

# COLUMBIA JUNIOR COLLEGE MOUNTAIN TIMES

Nov. 10, 1976

Columbia, California

Vol. VIII, No. 5

## Which way will the river run?

by Allan Masri

Now that the New Melones Dam has been given the green light, the fight to save the lower reaches of the Stanislaus has been lost. Perhaps it was a good thing. After all, the County of Tuolumne does need more water in order to fully develop the arid farmlands in the southwest corner of the state.

But the Stanislaus is not the only river in the County which has been considered for inclusion in the Wild and Scenic Rivers Act. The Tuolumne itself now has drawn the attention of the Federal Bureaucrats--and other concerned people.

It should come as no surprise that the Board of Supervisors has firmly opposed the preservation of the River in its present state. Their motivation may be a little obscure, however. They contend that the development of the Tuolumne is vital for the future of the County; but surely they cannot mean that the water is needed by our farmers and ranchers. After all, the Melones Reservoir is supposed to handle all future water needs up to the year 2020, or so the Army Corps

of Engineers inform us.

To find out more about the Tuolumne River, I had a talk with Mr. Martin MacDonnell. I should point out that Mr. MacDonnell is far from impartial, as he makes his living as a guide for white water river trips, so if this article has any bias, it is his.

The most important reason for opposition to the preservation of the Tuolumne is that it would bring more Federal interference in County affairs, according to Mr. MacDonnell. However, the Feds have specifically exempted several sites from the proposed park area. These sites are the very ones which may be used by the County for future water supplies. If there has been Federal interference to day, it has been benign.

The second reason for keeping the status of the river the way it is today is a monetary one, and considerably more complex than the first. The fact is that the County does not own any of the rights which may be developed soon. But, the owners may decide to cut the County in on the profits after they have completed their project.

Who are these owners? Anyone who has befriended the County's interests in the past? Hardly. Currently, the cities of Modesto, Turlock and San Francisco own the water that flows in the Tuolumne river.

These three have joined together to finance an enormous project which proposes three major diversions of the water from the main fork of the River and two hydro-electric power plants with a total capacity of 200,000 Kilowatts. This they hope to accomplish for the sum of 473 million dollars.

Their purpose in this endeavor is an avowedly financial one: They hope to sell the electricity and make a profit.

So much for the reasons which have been put forward for the exception of the Tuolumne from the Wild and Scenic Rivers Act of 1968.

The reasons for its inclusion are the following:

The proposed project would effectively flood out and dry up the Tuolumne River between Hetch Hetchy Reservoir and La

(continued on page 3)

## Ski swap rates success

by M.L. Harrison

This last Saturday was the CJC Ski Swap and the first reports indicate that the sales went well.

The public response was quite good with most of the equipment being sold. The exact amount of cash taken in is still not known but from all indications it should be quite substantial.

The organizers felt the efficiency of the ski swap was very good and would like to thank all faculty and ski team members for their time and their effort.

Ski team coach, Charlie Penwill would like to give a special thanks to Bob Carhart and Carol Wivell from the Manzanita Bookstore for the handling of the cash registers and the receipts.

Also a special thanks to Sharon Jones for her devoted and continuous effort to organize and sell ski swap tickets. Coach Penwill also wishes to express a special thanks to Jack Ross for his overall effort to organize and direct the ski swap.

The general feeling, on the part of the organizers, was that the ski swap was highly successful. The success of the ski swap will greatly help to pay for lodging and meals for the ski team members when they travel.

sary), in good health with no symptoms of a cold, sore throat, infection or active allergy. If you have had hepatitis, tuberculosis or heart disease, you may not be a donor. If you have had major surgery, a transfusion or a pregnancy during the last six months, you may not be a donor. Plus the donor must weight at least 110 pounds.

If you plan to donate blood, it is okay to eat before donating but do not eat fatty foods or drink alcoholic beverages. Drink plenty of fluids before and after your donation. Also avoid the use of aspirin.

If you would care to participate, please complete this form and return to Ruth Hagstrom, the college nurse.

## Blood donors needed

The Delta Blood Bank will come to our campus on Monday, November 15, between the hours of 10:15 a.m. and 2:15 p.m.

We need the support of the total staff and members of the student body in order to meet the commitment of sixty pints of blood. The blood you give will insure any blood needed by you or members of your family for one year at no cost. This does not include family members over 19 years of age not living at home, but does include members up to 23 years of age still in an accredited school. An annual blood contribution by you will keep the plan in effect continuously.

The requirements to be a donor are quite simple. You must be between 17 and 65 (if 17 written parental consent is neces-

(Tear off and return to Ruth Hagstrom before Monday, November 15.

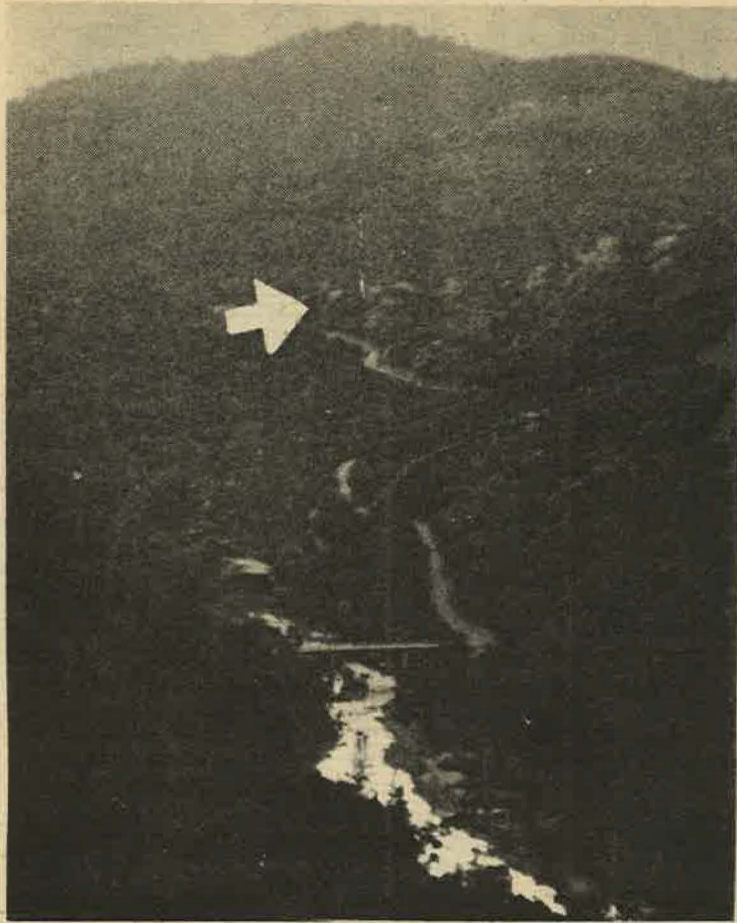
I, \_\_\_\_\_

will participate in the CJC BLOOD BANK on Monday, November 15.

