



## Shady Ladies

by Gordon Tomlinson

The men of 1849 found their fortunes in stream beds and the ladies found theirs in feather beds. Women were few but eventually prostitution brought on California's second boom.

In Spring of 1849 there were only 15 women in San Francisco. By October there were only 50. The census of 1850 showed that only 8 percent of the population in California were women. In these times a woman merely had to "ask and she would receive."

The men went out of their way to make women comfortable. Even a rumor would cause a man to ride forty miles just to see a woman.

Women were so rare in San Francisco men would leave their business just to watch one walk by.

Men in the gold country were primed for any women and the flesh peddlers of Europe were soon at work.

The first attempt to import women from Paris failed. The Germans soon devised a plan which was very profitable. The French then developed a lottery in which 300 prostitutes were shipped at once to the gold fields. With them came their business partners who were for the most part gamblers, pimps and protectors. These first prostitutes soon became the aristocracy of their trade in California.

Many women came from Mexico, Chile, and Peru. These women were sold to ship captains and in turn sold to the highest bidder in the ports of California.

Marriage was a formality observed only when it had to be. Many in California considered marriage legal prostitution and just didn't bother. The women's attitude was that if her husband didn't take care of her in the manner she liked there were plenty of others who would.

Polyandry (one woman living with two men) was not uncommon in California, perhaps out of necessity.

In rating the prostitutes the miners would always put the French women first and then the Spanish, Americans, English, and last the Chinese.

The women who came to California were either prostitutes or victims of

## Gold Wasn't the Only Rush



Shady ladies from California's past posed and exposed their wares in this photo and across the gold rush state.

kidnapping, but many of these women found that California had more than just gold in the hills; there was gold in the pockets of the miners and many of the women took advantage of this. Needless to say, more women made fortunes in

California than men. But the women who came and made the fortunes were not, for the most part, hard, uncaring, as ladies they were strong and dynamic people. They lived life with passion and they gave of themselves in more than a

cont. page 8

## Rotelli for Assembly

Tuolumne County Supervisor Delbert L. Rotelli has announced his candidacy for the newly-formed 7th District seat in the California State Assembly. A long-time Tuolumne County Campaign Chairman for Assemblyman Eugene Chappie, Rotelli hopes to continue to provide both the mountain and valley residents of the district the same brand of alert, aggressive representation provided by Chappie.

Potelli, 39, has served as a full-time supervisor since taking office, representing the rapidly growing Sonora area. No stranger to politics, Rotelli won his first elective post as a public representative 10 years ago when his fellow Sonorans elected him to their City Council. Rotelli served on the City Council for 4 years.

Says Supervisor Rotelli, "the trend toward erosion of an individual's ability to gain access to his government must be stopped, as government serves best when it is sensitive to the needs of those governed."

"Unfortunately, Supreme Court decisions and the drift toward regional government have accelerated these trends, and now, more than ever, the people of the district need a representative who will truly be responsive to their interests."

"I have participated in government in depth on a person-to-person basis and I know it can work," stated Rotelli. "Our new district is extremely diverse with more variations in terrain and means of earning a living than are found in many of the smaller states. However, the one common denominator we all share is our need to be properly and effectively represented in Sacramento. I hope to provide that voice."

**DELBERT L. ROTELLI**  
Birthplace: Sonora, California - September 8, 1934  
Married: 2 Children Vicki - 14 Larry - 13

Education: Sonora High School; College San Mateo - A.A. Degree; Idaho State University - B.A. Degree; Hastings College of Law Civic & Governmental

## Candidates Begin Filing

By Ron Johnson

The Tuolumne County Clerk's office began accepting applications last Monday, February 11, from candidates for numerous county offices. Filing closes on March 8, and the primary election will be held June 4th.

In addition to the county posts, Tuolumne voters will be choosing a new U.S. Senator, Governor, Lt. Governor, Representative for the 14th Congressional District, a State Senator, controller, Treasurer, Attorney-General, and others. Although the state offices will not be finally decided until the general election in November, the non-partisan offices in the county may be decided in June. If any one candidate receives more votes than the other candidates combined, he wins the election. If there is no clear majority, a run-off is held in the general election between the two candidates with the most votes.

