.

All three will receive \$50, given by the Columbia Junior College Foundation to be used for private instruction during this quarter.

Every year, the funds for the scholarships are taken from the proceeds of musical events that have gone on here at the college during the previous year.

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Dance performance this Friday

The Footloose Dance Company will perform at Columbia Junior College on Friday, Oct. 14, at 8 p.m. in the Forum.

The program is sponsored by the college Community Services Office, and admission is free. The

European ski tour set

This year, for the seventh time, the University of Nevada at Reno will offer its Christmas European Ski Tour from Dec. 19 to Jan. 4.

Two semester units of lower, upper and graduate division credit in physical education are offered through the university.

The program unites skiers and snow bunnies from throughout the West on a 17-day study-travel-party-and-sightsee holiday in two superb European resorts.

This year, participants may choose from one week each at the jet-setters favorite, Kitzbuehel, Austria (Alps) and Canazei, Italy (Dolomites), or one week each in Davos, Switzerland and St. Anton, Austria (both in Alps).

The programs include round-trip airfare to Munich, Germany, with two days of sightseeing, all transfers, accommodations, breakfasts and dinners daily, Christmas and New Year's parties, ski transportation, and lectures at a price of \$848.

Romantics may take an optional two-day trip to Vienna to waltz at the New Year's Eve Grand Ball at the Hofburg Palace, with sightseeing and a special performance of the Spanish Riding School.

Enrollment in the university course is optional. The program is open to everyone, and annually hosts a large contingency of skiing enthusiasts wishing to take advantage of a low cost skiing holiday in the European Alps.

Tour applications may be obtained from the American Student Travel Association (ASTra), 10929 Weyburn, Los Angeles, Cal. 90024 (telephone 213-478-2511); or from Dr. Arthur Bron-ten, Physical Education Department, University of Nevada, Reno, Nv. 89507.

dance group also will put on a master class the following day at 10 a.m. in room 900.

Footloose is an eight-member modern dance company based in the San Francisco Bay Area. The founder and artistic director is Irine Nadel.

For several years the company has been performing in repertory as well as creating new works.

The dancers' emphasis is to communicate with the audience in a personable way.

The group embodies three areas of the performing arts: pure dance created in the vocabulary of traditional modern dance techniques; theater pieces that include elements of mime and char-

acter development; and improvisation, the spontaneous use of movement-sound vocabulary with special emphasis on personal expression.

The company has received grants from the National Endowment for the Arts, the California Arts Commission, the San Francisco Foundation, the Zellerbach Family Fund and the Berkeley Civic Art Commission.

Nadel was first trained in ballet as a child in Turkey and London. She studied at the Juilliard School, graduating with a modern dance emphasis. She is a former member of the faculty in the modern dance department of the University of California, Berkeley.

Singers perform weekly

Since this is the beginning of a new school year, it's also the beginning of this quarter's musical activities. One of these is the Friday Afternoon Club.

The club consists of a group of singers who will be performing for different reasons during this quarter.

Myrna Councilman, Mary McKay, Jill Harris, Jean Hunt, Bob Pettit and Paul Scheuble will make up the group for this quarter.

Their first performance will be in Twain Harte, where they will be singing popular selections for a women's club meeting on October 13.

Iranian student begins second year at CJC

This is the first in a series of interviews with international students attending Columbia Junior College. The stories are presented to help students become acquainted with the visitors.

This quarter students from Japan, Saudi Arabia, Iran, Mexico and Greece are enrolled. Requirements that foreign students must meet to come to the United States will be included in a later issue.

Fereidoun Sharif, a 20-year-old international student from Iran, is beginning his second year at CJC.

Fred, as he is known by his friends, says Columbia is beautiful, that he likes living here and that it reminds him of parts of his home land. He is from Tehran, a city of four million people.

Fred learned about Columbia through the brother of a friend who had applied to attend school here.

He likes, traveling, music, collecting stamps and coins and photography. He has seen much of California but has not ventured to any of the neighboring states.