Schedule me during the following hours: (Please check the most convenient time.)

- ☐ 10:15 to 12:00 noon  
☐ 12:45 p.m. to 2:15 p.m.

If any other member of your family or a friend would like to participate, make arrangements with Ruth Hagstrom.



The Stanislaus River canyon looking west from Parrots Ferry. Arrow denotes eventual water level. See page 5.

## Scholarship information

### Application For Transfer

Students, you may obtain applications for transfer for Fall 1977 to either State College and Universities or the University of California campuses. These applications are available in Barbara Painter's office.

You have till the end of this month of November 30th and are to be sent to the college or university of first choice.

All campuses of the University of California will begin accepting for consideration all undergraduate admission applications for the fall quarter 1977 as of November 1st. After November campuses will continue to accept applications until enrollment quotas are filled.

Applications and \$20.00 application fee must be submitted with forms and a personal essay (which should be written on a separate sheet of paper), payment payable to The Regents of the University of California.

Students should apply to only one campus of the University even if they are applicants to the Educational Opportunity Program or other special programs.

The packet contains financial aid and undergraduate scholarships along with explanatory information. Financial aid deadlines are noted in each packet.

### State Scholarship Application

#### Cal Grant A:

For students of low and middle income families with financial need and academic ability.

Generally, at private or public four-year or private two-year colleges in California. Is held in reserve at public community colleges.

Selection based on grades and the Scholastic Aptitude Test scores. Available to high school seniors, college freshmen, sophomores, and juniors. All applicants must submit scores from the Scholastic Aptitude Test (SAT) and the financial aid form (FAF).

### Occupational Education and Training Grant

#### Cal Grant C:

Provides tuition and funds for training costs. For students from low and middle income families who are vocationally oriented. Generally at accredited private post secondary schools and public community colleges in California in courses of four months to two years.

Selection based primarily on vocational interest and aptitude. Not available to students pursuing a normal four-year college program leading to a B.S. or B.A. degree.

All applicants must submit the Financial Aid Form (FAF). SAT not required for OETG.

### IMPORTANT DEADLINE DATES

If you apply for: State Scholarship; mail the application by Dec. 4, 1976; and 77-78 FAF by: Dec. 4, 1976 and complete SAT by: Dec. 4, 1976.

If you apply for: College Opportunity Grant; mail the application by: Dec. 4, 1976; mail 77-78 FAF by: Dec. 4, 1976; SAT not required.

If you apply for: Occupational Education and Training Grant; mail the application by Feb. 25, 1977, 77-78 FAF by Feb. 25, 1977; SAT not required.

Here are a few of the courses offered at C.J.C.

Bookkeeping/accounting, Clerical/Receptionist, Firefighter, Forestry Aide, Nurse (LVN), Secretary.





## LETTERS

The "MOUNTAIN TIMES" welcomes letters from students and members of the community. Bring them to newsroom or to a member of the "MOUNTAIN TIMES" staff.

**If the Patriots were alive today, they'd be raising all kinds of Hell!**



### People energy

Have you ever been in a group of folks and felt everybody's heart beat? In the middle of an intense conversation about prejudices maybe. It gets to the point where you can't take it anymore and you burst forth with fists clenched and shout You F\*\*\*\*\* Idiots! Black, red, white or blue, we're all human beings, damn it, wake up! If you've ever done such a thing, you've felt it—people energy!

### American Ice Cream



by Marlene Lloyd

It is really important to question and test the properties of the foods we eat, many compounds are added to foods unnecessarily, for the cosmetic value to the producer alone, the continued consumer rejection of these types of food additives is an important part of improving our diet.

Many additives are used to prolong the life of food, which makes possible the nourishing of many more people and the decrease of human deaths caused by food poisoning.

Life is a chemical process. People eat to live. People eat what they need, but in reality they choose what they like. Health will be maintained therefore only if people like what they need, so some compounds are added to food to improve flavor, aroma, color and texture; spices are an example.

It is just as foolish to reach premature conclusions about the safety of naturally occurring compounds (because they are 'natural') as it is to reach similarly unproved assumptions about the harmfulness of artificial compounds (because they are 'unnatural').

Potatoes may contain up to 90 parts per million of the chemical compound Solanine, of which 400 ppm has been shown to be poisonous; onions have been shown to contain a substance capable of inducing anaemia; broad beans and horseradish are potentially toxic; there is a component of cabbage and other vegetables which tends to induce goiters and the high concentration of oxalic acid in the leaves and stems of rhubarb makes them liable to condemnation. These are only a few of the 'natural' foods which, moderately used, can constitute an excellent diet, yet, could be banned or taken off the market as unsafe for human consumption.

An examination of the additives listed in the 'Ice Cream' article shows that all of the compounds are naturally occurring components of the volatile oils or fruits. The only exception to this is Diethyl glucol, which is non-existent.

The fact that an element or compound can be combined with other elements or compounds to

### Death penalty rebuttal

by Michael Harami

On Nov. 3 Clinton Duffy, former warden of San Quentin prison, spoke at Sonoma High as part of the CJC community services program.

Duffy, an outspoken opponent of the death penalty, spoke to a group of about 50 people. His talk lasted approximately 90 minutes.

Duffy states that his opposition to the death penalty is based on one thing: "It is wrong to kill." He stated that murder is a grotesque crime, but "Is it right for the government to turn around and kill again?"

Other points he brought up were that it is not administered equally. "Someone name me one wealthy person who has ever been executed." What he didn't point out was how many wealthy people have been convicted of murder in the first degree?

The main point he dwelled on, was that the death penalty is "cruel and unusual punishment." He described at length the "grossities" of executions. "When someone is hanged, a hood is placed over his head so no one can see the ugly distortions on his face as he dies."

produce various products has been common knowledge for some time. Water mixed with dirt makes mud, at the same time water mixed with dry leaves produces tea. The water is the same in both products and the step from dried leaves to dirt is a short one, still the end products do not have the same appeal. The hypothesis of 'uses' in the 'ice-cream' article is invalid.