Columbia College students comprise a very significant block of voters in Tuolumne county. Combined day and night students here represent nearly 10 percent of all voters in the county. This figure could grow if a larger percentage of Columbia students actually register and vote than the community at large. Former students and alumni of the college who have remained in the county and can generally be considered to have sympathetic attitudes may double this figure or more.

The following county jobs will be on the June ballot; County Assessor, County Clerk and Auditor, District Attorney and Public Administrator, County Recorder, Tax Collector and Treasurer, Superintendent of schools for all five districts in the county, and County Sheriff and Coroner. Any registered voter in the county is eligible to be a candidate for any of these jobs except

the Attorney General, who must be a lawyer. All of these jobs directly influence the lives of everyone in the county, including Columbia College Students, especially since no students reside on campus. Students should be vitally interested in who becomes the next Sheriff and who becomes next Supervisor of the 2nd district, which includes Columbia Junior College.

At noon on the opening day of filing, two persons had paid fees and made application to be candidate for sheriff; Ronald Wano, present Chief of Police of Sonora, and Roy Clark, present Constable of the 3rd Judicial District. Filing fees for all offices represent 2 percent of the annual salary of the position. In the case of Sheriff, this amounts to \$370.32. If a candidate wishes a statement of his background to be sent in the sample ballots mailed to each voter, he must pay an additional \$205.00. Although this obviously puts the poorer man at a disadvantage, a special tax paid by the citizens would be necessary to give each

## ASB President's Open Letter





photo by Bob Guastucci

## More Than Just Self-Defense

# Equinoa Instructs Karateka

### KARATE

By Bob Guastucci  
& Steven Pimentel

Back in the '50s, when CJC karate instructor Malcolm Equinoa was going to Stockton's Edison High (a notorious ghetto school), it was a matter of survival to present a "tough" face to the world. Though he enjoyed athletics, the academic side of school frustrated him. Casting around for an alternative, he dropped out and enlisted in the Marines. It was while stationed in Japan on embassy duty that he first became exposed to the Oriental martial art of karate. The Japanese emphasis on the equal development of the spirit and the body seemed to be what he'd been searching for.

"The American culture values aggressiveness, so does the Japanese, but the real trick (and the Japanese realize this) is knowing when to be soft. With them it's a tradition. The samurai or bushi of feudal Japan was a warrior/priest who could paint a painting of exquisite beauty and then go out to battle for his lord. Though the training was taxing, it led to a new awareness. Man is composed of more than one factor. Along with this awareness came a negation of ego. I try to instill this awareness in my students," he states. "My goal as an instructor is that instillment and to make them better karateka and individuals."

CJC students who had trained in karate previously (and been soured by the experience) were at first puzzled by his attitude that black belts don't "beat up on lower

belts" to preserve their own egos. At many "quick-buck" schools such behavior is standard procedure. But the humane logic became quickly apparent and accepted, as it had been at his UC Davis and UOP classes.

Malcolm says that, "Karate keeps me going." It must because one of his

working towards his Master's Degree at UOP.

He teaches Goju-Kai karate which translated to the American means "hard/soft way" of karate. The Oriental concept of yin/yang is repeated constantly in his classes where few minutes are wasted. When students take five, more often than



photo by Bob Guastucci

long time students recalls that when he first started training with Malcolm, he was working a forty hour week in Stockton, community a full load of classes at Sacramento State, and still finding time to raise a family. In the years since he's apparently not slacked off. He's presently teaching English at a Stockton Jr. Hi, coaching its basketball team, teaching karate five nights a week—and

not a lecture on Oriental philosophy or culture will follow. Many times a lecture will deal with the concept of karate as a non-violent art form.

"Karate is not anything what Americans picture it to be as a 'kill' thing," he'll say, "but an art where the spiritual co-exists with the physical to produce beauty."

Commenting on the recent Kung-fu and karate

By John M. Hagstrom

Some of the best educational moments, those points at which an understanding of one's life occurs, can be experienced in the best entertainment. All of us know this to be true when we recall the novels and other art works which have shaped the understanding and possibilities of our lives. Columbia Junior College Community Services will present this educational possibility through the medium of film, in a film-discussion series to be offered beginning Wednesday, February 6.

The first film shown February 6 at 7:00 p.m. in the Forum Building on campus, lead off "The Comedy" portion of this series. The Gold Rush, voted by Film Daily as one of the best pictures of 1925, still holds up as one of Charlie Chaplin's finest

silent comedies. As a prospector in the rough, tough, frozen wastes of Alaska, Chaplin keeps the audience in stitches with many classic moments of comedy, including the famous "dinner sequence" where he and partner Mack Swain, stranded in their cabin, dine on boot soles and shoelaces. Film running time was 100 minutes.