In comparing the educational systems of Iran and the United States, Fred said in Iran high school work is much harder but

work at the university level is about the same.

Fred plans to continue his education at San Jose State University where he will study computer science.



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In rotunda

Stained glass on exhibit

"Fire on the Mountain's" stained glassmen, Richard Burleigh, Steve Blair and Tom Hall, will present an exhibit of their art on October 10 - November 1 in the CJC rotunda.

The exhibit includes "a Fantasy Series" of Greek mythology composed of Merlin the Magician, The Unicorn, Dale Bunse's Dragon and Neptune. These glass works are four by five feet in size. There will be a display of two Audibon Series windows from the 1827 "Audibon Birds of America" collection and also two traditional window types. A display of "How tiffany lampshades are made" will be presented, with several lamp shades on exhibit. Sonora's finest etcher, Jane Smith, will provide several of her pieces which consist of sandblast etching on clear and antique flash glass. A few of the articles will be for sale, but most are primarily for "show and tell."

The process from start to finish when making a stain glass window takes approximately

three weeks. First, the pattern is drawn and the colors and types of glass are chosen. Second, the pieces are cut and fitted into the pattern. Each piece is inserted and leaded at the seams one at a time. The lead joints are then soldered to secure the pieces. Finally, when the entire window or glass work is complete, a glaze is applied to strengthen the work. Agates and other precious stones are used along with etchings, beveling and slab glass for special effects.

Although Fire On the Mountain's specialty is stain glass windows, they also restore old windows, resilver mirrors and hand paint glass. All work done is original. The Sonora area contains several windows which can be seen. Station 108 displays arcade windows and the Old West Series is at the Ox Box beauty salon. Other works done by the glassmen are at Eproson House, National Hotel and the Partners Plus One Restaurant.

Wild and Edible

by Peggy Carkeet

Yerba Santa (Eriodictyon californicum)

Yerba santa, or "herb of the saints," can be found growing throughout the Mother Lode at its lower elevations (1,000 to 3,000 feet) on dry, rocky slopes.

This "holy" herb grows as tall as seven feet, has long, dark green, peach-like leaves; small violet flowers in May, and is usually found with only a few main stalks per plant.

Yerba santa is used for making a strong medicinal tea supposedly good for relieving symptoms of the common cold such as sore throat and congestion.

Like several wild tea plants,



this plant can give headaches as well as cure them; the first-time yerba santa drinker would do well to brew a very mild cup to see how it agrees with his/her body before brewing up a strong batch. Use one or two leaves per cup of boiling water and steep a few minutes.

In Tuolumne County, yerba santa is known as "wild peach." One oldtimer I met from Columbia said, "Why, when we were kids, we didn't need any of that marijuana stuff; we smoked wild peach and it did the trick."

However, my students report more headaches than highs produced from smoking the plant.

The author teaches a Natural Resources course, Wild Edible Plants, at CJC.

Campus recycle center

There are many recycleable items that are needlessly thrown away and unfortunately many are strewn through the beautiful forests and highways.

Columbia Junior College now offers an alternative to this problem — a recycle center. The center is run by Karen Woolsey with assistance from the Natural Resources Instructor, Ross Carkeet. It is located at the right end of the top parking lot. The center is open on Monday, Tuesday and Thursday from 3 p.m. to 5 p.m. and on Wednesday from 12 p.m. to 2 p.m.

The center accepts: Tin cans, which have been washed out and labels removed, aluminum cans, food trays, foil, glass bottles and jars, which have been rinsed out with neck rings removed and newspapers bundled up. Magazines can not be accepted. All cans should be flattened before delivery.