Here is something to consider when you eat that next dish of ice cream. Check the label, next to water the most abundant ingredient is sugar. Sugar is one of three food products which are readily digested in their consumed form, the other two are honey and alcohol. This means that sugar goes more quickly into

Yes, Mr. Duffy told us how gross executions were, but when I asked him if he had ever seen a murder victim who looked beautiful, he simply turned away.

Duffy denied that the death penalty is a deterrent to murder. He compared the state of Illinois with Michigan, stating that Illinois has the death penalty and Michigan doesn't, and the murder rate in Illinois is higher. What he doesn't mention is the fact that Illinois is a predominately urban state, while Michigan, for the most part, is a rural area.

He didn't mention the fact that Spain, which has public executions, has the lowest murder rate in the world.

Duffy's talk was typical of the inconsistency that death penalty opponents are noted for. He cited religion, but he didn't mention Exodus 24:12, which states: "He who smiteth a man so that he dies, shall be surely put to death."

Clinton Duffy's verbal smog was certainly no community service.

the blood stream, with little intermediate digestive processing. This raises the blood sugar to an unnatural high, causing insulin to be released into the blood stream to metabolize the sugar, but this high sugar level is metabolized very quickly and the insulin over-kills and leaving the blood sugar level below normal. Many doctors and scientists believe this contributes to diabetes, hypoglycemia and obesity. Read "Keeping Young and Living Longer" by Josef P. Hrachovec, MD, DSC, for more detailed analysis of this problem.

It is vitally important to our survival that we all learn more about the food we eat. Don't take anyone's word for the truth, know your sources, realize their prejudices, read both sides of arguments, take classes in nutrition and use the resources available at your library to help you make improvements in your diet.



**BLOW UP NEW MELONES—  
—FLUSH OAK DALE!!**



"Goodbye, God, I'm going to Bodie." photo by Michael Harrison

# BODIE'S GHOST

by M. L. Harrison

There was a time, not too long ago, when towns seemed to grow up faster than the time it took the sun to rise and set. These examples of man's determination and changing nature are found spotted throughout the west. The quickness with which men built these towns is equal only to the quickness with which they left these towns. It seems that as a new town was created, a new ghost town was created also. Bodie State Historical Park is such a town.

East of the Sierra Nevada mountains and across the desolate, rolling, sagebrush hills of the "east side" is the town of Bodie. At first it appears to be still thriving with its mines located high on the nearby buttes. But with a closer look, the presence of broken windows, fallen smokestacks and dust on the antique furniture proves that Bodie is inhabited only by memories. Only the ghost's of man's monuments know the voices of the past. Bodie is silent and still, but it was not always like that.

After gold was discovered in 1859 by Waterman S. Body, the town of Bodie (named after Body, but spelled Bodie by an illiterate sign maker) rose to prominence as miners' and fortune seekers rushed to strike their claim. By 1879, Bodie boasted a population of ten thousand people. This was quite a large town in the still unsettled far west.

Bodie not only boasted its gold and population, but also its wickedness, badmen and terrible climate. Its 65 saloons offered the hard working miner the pleasures of drink, cards and women for hire. Killings occurred quite regularly; street fights, robberies and

stage holdups added variety to this scene of violence. And what peace the sober miners offered Bodie was quickly claimed by the high gusty winds and frigid snows. The cry "Goodbye, God, I'm going to Bodie," was said only in part jest.

The existence of Bodie rested totally upon the gold hidden in its surrounding buttes. When the gold went, so did the population. To add to the decline of Bodie were several devastating fires; the last was in 1932 which burned down 70% of the existing town. The fire of 1932 was the final blow to Bodie, and its population of a few die hards soon left.

When it became known that local ranchers and distant antique seekers were carrying off the remains of Bodie during the 1950's, the State Park System stepped in and purchased Bodie. It has been a State Park since 1962.

As one walks through the streets where loud voices, fast moving men and violent killings are now quieted, the feeling of

the old west comes seeping in. The stillness and quiet seems to echo the essence of the past somewhat better than a lavishly written history of the period.

Bodie, now still and in a state of "arrested decay," sits motionless in its desolate, rolling hills. Though it is now quiet, it seems to be whispering through the constantly howling winds.

And now my comrades are all gone.

None remains to toast!  
They have left me here in my misery.

Like some poor wandering ghost.



## WALTER'S

CAMERA & SOUND

134 S. Washington — Sonora 532-3847



A wide selection of reasonably priced 35mm cameras

Film and darkroom supplies

Discount on Photo-class supplies

Other stores in Modesto, Merced and Turlock



## COLE MUSIC



Tuolumne County's complete music store

BUY SELL TRADE

30% Off - CARLOS Steel String Guitar Sale

Model 207 - \$85.00 reg., \$59.50 sale

Model 240 - \$100 reg., \$59.50 sale

63 S. Washington

Sonora 532-5928

## Which way will the river run?

(continued from page 1).

Grange. This would mean, of course, that there would be no more white water rafting there, but this is of importance only to the relative few who take such excursions and those who guide them. More important to the County of Tuolumne would be the resultant loss of an important wildlife habitat in the river canyon.

In addition, if the river's water is exploited, in place of federal interference, there would be further control of the county's resources by the three cities mentioned above. While the federal government is often remote, how responsive are these cities likely to be in the County's needs? What guarantees do they offer in writing that the County will receive some benefit for the use of its river?

Others are affected indirectly. There are some San Franciscans, for example, who fear that the electricity generated by the

project will be used for an expansion of the S.F. Airport. This, in turn, will continue the metamorphosis of the City into Manhattan West.

The status of the river at the present time is uncertain. The Forest Service has just about concluded its four-year study into the problem. The County Board of Supervisors and Water District #2 are trying to influence the Feds in one direction, while conservation groups are trying, with less public fanfare, to push them the other.

Whichever way the Feds decide, the struggle will have just begun. Most likely, the issue will end up on the ballot in a statewide referendum.

Martin MacDonnell, who was kind enough to furnish the information in this article, would be glad to answer any questions, you may have about the Tuolumne and its water. He can be reached at P.O. Box 366, Columbia, CA. 95310.

**Yosemite Airlines**

SEE **YOSEMITE** FROM THE AIR

COLUMBIA AIRPORT

SCHEDULED FLIGHTS TO OAKLAND M-W-F

Call 532-1098 for Reservations


**PEPSI**

**Join the Pepsi People**

**feelin' free!**

Pepsi-Cola Bottling Co.  
Merced-Modesto

**CHEMISE LACOSTE**




... the classic sport shirt.