Films will be introduced by Edward Doell, member of Columbia Junior College's English faculty, who will also lead discussions with interested members of the audience at the film's conclusion.

Admission is free and the public is invited to experience with educational possibilities of film.

Other films to be shown within the "Comedy," "Tragedy and Drama" and "Western" segments of this series include:

Never Give a Sucker an Even Break, with W.C. Fields

Secret Life of Walter Mitty, with Danny Kaye  
Arsenic and Old Lace, with Cary Grant

Minnie and Moskowitz, with Gena Rowlands and Seymour Cassel

Cool Hand Luke, with Paul Newman

Treasure of the Sierra Madre, with Humphrey Bogart

Tobacco Road, with Dana Andrews and Gene Tierney

Hunger, with Per Oscarsson and Gunnar Lindblom

Stagecoach, with John Wayne

A Big Hand for the Little Lady, with Henry Fonda and Joanne Woodward

flicks he said, "The movies just don't do any justice to the philosophy of the martial arts. They have about as much resemblance to reality as a John Wayne war flick, where he shoots 40 guys without feeling guilt or reloading. Many of the techniques are helped by special effects and are spectacular but of questionable value. The TV show at least deals with the philosophy, though some of Cains' powers and techniques get pretty bizarre."

## New Mitchell Album

By Cinde Martz

The new Joni Mitchell album is out and it is indeed an excellent one. The well known multi-faceted Mitchell style is the same, but it is shown to a much higher degree than her past albums. Arrangements are by Joni and Tom Scott. Lyrics are by Joni with the exception of "Twisted" which was written by Ross & Gray.

Instrumental innovation plays a key role in this album, noted especially in "Car on a Hill," "Raised on Robbery," and "Down on You." The feeling of movement is distinctive, possibly stemming from an intertwining of rock, jazz and classical, with the special unique Mitchell style.

"Car on a Hill" has a style reminiscent of the music genre containing YES and GENESIS. In "Troubled" the opening melody begins like something right off of a Les McCann cut. Her warbling highs and lows are still in use but at times they give way to a low, smooth voice filled with deep and natural flowing sensibility. As in past albums, the lyrics seem to be of an intense personal nature. Whether the tales of love and woe told by each song have been experienced by Joni, or are simply written by an artist with great creativity and perception, is still open to question.

But the offerings in this album are varied and fruitful, and I recommend it highly. This album, by one of the most talented single artists today, is well worth your consideration.

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# Campus Question

There seems to be a growing controversy about the new Sports Complex, what are your views about its construction?



Pat Karnos:

I'd like to see a little more of the physical fitness thing come to this school, in that right now we're short of room. But at the same time I like the campus and its natural setting and it's (the complex) really going to screw up a good part of the school.



Alice Schultz:

I don't really want it to go up. I like the campus the way it is. If they put up a huge stadium it'll ruin a nice mellow campus.



Unidentified:

I think they've done a beautiful job of building the campus so far. They've stayed within the idea of the ecology that they want maintained. I rather feel that they can do that and that the many people who want the sports complex will be satisfied too.



Joyce Kimura:

I think it's really a bad idea. The idea of a football team at CJC sounds stupid! The general idea of expanding... that's not why I'm here.



Jaimie Mosher:

I think they ought to have a sports complex. I'm not a "jock" but I like physical

activities and I feel this school's lacking in that. I can't see where a bunch of heavy city jocks are going to come up here—there's no publicity for them. I hope they don't screw anything up, but they need it. It'd be nice to use our own field instead of going up to Twain Harte and hassling for 3 hours for a place to play.



Fran Hornberger:

I think that sports, as we've known them in the past, with the high concentration of group achievement, have probably been detrimental in the long run. But I'm very much in favor of the new emphasis in sports on individual activities. In the sense that the new complex will open up new individual avenues; I'm very much in favor of it.



Wayne Ross:

Sure, if they're going to have fields, I could go for that. Yeah, I'd like to see a football team—that's the most fun!



Lombard L. Menus:

I don't think they should have it. Once they put it in there'll be more people coming here. I'd like things to stay the way they are now. Each time we get bigger we tend to separate from humanistic values.