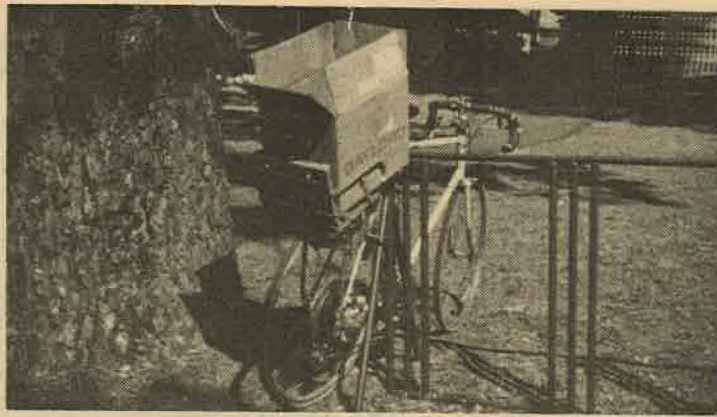
Please bring your recycleables and not your garbage.

If there is no one at the center leave your recycleables in the designated barrels, or in a neat pile in the shed. If you would like to donate a little of your time towards the conservation of our resources, please contact Ross Carkeet in the Resources Building, or Karen in the recycle center. Your help would be greatly appreciated.

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Bicycle remains valuable form of transportation

It is not commonly understood (see the Mountain Times, Sept. 16) but there is a seventh way to attend classes at the college. For those who tire of being passed by car after car with one oblivious driver behind the wheel, there is another way. If you live off the bus route, yet cannot afford a car, you may still get to the campus on your own—with the help of a bicycle.

Bicycles, it turns out, are the most efficient means of transporting a single individual yet devised by the ingenuity of man. Bicycles do not consume any fossil fuel at all. Instead, the motive force—you—consumes only renewable animal and vegetable energy. In fact, one of the pleasant aspects of bicycle riding is that you can eat whatever you like, confident in your body's ability to convert your food into kinetic energy—within reason, of course.

It is true that bicycles have some limitations. Primarily, you must allow twice as much time to travel by cycle as by car. This means that some commutes are impossible, or at least impracticable. Yet even in the hilly terrain of Tuolumne County, a fairly practiced cyclist could expect to twelve miles in an hour without difficulty. Thus, even if you live in Twain Harte, a one-way commute is a possibility. That is, if you can get a friend to bring you to school, you can enjoy a pleasant ride home in the evening.

Bicycling is not without its hazards. Foremost among these is the automobile. Many people, otherwise inclined to ride their bikes, are deterred by the danger which reckless drivers present to the defenseless cyclist. However, these dangers should not be overestimated.

When you get your bicycle into the shop, all comparison with the automobile ceases. Practically any repair can be made for less than ten dollars, while minor adjustments—the equivalent of automotive tune-ups — can be made by the user for pennies. The whole bicycle can be replaced for the cost of a new clutch or a new door.

It's when you pass by the gas station that you really notice the savings, however. A bicycle requires no gasoline, no oil changes, no brake fluid, no oil filters, no gas filters, etc., etc. Also no low interest loans or liability insurance.

But if there were no other reason to use your bicycle instead of letting it gather dust in your garage (where your car should be instead), the benefit to your health should be reason enough. Cycling provides excellent exercise for your heart, lungs, respiratory and circulation systems. By the way, if your smoking habit is fortified by the time you must spend behind the wheel without another outlet for your nervous energy, remember that it is difficult—though not impossible—to smoke while pedaling your bicycle, and there is no incentive to do so.

Do not think that you are too old to ride a bicycle, either. Pedaling is especially good exercise for those who have cardiovascular difficulties, even those who have already suffered heart attacks. For such persons, circulation in the extremities (especially the legs) can be a great problem, but one easily surmounted by pedaling a few miles daily.

It should be remembered that many accidents can be more easily avoided by the cyclist, who is more maneuverable than his massive companions on the roadway. The rear-end collision, one of the commonest mishaps among autos, seldom afflicts cyclists, who are not required to remain stationary at the end of a traffic jam, but instead continue unimpeded by the side of the road.