**SONORA MOUNTAINEERING**

171 N. WASHINGTON STREET 532-5621

**RAINTREX**



JEWELLERY BOX  
IMPORTED TOPS

150 1/4 So. Washington

## An interview with Ross Carkeet: What do we do when the well runs dry?

by Allan Masri

Ross Carkeet pulled a switch last year: Ordinarily an instructor at the college, he took a year off to go back to school and study about alternative energy sources back East.

He took classes at Goddard college, a small school in the Green Mountains of Vermont. Then he traveled the entire length of the Eastern Seaboard, visiting energy research sites as he went. In the north, he stopped at the Bay of Fundy, where the Canadians are contemplating harvesting the energy generated by the Bay's spectacular tides.

At Cape Cod, he dropped by the New Alchemy Institute, where all sorts of energy systems are being investigated: wind, solar, water, aquaculture. Researchers there are especially interested in fitting the pieces of the energy puzzle together into integrated systems.

Finally, Ross got in some time studying solar energy on the beaches of Florida and at the University of Florida as well.

### How energy affects you

The problem facing all of us today, Ross says, is that the world is running out of usable fossil fuels. Natural gas will be used up by the year 2000, while supplies of crude oil most likely won't last past 2100--unless, of course, we make a concerted effort to conserve them, which is where alternative energy sources come in.

The two primary available sources of alternative energy--and we are concerned here with renewable resources--are the sun and the wind. The technology in both these areas is developing rapidly, but there are available systems already in use.

The most practical application of solar power lies in heating homes and swimming pools. Carkeet points out how wasteful it is to heat swimming pools with gas or electricity, when pools are ordinarily used only when the sun is warm enough to provide the necessary heat.

But there are other, more practical applications for solar energy. First off, heat from the sun may be collected on the roof of a building and transferred to water tanks with a capacity of 2,000 to 5,000 gallons. This water circulates through pipes and a hot water-hot air heat exchange to warm the interior of the building.

Such a system, Ross suggests, would cost from \$5,000 to \$10,000 to install yourself and perhaps twice as much if you paid someone else to do the job.

The price may seem high, but it is not so great in relation to the cost of an entire new house. Besides, the system could be expected to pay for itself in terms of reduced heating bills within 10 to 15 years.

### Rocks in the Basement

A second system, sometimes as efficient as the first, uses air instead of water to transfer heat. Once again, the heat is collected on the roof. Then, it is transferred into a duct system composed of thousands of 2 to 3"-thick stones which can be buried to insulate them against heat loss. When the heat is needed, a fan blows air through the 30-ton mass of stones and into the living space.

This system might cost \$10,000 to install commercially. Obviously, you should be able to make your own for a lot less, seeing as how the rocks are free.

Carkeet stresses that neither of these systems can provide all of your heating needs. It would be ecologically sound to do so, he says, but the systems would cost three or four times as much, and he wryly points out that, in this country at the present time, ecological considerations are often subservient to economic ones.

### Windmills on mountain tops

While the sun can heat your house of the future, the wind will probably run your vacuum cleaner. Rapid strides have been made in this area as well, to the point that most of your electrical needs can be supplied by a single windmill--provided the wind blows hard enough.

The ingenious Swiss--remember the cuckoo clock?--have actually put an electricity-generating windmill into production.

It's called the Electro, and it's capable of putting out 6,000 watts when the wind is blowing at 25 m.p.h.

The Electro has three, seven-foot rotary blades, and would make an impressive addition to your patio. If the wind in your neighborhood rarely raises the dust, you still may be able to use one if you raise it to a height of 30 feet or more.

On the other hand, if you live on a ridge, you may only have to raise it high enough so it doesn't chop you in two on the way to the outhouse.

The Electro has some drawbacks, however: Together with the necessary storage batteries, it could cost you as much as \$8,000. This price could be lowered to around \$2,000 were you to build a less-efficient model yourself. But you would still be unable to run such energy-gobbling devices as electric dryers and air-conditioning systems with it.

Which brings us around to the inevitable postscript.

### Conservation and regimentation

Despite the advances in alternative energy sources, Carkeet concludes, we are going to face some hard choices in the years ahead. Some of the most egregious energy-wasting devices are going to be eliminated by economic pressures, or at the very least, their use will be severely curtailed. Among these are the electric dryer, electric heating of any kind, and--surprise--the automobile.

People dislike regimentation, Ross points out, and so are reluctant to use car pools and buses. Unfortunately, he says, they may be forced to do so, if only because the alternatives are too costly.

Anyone who is interested in learning more about this vast and provocative subject may enroll in Ross's new course, Alternative Sources of Energy, Natural Resources 105.

The course will be offered Spring quarter in the evening.

## No garbage, please!

by Allan Masri

The CJC recycling center is once again in operation.

This is the fifth straight year students and faculty have been asked to contribute their reusable waste items to the center located in the parking lot. Last year over 10 tons of waste products, which otherwise would have been taking up space in a junk heap, were hauled to 'Nother Lode Recycling center in Jamestown.

Ross Carkeet, who has supervised the program from its inception, invites all students to make use of the facility. There are a few things they should avoid, however. Only clean bottles and cans can be accepted. The bottles--any color will do--should be washed out, and any metal foil should be removed.

Metal cans can be left there, but they must be crushed and the labels should be removed. The cans should also be cleaned.

Carkeet hopes to involve all the students at CJC in this project. He also would like to broaden the scope of the center by adding a shelter this year so that newsprint may be collected.

## Manzanita Bookstore

### ON CAMPUS

Books, Supplies, Gym Clothes,  
Greeting Cards, Class Rings,  
Sundry Items, Exotic Teas  
and Coffees--

ALL FOR YOUR CONVENIENCE  
Open 7:45 a.m.-3 p.m.



## Bank Hours Designed With You In Mind . . .

OFFICE: 10-4 Mon. thru Thurs.  
10-6 Friday

DRIVE UP: 9-5 Mon. thru Thurs.  
9-6 Friday



532-5111



EL CAPITAN  
NATIONAL BANK

172 W. Stockton Rd., Sonora

Member Federal Deposit Insurance Corp.  
Member Federal Reserve Bank  
Accounts insured to \$40,000

Banking Designed With You In Mind

## The White House Gift Shop

IMPORTS — UNUSUAL GIFTS — JEWELRY

Specializing in Bead Stringing Supplies  
and Gifts for the Family

Gloria Lucas  
Ph. (209) 532-1356

260 Mono Way  
Sonora, Ca. 95370

## High Country Works

CALIFORNIA  
ZEPHYR

NOV. 12-13

Deli  
Beer & wine

Mixed  
Wine drinks

In Sugar Pine  
586-5714



One of the finest, footstomping,  
good time Country Music groups  
ever to emerge from the West  
Coast -- Listen to their albums  
and you will be convinced of  
their musical ability.