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# Editorial Page

## Editorial

WHO'S APATHY?

By Steven Pimentel

Recently the Bullfrog ran a short blurb to the effect that suggestion boxes were being placed on campus to aid in a contemplated name change for the Bullfrog.

This week we opened the boxes and were astonished to find them empty! Talk about crime-in-the-streets! Our first thought was that there must be a new theft ring dealing in hot names, in the area.

But since our offices are next to Bill Harrold's he overheard our talk, lumbered over, and placed the blame on Apathy.

"Who's he?" said our Photo Editor. Big Bill flexed a bicep, cast a steely glint and said, "I don't know—but when I catch up to him I intend to knock him on his ass. He's been screwing things up in my administration long enough."

With that we instructed our ace-reporter to track down this Apathy for an interview.

"Who cares?" he said.

"If we don't care, who does?" said our Crusading Editors.

With that Ace Reporter went out and promptly disappeared from sight. Yesterday we received this tape in the mail, presumably an interview with the elusive Apathy:

Ace Reporter: Apathy, you've been blamed by almost everybody with what's plaguing the world.

Apathy: Yeah? I guess I should be pissed off but I couldn't care less. (Sound of shrugged shoulders.)

Ace: I won't ask you to take the rap for the whole world but are you personally responsible for the apathetic state of CJC?

Apathy: I guess it would seem so. But listen, those kids were apathetic long before I got to them. I just fill a basic human need like those other astute businessmen, the Mafia.

Ace: How is the apathy business?

Apathy: Booming, actually.

Ace: Do you know that Big Bill Harrold is laying low for you?

Apathy: He doesn't scare me. There aren't many like him at CJC.

Ace: How about the Bullfrog?

Apathy: The Who?

Ace: The crusading college newspaper!

Apathy: C'mon, nobody reads that rag. They don't even care what it's called. Look, I'd like to go on with this but I've got to catch a plane to Washington. Something about some sub-contract work for the Administration.

Ace: Can I come along for the ride?

Apathy: Gee! I don't see why not—if you'd really like to. Being a reporter, you could tell me what to do about my bad press.

Ace: Thanks, I think.

(click)

## Consumer Info Available

### Suzanne Price

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## Letters to the Editor

Dear Editor:

It seems that justice these days is suffering from an extreme case of misplaced priorities. There are all sorts of laws governing everything from how one acts in public to the smoking of marijuana. But, on the other hand, there are still no laws to contradict the actions of the numerous real criminals still in our midst. Maybe we need some.

By using the term criminal I am referring to anyone who willfully inflicts pain or agony upon any other living being without just cause. Are there people like that on this campus? One can be reassured that there are by simply taking a stroll through the student parking lot on a nice day and counting the number of dogs imprisoned in automobiles. It can only be assumed that the people that practice this medieval form of baby-sitting are either stupid or demented. Even with the windows left open a crack, the temperature inside a car can climb to 120 degrees or the equivalent of the warm setting on an electric oven.

It seems to me that someone who loved their dog would provide some sort of pleasant living atmosphere for him during the day. Maybe the S.P.-C.A. should construct an airtight, glass enclosed jail cell, heat it to 120 degrees, and make irresponsible pet owners sit in it for a few hours. Sounds kind of unrealistic, doesn't it? Well, I can't think of any

realistic solutions and only hope that this letter serves as enlightenment to those who need it.

Patrick Kelley

Sir:

Concerning the article titled "Mating Habits-Does She Or Doesn't She?" on page five of the January 21, 1974 edition of The Bullfrog: I feel I must protest the obviously inaccurate and insufficient testing methods used by the Sociology Dept. in compiling this report. The Testing Teams should have their collective peepees whacked for allowing their torrid libidos to distort such important data. Drawing conclusions from statistics heavily biased by subjective interpretation and fantasy patterns of the interviewed subjects is hardly scientific, though it does make good copy for the pseudo-intellectual/sensational novels of the book club genre. I respectfully submit the following statistics on American sex habits and patterns compiled by a research team codenamed "The Jaundiced Eye"

In the Dating category:

When asked "Where do you most often go on dates?" 85 percent of the men answered "All the way." 95 percent of the women answered "To the head for a cigarette." The remaining percentages answered "To McDonalds."