Furthermore, although bicycles are less noticeable than cars, flashy colors on bikes, clothing, and backpacks can largely overcome this handicap.

Dogs likewise present difficulties for the cyclist. Some dogs, neglected by their owners, chase bicycles merely to obtain the exercise they need. In such cases, a bicycle pump, carried within easy reach, can be effective in warding off all but the most persistent canines.

That bicycle pump, by the way should be a part of every cyclist's basic equipment. One of the virtues of bicycles is that repairs can be made quickly and easily even by those who have little mechanical aptitude. An adjustable crescent wrench, a patching kit and a pump will carry the commuter through nearly every mishap. It should also be remembered that expensive towing apparatus is not required to retrieve a bicycle which has broken down completely: The ordinary bicycle, with its front wheel removed, can be carried easily in the trunk of a car.

Of course, you should not try to go too far too fast. Any exercise can be painful, perhaps even harmful, if it is overdone.

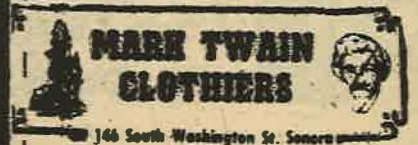
Finally, do not keep your vehicle in moth balls while waiting for the county to install bike paths. Until there are enough of us on the road to constitute a real political force, the officials will pay no attention to us. But in the meantime, happy cycling, keep to the right and wear white at night!



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Chinese people are so confident and proud they are doing things for themselves.

Hamilton was born in China in 1925 and lived there until he was 16. During his 36-year absence, the country was closed to American visitors after the revolution in 1949 until 1972. Since then only 10,000 Americans have visited China out of 700,000 who have applied.

Hamilton was one of 24 people who made the trip under sponsorship of the US-China People's Friendship Association. The group included people from many professions who ranged in age from 25 to 70.

The contrasts between the China he left in 1941 and China today are great, Hamilton said. There have been tremendous changes in agriculture, industry and health care.

"China's agricultural resources have been tremendously improved by the socialist approach to agriculture. For the first time in history China is able to feed its entire population of 800 million, and export surplus to India. It is quite an accomplishment," Hamilton said.

Each county is organized as a collective farm or rural commune. Industry was recently introduced into rural areas, with factories in both cities and the countryside, allowing factory workers to live on the farms. "It looks like this arrangement will continue to make China a very healthy place to live and work," Hamilton said.

only located in the large cities and only the wealthy could afford to use them. Now every commune has at least one hospital and every village has a clinic staffed by paramedics, called barefoot doctors, who handle simple medical procedures and refer more difficult cases to doctors in regional hospitals.

A high point of the visit for Hamilton was the opportunity to observe three major surgical operations using acupuncture as the only anesthetic. Although acupuncture is an ancient Chinese medical practice, Hamilton said its use as an anesthetic was not discovered until 1958. Now acupuncture is used as the only anesthetic in about half of the surgical operations performed.

Acupuncture anesthetic allows the patient to be conscious during the operation and assist the surgeons with monitoring his condition. The patient's head is screened off visually from the surgery, and nurses keep him comfortable, sometimes feeding him fruit, until surgery is completed.

Another observation was the lack of crime in China. Peer pressure keeps the people from breaking the law. "Crime does not pay," Hamilton said. The people are mainly involved in public welfare centered around the local community rather than private welfare. Even for the large Chinese population, China has only about 10 per cent the police force of the United States.

the Chinese people. Hamilton said he brushed up on his Mandarin before the trip and was able to speak directly with the people.

He said the people have a very self-reliant attitude and all seem to be happy, well fed and well clothed. Moral is high because "the people feel they are working to help themselves through team work," he said.

The trip also included visits to sites of historical interest near Peking such as the Great Wall, the Forbidden City, the Ming Tombs and the Summer Palace. Hamilton visited historical museums and other remnants of the Chinese empire that were impressive because of the luxury and expense "and exploitation used to generate that wealth."