## Sound visual products

Get your

### STICK IT IN YOUR DASH

bumper sticker & stick it on your bumper!

You may win one of these free give-aways!

DATE	FREE PRIZE	VALUE
Nov. 17	FM Radio Converter audio-vox No. FMC-26	\$39.95
Nov. 24	8-Track Stereo Tape Deck audio-vox No. C-905	\$49.95
Dec. 1	Auto Digital Clock audio-vox No. LED-76	\$39.95

Jerry gives it away  
every Wednesday until Christmas!  
These prizes will be given away to the car of the week  
bearing the Sound Visual Products "Stick-It" sticker.

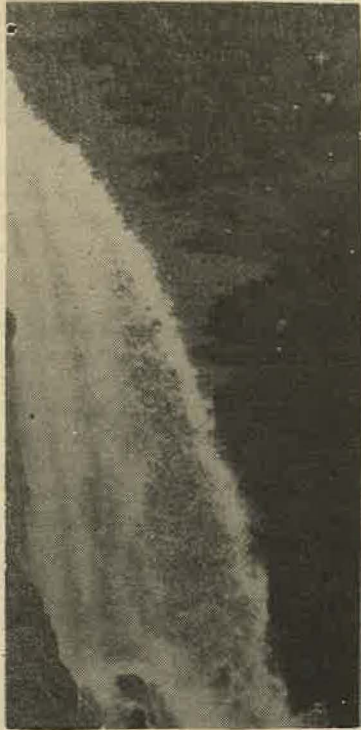
Watch for your license plate number  
in next Wednesday's Daily Union Democrat  
& on flyers posted around campus

"Stick-It" Stickers  
only at Sound Visual Products  
Drive in to Sound Visual Products  
NICE & EASY

We're next to the CHP Headquarters  
5th Avenue at Highway 108, Jamestown

# Goodbye to all this —

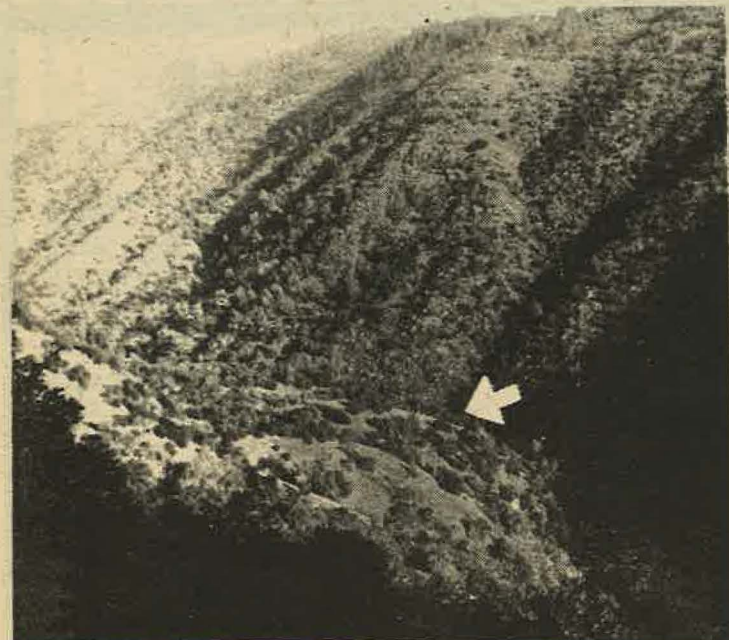
Photographs ★★ Steve Michelsen



The P.G.&E. Table Mountain lines will descend their 2.5 mile trek so close to Peppermint Falls, they will degrade the natural beauty of this site. Anyone who has visited this region in the springtime will swear by the absolute beauty of the rock formations and numerous wildflowers.



Table Mountain: P.G.&E. plans to build two 115 kw power lines on top of this ancient lava flow, the longest flow in North America. In the environmental impact report P.G.&E. totally disregards the population in the Peppermint Creek development and surrounding area by stating that the population is scarce. P.G.&E. also doesn't say that the powerlines will be visible from Calaveras, Tuolumne, and Mariposa counties. Mary Wicox of Rawhide has found over 157 varieties of plantlife here, and has a master's degree in Tabletop Mountain plants, in this region that the P.G.&E. EIR shows as "barren."



The Tuolumne River canyon above Wards Ferry: The City of San Francisco plans to build a 12-mile long reservoir at this site. The arrow denotes location of the dam.

## FAT FREDDY'S CAT in "ANIMAL CAMP"

by SHELTON & SHERIDAN



### LITTER!

People do not litter because they are not educated on the subject. They litter because they are careless.

Signs that say littering is subject to a \$50 fine are everywhere, but little or no attention is paid to them. Conviction with punishment is rare.

In Tuolumne county one might get a fine, but most of the time an individual arrested for littering will pay his or her fine by walking around the streets picking up other trash and litter.

Litter has a direct effect on the public's littering habits. If streets and highways are clean, fairly clean, people tend to keep them that way. If the streets and highways are not clean, people tend to have an attitude of "What difference is one more piece of paper going to make?"

Making people, the public, more litter conscious will perhaps help to turn around this tide of apathy for clean roads and highways in time to help this unfortunate situation.

With all these highway signs posted, why are people still

throwing rubbish along the highway? Well...\$50 or \$500 fines and a rare convictions may not stop the problem. Maybe a fine of \$5,000 and/or five years in prison will do the trick. No? Not everyone would like to help clean up our unclean roads and highways.

Maybe with a bit more care and love in our hearts for this beautiful country of ours and the roads and highways we could help to clean up this mess. Instead of flicking our cigarettes and butts out the windows, put them in the ashtray. And the tin cans and pop bottles could be turned in for a small sum of cash.

Cash is better than trash... Yes?