When asked, "What do you look for in a date?" 96 percent of the men answered "A path of least resistance," while 75 percent of the women answered "A lesser of two evils." The remaining percentages declined to answer, being engaged in fingering prayer beads or dismantling chain saws.

When asked if they engaged in premarital sex, (excluding ankle foreplay and elbow manipulation) 70 percent of the women answered "Only with my husband," while 95 percent of the men answered, "Only if I'm not too tired from premarital sex the hour before." The remaining percentage of women declined to answer, being engaged in grooming their kill-trained crocker spaniels or sharpening stilettos. Some of the men became over excited and had to be physically restrained. One of the Testers was badly clawed and bitten.

In the Mating and Sexual Experience category:

When asked, "In your most regular relationship, how do you feel immediately after sexual intercourse?" 85 percent of the men answered "About ten dollars poorer," while 80 percent of the women answered "I understand why his gym buddies call him Tiny." A small percentage answered "Like cheese macaroni." The remainder had never been to Tiajuana and had never seen "Deep Throat."

When asked if they used any sort of contraception, 95 percent of the men took foil wrapped condoms or forged certificates of sterility from their wallets. 70 percent of the women used the "Aspirin held between the knees" method or an extra girdle. Some rubbed creosote or Pine Sol behind their ears before dating. The remaining percentage of men said they never had any problems with contraception. A male Tester was repeatedly propositioned by this group. The remaining percentage of women were excused from this question since they had appointments for pregnancy counseling.

It is my hope that the above information will dispel any doubts or false hopes created by previous testing results. While this letter is meant to be humorous and satirical, it should be noted that it is no more absurd than questionnaire type testing of the highly sensitive and subjective subject of sex.

Your servant,  
George Wild Esq.



# Bill Harrold

## President's Column

Bill Harrold  
OPEN LETTER

This letter is to inform the students of CJC of certain matters which should concern them.

The first problem is the Peer Counseling Project. This project started last fall quarter with a conversation between Fran Cullen and myself. It was mentioned at a staff meeting and finally the counselors at the two local high schools were asked their opinions of this idea; of students from the college talking to high schoolers about college life. They were receptive to the concept.

With this positive beginning last quarter, the project was started "for real" this quarter. Some twenty students volunteered to attend workshops and then visit the high schools. In the meantime the project was expanded from just two high schools to seven. This may have been a mistake because the administration probably viewed the project as a good means of recruitment; recruitment had only been a small part of the original overall concept. The first hassle came on Feb. 7, when the administration changed the name of the program from Peer Counseling to Recruitment. Next the workshops were taken out of student activities and put in the Counseling Dept., with the stipulation that if the student volunteers did not attend a counselor's aide workshop they would not be allowed to recruit high school students for CJC.

Finally on Feb. 8 the entire project was removed from Student Activities and given to the Counseling Dept. in toto. The names of the volunteers were requested so that they could be contacted by the head of the counseling dept., Dr. Barbara Painter. As of now the list has not been turned over to her.

Instead of being a separate program from the counseling services, it has now become an extension of the Counselors Aide Program. Instead of being an instructional, informal meeting of students from the college and their high school counterparts, it has become a public relations feather in the cap of the administration. Instead of being allowed to formulate our own program and carrying it through to fruition ourselves, we have been stifled, stopped, slapped down, perverted and diverted from the original concept of the program.

I hasten to add that the program was not an attempt to take over any part of the counselor's jobs; but to add another avenue of contact between the college and the community.

The second situation which has arisen deals with the new sports complex. In an attempt to gather all the information available, so as to have as complete an overview as possible, I made some phone calls. The first was to the Tuolumne County Auditor. He was extremely cordial and provided me with all the data available to him on certain financial aspects of the complex. At his suggestion I called the Stanislaus County Auditor for similar data on any recently passed bonds. After speaking to his office for several minutes he informed me that such information was immediately unavailable, but that he'd dig into the files and phone back. Up to this point he'd also been cordial, friendly, and I assumed (how wrong I was!) that he'd do as he'd said.

Both calls were made on the college phone and both times I identified myself as being the Student Body President of CJC. The calls were made on the morning of Feb. 7 at approximately 11:30 a.m. About an hour

later, while walking to class, I was stopped by Mr. Paul Becker, who told me that I was in "trouble." Why? He said that the District Superintendent, Mr. J. Kenneth Rowland, had contacted him and told him to tell me, "to stop badgering the Auditors' Office." I was to go through "channels" for future information. I'd assumed that the data was in the public domain and had been unprepared for this type of put-down.