The closest Hamilton came to his birthplace of Hsueh in Northern Kiangsu province was 32,000 ft. above it on a flight from Peking to Canton. The trip also included visits to Shanghai and two cities in Manchuria, now part of China.

Hundreds of photographs taken by Hamilton will be incorporated into his fall Asian history class which began Tuesday, Sept. 20 and his winter quarter Chinese history class.

In his spring comparative governments class, he will use China as a case study. He plans to prepare a program available for presentation to community groups.

which opens Saturday, Oct. 22 in San Francisco with the performance of jazz pianist Don Shirley.

The Distinguished Artists Series is sponsored by Today's Artists, a non-profit concert organization.

All events are scheduled on Saturdays at 7:30 p.m. at the Masonic Auditorium in San Francisco.

Other concerts this season: Nov. 26---Cruz Luna, Spanish flamenco dance company. Dec. 10---Jane White, cabaret singer. Jan. 14---Francis Bebey, African guitarist. Feb. 4---Grace Melzia Bumbry, opera diva. Feb. 25---Jean Philippe Collard,

American Spirituals of the Passion" with soloists Mattiwilda Dobbs, soprano; Hilda Harris, mezzo-soprano; William Brown, tenor; and William Warfield, bass-baritone.

Student season subscriptions are available for a special student price of \$19.50 for four concerts or \$32.50 for seven concerts.

Interested students should send a check or money order with verification of student status to Today's Artists, Inc., P.O. Box 465, Berkeley, Ca 94701.

A brochure and detailed information are available by calling (415) 527-3622.



Drivers on Highway 4 near Concord may have the feeling they are being watched.
Photo by David Ward

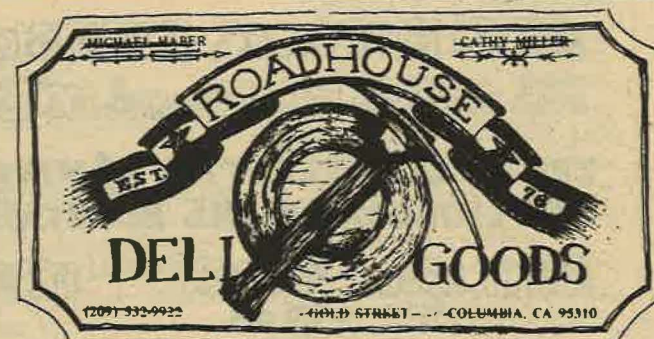
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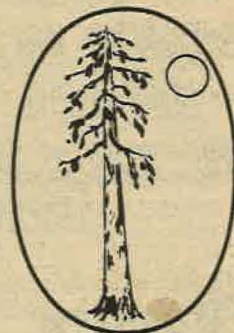
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Bob Hamilton points out posters he collected while visiting China this past summer.



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INSIDER'S OUTLOOK

By Poindexter and Sweet Marie.

For those who like their dancing fancy-free, but missed KFAT's harvest dance over to the Grange Hall, the last of the late, great hippy balls, where me and Sweet Marie were doin' our mean boogie to the beat of What On Earth and Bob Brozman (That man can scat!)...You can go see the Footloose Dance Company over at the forum hole (What kind of a name is that? What are we anyway, Romans on Friday night...It's a group from Frisco, but their leader studied in Turkey, London and Juillard...I guess she must do Beatle Belly Ballet...You'll have two chances this week to watch our fabulous volleyball team in action...Maybe they'll even win one for us this year...

If you're tired of watching reruns of Star Wars, you can go check out Butch Cassidy and the Sundance Kid...Only I can't tell you what room they're going to be in because the chief high mucky-mucks from Modesto J.C. (And isn't that a name which bespeaks religious fervor?) are coming for their once-a-year bored meeting at the branch office in the boonies...Which means they'll be telling us how sorry they are you can't get that class you wanted to have and had to take the one everyone else was taking (only everyone else really wanted to take something else too, get it?)...The reason, of course, is that the district doesn't have any money, only the state of California---which gives the district their money --- has 500 million dollars burning a hole in its pocket...So, after you've had the raindrops keep dropping on your head for awhile, you can go over to the Forum (say, what is this, bread and circuses? Oh well, so long as they don't feed the Christians to the Lions...Come to think of it, that wouldn't be such a bad idea...close parenthesis, as they say in the journalism biz) and watch the big-time cats cry crocodile tears...