### Bread making

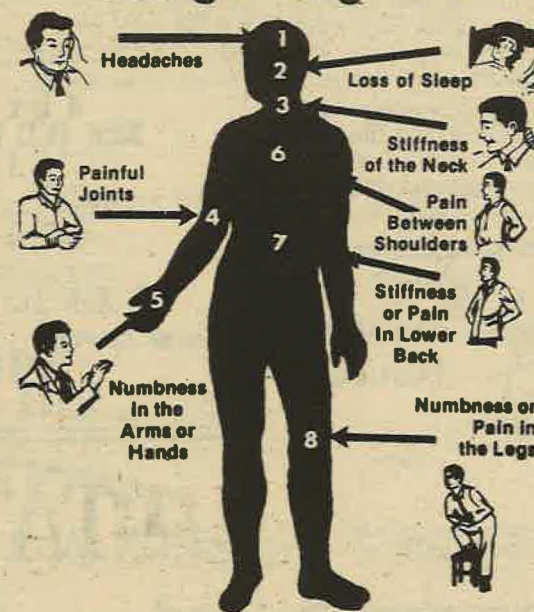
Tips on making holiday breads will be given in a workshop Nov. 16 and 17 at Sonora High school.

Interested persons may enroll for the workshop with the Columbia Junior college community services office (532-3141, extension 244), and a list of supplies required for the workshop will be sent to them.

Enlargement Special thru November

the f:stop  
5x7 - 79¢  
8x10 - \$1.99 (no 110)  
1257 mono way sonora, 532-8465

### The Eight Danger Signals



These critical symptoms are usually the forerunners of more serious conditions. Spinal pressure and tension on nerves rob your body of essential nerve energy. Spinal short circuits in your nervous system may produce serious illnesses by nerve energy slow-down.

Dr. Nerguizian  
Chiropractor

532-1458

For Emergency 532-5966

169 S. Shepherd

Sonora

**DOUGLASS SALOON**

DOUGLASS SALOON  
A First Class Saloon

Main & Fulton, Columbia

**HOT PRETZELS**

...  
**FINEST DRAFT BEERS**  
...  
**HOMEMADE SANDWICHES**



Robert Parent passes a visiting runner from West Hills and goes on to claim fifth place in the three-way meet.

## Runners place 4 in top 5

The Columbia Junior college cross country team tuned up for the Conference Championships, by winning a three-way meet here on Friday, Oct. 29, against West Hills and Merced. The scores were Columbia 26, West Hills 36, and Merced 66.

Ken Danz won the meet in a new course record time of 23:38. He avenged an earlier season loss to John Avila of West Hills, who finished third.

Chuck Lyda finished strongly to come in second. His time was 24:27. Lyda, considered Columbia's second best runner, has in a way run in the shadow of Danz,

but in fact he has had a fine season so far.

John Zunino and Robert Parent, two more fine Claim Jumpers in cross country, finished fourth and fifth respectively.

Other finishers for CJC were Chuck Stanley (16th), Richard Kittle (17th), and John Curd (20th).

Marietta Gilman and Penny Baptista ran one-two for Columbia in the women's competition.

The Conference Championships were on Saturday, Nov. 6. CJC had an excellent chance of doing very well in the big meet. Also coming soon for the Claim Jumpers are the NorCal Finals and the State Meet.

## Superteams compete in semi-finals

As of last Friday the second round of the Superteams competition had not been completed. However, here are some of the standings:

In **horseshoes** the teams of Bill Wilson-Jim Hastings, Curt Taylor-Kim Walker and Jim Kindle-Walt Leineke had reached the semi-finals with one spot still open. Oddsmakers rate this event as a toss-up.

In **basketball** also only three of the four semi-final teams have finished. They are Jim Purdy-Steve Butcher, Greg Johnson-Rick Wolfe, and Steve Edwards-Dan Fitzpatrick. The favorites here must be Johnson-Wolfe at 5-2.

In **volleyball** only two of the four teams had reached the semis. Bob Gibson-Charlie Penwill and Pete Conception-Mitch Leleka will square off in the third round. Pete and Mitch should win going away.

In **tennis**, of the remaining teams three will be on the varsity squad. They are Robert Parent-Ned DePuy, Mike Connerley-Jon Fox and Jeff Eirich-Mike Cranford. The Gibson-Penwill duo also is in tennis. The slight favorites here are Cranford-Eirich.

In **darts** three teams had reached the semis on Friday: Mike Deese-Jeff Roth, Wilson-Hastings and Mitch Heldstab-Clint Neher. If wisdom prevails, two master's degrees should win the event.

In **ping-pong** only two teams have reached the semi-finals. Nick Faklis-Tom Brill and Jeff Eirich-Mike Cranford are waiting for their next opponents. Eirich-Cranford are slight favorites (according to an Intramural Shed source).

## Strong finish for women's volleyball team

The women's volleyball team here at Columbia Junior college finished the regular season by nearly winning its last two matches.

Against Taft College the girls lost by the scores of 15-11 and 15-13. The West Hills match was even closer as the Claim Jumpers lost 7-15, 17-15, and 12-15.

As the season progressed the women began playing well together and became very competitive. This was the goal of Coach Karen Sinclair, and although the team did not win any matches, she was pleased with the team's efforts.

Next year will be the second for our volleyball team, and they will have some experience under playing conditions. We are all looking forward to next year.

## Troika Balalaikas

Russian folk music will be performed by the Troika Balalaikas on Monday, Nov. 15 at 8 p.m. at the Angels Camp theatre.

Sponsored by the Columbia Junior college community services office, the concert is the first scheduled by the college in Calaveras county. The southern part of the county joined the Yosemite Junior college district on July 1.

Admission is free, and members of the community are invited to attend.

The musicians not only play the traditional folk instruments--balalaikas, prima domra and the Russian guitar--but also sing, dance and dress in the folk costumes. Their costumes represent five nationalities of Russia including Ukrainian, Russian, Caucasian, Russian-Chasidic and Gypsy.



Student Paul Kell received four moving violations from the Sonora Police department while doing a handstand on his skateboard on Washington St.

## STEREO 108 ELECTRONIC SERVICE

- Stereos
- Tape Decks
- Auto Tape
- Portable T.V.'s
- Used Stereos bought & sold

2 Technicians to serve you

15% Discount for Sierra Co-op Members

Mono Way Next to Sierra Food Co-op

532-7736

## WE HAVE

Student Prices  
for foreign  
auto parts  
at

Global Motor Imports

New hour:  
Monday - Friday 9:00 - 5:30  
Saturday 10:00 - 4:00



1261 E. Mono Way  
Hwy 108 - 1 Mile East of Sonora  
532-7137

## ALL NEW FALL MERCHANDISE NOW IN STOCK

DOWN JACKETS - WOOL SHIRTS  
FLANNEL SHIRTS - CASUAL PANTS  
HANG TEN SHIRTS - RUGBY'S  
AND ALL ACCESSORIES

## Varsity Shop

Sonora Plaza 532-1610 *away ways*

## STATION 108



3301 Mono Way,

Sonora, Calif. 95370

LIVE MUSIC NIGHTLY  
AND  
WEEKEND FOOTBALL GAMES  
ON OUR GIANT T.V.

532-8108

catering specialists, on your premises or at the Station

## The Hobby House



Hobbies  
Crafts

Sonora Plaza Shopping Center  
Sonora, Ca. 95370  
532-6121

## Mundorf's

Hardware  
Paint  
Housewares  
Sporting Goods

DOWNTOWN SONORA

## 'Three Penny' adapted for farce production

by Lenore Ralston

Now that the quarter is just about over, all of the performances the music and drama departments have been rehearsing will take form and show themselves.

One of these performances will be "The Three Penny Opera," which was written by Bertold Brecht, and will be put on by both the drama and music departments.

Brecht invented the theory of the epic theater, which means that a play must be able to teach something to an audience, without the audience getting emotionally involved in it. That is, that they are able to step back and view the play in an uninvolved way.

To achieve this reaction from the audience, Brecht wrote in the play songs and narrations that do

not fit with the actions going on at the time. These songs break up the play so that the audience will remain separate from it.

Bob Francesconi, drama instructor, says he has taken Brecht's idea and expanded it further, changing it from serious into a farce. Some of the things that will go on during the play will be people who run across the stage singing, or lovers who come out of a room kissing and then go back in.

To be able to do these things, the drama participants watched many Marx Brothers and Chaplin films, and learned to duplicate their acting styles.

### Polly and Macheath

The play takes place in the 1920's and will be performed in that style to give it the aspect of an old time film.

It is about Polly, the daughter of Peachum, who is the king of the beggars, and about Macheath, "Mac the Knife," who Polly loves and marries.

Peachum disapproves of the marriage, and wants Macheath to be hanged. He tries twice and almost succeeds the second time when Macheath, who is standing on the scaffold with the noose around his neck, is saved by the queen's pardon.

The play will be performed on the concept of the cartoon quality of early Marx Brothers films. It will use just about every



comic gag available to stage convention except pie throwing, which may still be used.

The costumes will be very realistic, made in the 1920's period, and will be very colorful. But the set will be a non-realistic, cartoon style, with giant posters, Held's Hellions style, in black and white and as large as 6 by 10 feet, and put up all over the stage. The props will be absurd things, such as rubber snakes and spiders, toy guns and rubber knives that bend.

The play will be performed in the Forum, Dec. 1 through 5.

## Drama tour auditions

Both tours are listed in the winter schedule as Drama 157 and will rehearse from 8 a.m. to noon at the Sonora Youth center, "The Hobbitt" cast on Monday and Wednesday, and the mime group on Tuesday and Thursday.

This is the fourth year the drama department has organized a touring company. After rehearsing for five weeks, the final six weeks of the quarter will be spent putting on performances at elementary schools and for other groups from Sutter Creek to Yosemite, Ms. Stewart said.

She said the tour provides the actors experience with different audiences, work under a variety of circumstances and a variety of roles. It also provides an opportunity to learn how to work with children.

Auditions for two winter quarter drama touring companies will be held Thursday, Nov. 18, at 4 p.m. in the Forum.

Dancers, singers, musicians and actors are needed for a production of J.R.R. Tolkien's "The Hobbitt," a fantasy in the style of "Alice in Wonderland." Ellen Stewart will direct the play which has all kinds of roles for a cast of 25 to 30. Students interested in music composition may also want to assist with composition of a score for the production.

Bob Francesconi will direct a mime troupe which will include masks and evolution from abstract mime to clown.

Needed for both tours are people to perform technical tasks including set building, costume design and lighting.

## Students resurrect jazz band

The CJC Jazz Band will perform this month under the student direction of Sergei Van Der Wiel.

The jazz band, which was originally directed by Doug McCrea and taught last year as a class, did not have sufficient enrollment this quarter, and the class was cancelled.

But a small group of musicians who are dedicated to the preservation of jazz have gotten together and helped to keep the jazz band alive.

This will be the first performance of the jazz band on its own, without help from the faculty.

The band is made up of eight musicians, including trumpet, flugel horn, flute, saxophone, piano, bass, drums and two guitars.

Most of the songs will be from the 1960's era and will include a few selections by Thelonius Monk and Miles Davis.

Van Der Wiel says the band is looking for a jazz singer, and would like more people to join the group for next quarter.

The concert will be given on Nov. 24, at noon in the Forum.

FOR GOOD  
CLEAN FUN



Drop by

**SONORA  
BOWL**

19 S. Stewart St.

Open 10 a.m. — midnight

Sonora 532-5167

Bring socks for shoe rental

Enjoy a delicious  
**OMELET**

7 a.m. — 2:30 p.m.  
Closed Tues.



Parrotts Ferry  
Road

*The EggCellar*

**SULLIVAN  
CREEK**

Proudly Presents

**CARMEL**

NOV. 10 - DEC. 1

50 cents cover

Wednesday - Saturday 12 noon to 2 a.m.

532-6767

**CARD ROOM**

NOW OPEN—AFTER HOURS, TOO!

Lo-Ball, Draw Poker

**ST. CHARLES  
SALOON**

Main & Jackson, Columbia

**LARGEST & FINEST SELECTION  
OF BEERS IN THE MOTHER LODGE**

Open 7 Evenings a Week

**Kelly's  
EMPORIUM**  
**RECORDS, HEAD GEAR  
& TAPES**

The first completely stocked  
record and tape store  
in the Mother Lode

L.P.'s	\$4.99
Cassettes	\$5.99
45's	99¢

Large selection  
cigarette papers

Imports

**A Different Special  
Every Week**

L.P.'s \$3.99

Tapes \$4.99

We have "High Times" magazine

532-8585

3313 MONO VILLAGE CENTER  
[Next to Wilderness House]

**OPEN ON SUNDAYS**

# Women's readiness

Women who need extra assistance and encouragement to return to school are being recruited for a readiness program to be offered during the winter quarter at Columbia Junior college.

The women will take a core of classes as a group four days a week. The classes scheduled are writing skills taught by John Minor; study skills taught by Jim Kindle; and a guidance series including Search for Self, Interpersonal Growth and Assertive

Behavior, taught by Fran Cullen.