By the way, speaking of ducks (and we were speaking of ducks, weren't we?) Beulah Duck has been sitting on her eggs for about that long now, so we haven't got long to wait for another rash of ducklings to hit the world...or is it rush?...Language is so confusing these days...H.P. Duck (remember him) is rumored to be the father,

although ducks don't keep careful records of such things...after all, ducks can fly, but can flies duck?...He can be seen these days walking back and forth in front of the nest, looking proud...and a bit worried...After all, wouldn't you, if you were about to be the father of fourteen little ones? How would you pay for their college education?...I mean schooling, since, as Eddie Albert tells us daily, education is free--it's the schooling that costs money...But, back to H.P., he's come up with a scam to make some bread on the side: For a crust of it, he'll watch your kid for half an hour...Only make sure you give the crust to the kid, not the duck...after all, she may be only a duck mother, but he's another buck ducker...

Meanwhile, back at the coffee urn, I overheard one secty ask another, "What'd you have to do to get that big Caddy the boss gave you?" To which the other, a real charmer, replied, "Nothing." "Well," gushed her friend, "you must do it awfully well..."

Short stuff...If you missed Don Andrews at the Bach Festival, you can watch him Monday at two in the rotunda...He's a classy tenor, and Marie and ol' Pointy really go for Italian opera...I don't know if he sings it, but that's what we go for...Coming soon, Leland Davis Lives!...Check out the Mark Twain Cabin if you get a chance...The Insider hears they may be shutting it down soon...Seems the joke has worn a little thin after fifty years...Our lingo man says a rotunda is right between a fat "A" and short "U"...

Word has it another food-buyer's club is starting up, so who did they get to advise it? You guessed it, Mike Smith, the guy they broke up the last one on account of...Wise up, guys...

Many people have asked us where the Insider gets his dope (no, not the kind you smoke!) The truth is, me and Sweet Marie make it all up...Every sentence in this article is a lie!...Except the last one...Nuff said.

Alternative energy takes its course

Alternative energy seems to be a major area of interest these days. The school systems have been picking up on this, and ours is no exception.

Alternative Energy Sources is the course offered here, and it is making available to students the practical application of wind, water, solar and methane sources of energy as a means of self-sufficiency. The cause and effect relationships of the energy Crises--also are being studied.

Course instructor Ross Carkeet, himself, has constructed a solar water heater, wind-electric system and a hydraulic ram water pump; all in use at his home.

Students in the class, themselves, will be working on energy projects, with Mr. Carkeet there for guidance.

The course includes two field trips; one to his home and the other to the solar house of Ken Kessel in East Sonora to see the systems in action.

Butch Cassidy

"Butch Cassidy and the Sundance Kid" will be shown Tuesday, Oct. 18 at 7 p.m. in room 620.

The 1969 best film of the year is part parody, part tragedy, part western, part anti-western, part fiction and part fact. Paul Newman and Robert Redford play the two amiable bank robbers caught out of their element when the old West closes at the turn of the century. Katherine Ross also is featured in this classic.

Ingmar Bergman's classic, "The Seventh Seal," will be shown Tuesday, October 25 at 7:00 p.m. in room 620. Admission is free.

In the 1956 film directed by Bergman, a knight returns home from the Crusades and plays a game of chess with Death while the Plague ravages medieval Europe. It is an allegory on man's search for the meaning of life.

The film was the International Jury Prize winner at the Cannes Film Festival in 1956 and 1957. Dialogue is in Swedish with English subtitles.

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