Interested women are asked to sign up for the special program prior to Nov. 22 with Mrs. Painter (532-3141, extension 213) or Jean Peterson, coordinator of women's programs and services (extension 238).

The readiness program was offered for the first time last summer and received enthusiastic response from the women and the instructors.



by Marlene Lloyd

Looking forward to Thanksgiving, I am going to share some simple recipes to lighten and brighten your Thanksgiving Day celebration.

Use some of the lettuces available now such as green leaf, romaine or red lettuce with a buttermilk dressing.

## Buttermilk Salad Dressing

Mix together thoroughly, 1 pint (2 cups) buttermilk, 1 pint mayonnaise, 1/2 teaspoon onion powder, 1/2 teaspoon garlic powder, 1 tablespoon parsley flakes, 1/2 teaspoon MSG, 1/2 teaspoon salt, 1/4 teaspoon black pepper and 1/2 teaspoon celery salt. Refrigerate a couple of hours or over night to blend the flavors.

Along with that turkey and cranberries are a must. They can be baked in the oven at the same time the turkey is cooking.

## Fresh Cranberry Relish

Spread fresh cranberries, about 2 pounds, on a cookie sheet with a one inch side, then sprinkle on 1 to 2 cups of sugar (the kind you like the flavor of brown or white) and grate the rind of a fresh orange over all. Cover and seal the top with a piece of foil and bake in a 350 degree oven for about 50 minutes. Open the

corner of the foil and check to be sure the cranberries are done.

Now for that grand finale, the pumpkin pie. I have found the easiest way to make pumpkin puree is to split the pumpkin, remove the seeds and strings, then place the pumpkin halves on cookie sheets and bake them at 350 degrees until they are soft. The pulp is then easy to scrape off and blend or mash into a puree.

## Pumpkin Pie

Use your own favorite pie crust for a single crust pie, do not prebake the crust. Hold the crust in freezer or refrigerator while you make the filling.

For the filling you will need: 4 large eggs, 2 cups of pumpkin puree, 1 cup brown sugar, 1 tablespoon blackstrap molasses, 1 teaspoon salt, 1 cup light cream (half/half), 1 teaspoon cinnamon, 1/2 teaspoon ginger, 1/4 teaspoon ground cloves and 1/4 teaspoon nutmeg.

Beat the eggs well; then stir in all the remaining ingredients. Pour in the unbaked pie shell and bake at 400 degrees for 10 minutes. Lower the temperature to 350 degrees and continue to bake for 30 to 40 minutes. This should be refrigerated until it is served.

# Calendar

- |   |   |
|---|---|
| Nov. 10 — Volleyball game at Modesto. Christians on campus meeting, room 500, 11 a.m.   | Nov. 19 — Mountaineers concert, 8 p.m. in the Forum. Benefit for the music scholarship fund.  |
| Nov. 11 — Holiday, Veteran's Day, no school.  | Nov. 20 — State Cross Country meet at Moorpark.   |
| Nov. 13 — Cross country Northern California finals at San Mateo.  | Nov. 22 — GED prep workshop, 6:30 to 9 p.m., room 104.  |
| Nov. 15 — GED prep workshop, 6:30 to 9 p.m., room 104.  | Nov. 23 — "Alice in Wonderland," 7 p.m. in room 620.  |
| Nov. 16 — "World Without Sun," 7 p.m. in room 620. Holiday Breads workshop, 7 to 10 p.m., at Sonora High school.                    | Nov. 24 — Jazz Ensemble concert under the student direction of Sergei Van Der Weill, noon in the Forum. Christians on campus meeting, room 500, 11 a.m. |
| Nov. 17 — Holiday Breads workshop, 7 to 10 p.m. at Sonora High school. Christians on campus meeting, room 500, 11 a.m.              | Nov. 25 — to 26 — Thanksgiving holiday, 4 day weekend.  |
| Nov. 18 — Auditions for winter quarter drama touring companies, 4 p.m., in the Forum. Christians on campus meeting, room 108, noon. | Nov. 30 — Basketball game at Vallejo, with Solano College.  |
|   | Dec. 1 — thru Dec. 5 — "Three Penny Opera," Wed. thru Sat. 8 p.m., Sun. 2:30 p.m. in the Forum.   |

# Women's center

The Women's center has initiated several new groups this quarter. The "About 40" group discussions are continuing at 12 noon each Tuesday with 15 to 25 women attending each meeting.

A new discussion group formed from the nucleus of the Summer readiness program began meeting once a month this quarter. They are planning a potluck dinner for their November activity. The dinner will be held

on November 18 from 4 p.m. to 7 p.m. at Yvonne Perea's home in the Mountain View subdivision. There is a sign-up sheet in the Women's center.

The first meeting for a Single Parent support group met on November 4 from 12 noon to 1 p.m. in room 103. Another meeting is set for Thursday, Nov. 18.

The first Men's group meeting will be held in the Women's center on (Wednesday) at noon.

## BAER'S Men's Wear

Featuring  
Nationally Known  
Brands

DOWNTOWN  
SONORA

ARMANDO  
PICCINELLO

Jeweler to the  
Mother Lode

143 S. Washington St.  
SONORA  
532-7731

Good News NO MINIMUM  
5 3/4 % Silver Savings  
5 1/4 % Statement Savings  
FIDELITY MEANS "TRUST"



Fidelity Savings

708 E. Mono Way, Sonora Plaza

# MAKE THE MOST OF THE MOMENT.



THE  
KODAK® INSTANT  
IS HERE!

Come in and see for yourself just how beautiful instant color pictures by Kodak can be. And see how easy the new Kodak Instant Cameras are to use. Ask for a demonstration at our Kodak Instant Color Center.

Brady's  
DRUG STORE  
81 S. WASHINGTON  
SONORA  
PHONE 532-3611

Brady's  
Twain-Harte  
PHARMACY  
JOAQUIN GUILLEY  
TWIN HART  
PHONE 586-3225

Sonora  
Rexall DRUGS  
220 W. STOCKTON ST.  
SONORA  
PHONE 532-3605

WE SELL  
Kodak  
CAMERAS FILM

## UPTOWN THEATRE

Wed 11/0 — Tues 11/16

Starts Fri. & Sat. — 7:00 & 9:00  
Balance of week — 7:00  
(1 hour late see all)



## THEATRE

Wed 11/17 — Tues 11/23

Starts Fri. & Sat. — 7:00 & 8:56  
Balance of week — 7:00  
(1 hour late see all)