Hassle no. 3 occurred on the night of the Cal Tjader concert. While acting as a volunteer door warden I was forced to turn away many people, not just students, but faculty and administrators and local residents. This seemed the only fair way to deal with the problem of too many people for too few seats.

Apparently the honor system does not apply to certain faculty members who decided to let in their friends. Some administrators used their positions to shoulder their way in when the announcement was made that there was no more seating. It was also announced that sitting in the aisles would not be permitted due to fire regulations. Yet I saw more than a dozen, including a top administrator and faculty member, ignore the announcement, while several fans were forced to stand in the cold or seek warmth elsewhere. They had been there first, but had heeded the announcement.

I don't know if this letter will do any good, but if a few people become interested in the goings on at this campus, then it will have been worth the effort.

Sincerely,  
Bill Harrold

Student Body President  
P.S. If you would like to rap about what's happening on campus come and talk anytime. This is only a small part of what's going down. Peace & Love.

## Ginseng For Strength

By Ray Koziol

The History of ginseng lies in the Orient. In China, Emperor Shen-Ung listed ginseng as the most potent herb in his book written around 3000 B.C. The ancient medical book of India, the Atherva Veda states, "ginseng aids in bringing forth seed that is poured into the female that forsooth is the way to bring forth a son... The strength of the horse, the mule, the goat, the ram and moreover, the strength of the bull (ginseng) bestows on him... This herb will make thee so full of lustrous strength that thou shalt, when thou art excited, exhale heat as a thing on fire."

Before the Second World War, Russia developed a strong interest in the scientific investigation of ginseng (Panax Schinseng). In 1960 Russian scientists started extensive testing on an extract of Siberian ginseng (Eleutherococcus Senticosus). Up to now Russian scientists are continuing their research on Panax Schinseng and Eleutherococcus Senticosus. They give us good evidence that both kinds of ginseng are first class adaptogens.

Adaptogens according to Russian medical terminology are substances with the following qualifications: They must be non-toxic, or at least toxicity must be extremely low. Their action should be nonspecific; that is, they should increase resistance to a wide variety of adverse influences, physical, chemical, and biological in nature. They should have a tendency to normalize high or low blood pressure, underactive or overactive glands, low or high blood sugar, etc.

### Ear Piercing May Cause Hepatitis

The case histories of forty eight Seattle women were studied recently when it was discovered they were suffering with viral hepatitis. The women's ages ranged from 12 to 24, and they had not been exposed to the usual sources of infection, (such as contaminated shellfish, or polluted drinking water. According to the National

According to Russian scientists, ginseng has positive effects upon the central nervous system, and it has very positive effects on the endocrine glands without acting directly on them as dangerous hormones do. It has been found to have a stimulating effect upon the adrenal cortex, and also to enable the body to pass poisons rapidly. Because of positive test results Russian athletes and Cosmonauts use Siberian ginseng extract. A popular Russian soft drink known as "Bodrost" (cheerfulness) contains it.

It is now possible to purchase Siberian ginseng extract in many health food stores across the nation. The extract is produced from the entire plant, with each bottle containing 33 percent alcohol for preservative and extraction purposes.

If you desire to use this extract, remember it will take a few weeks of daily use before you realize any positive effects. Soviet medics recommend half a teaspoon of extract mixed with a little water and taken before meals. This can be done four times a day. One bottle should last about ten days at the above rate of use.

This article is based on the book "Eleuthero-Health Herb of Russia" by Richard Lucas. The book is based on reports prepared by Dr. Brekman, professor at the Siberian Dept. of the U.S.S.R. Academy of Sciences. The studies were made by the research team at the Institute of Biologically Active Compounds at the Siberian Division of the U.S.S.R. Academy of Sciences, under the supervision of Drs. Suprunov, Voroleyeva and Gutnikova.

Council for Disease Control, who made the study, the women had only one thing in common, they all had their ears pierced.

It was decided that improperly sterilized needles had apparently transmitted the hepatitis virus among the women. This is the first time ear-piercing has been linked with the disease.

## Election Year Gets Underway

from page one

candidate equal rights. Such a tax or its equivalent would be much fairer.

After paying the fee, the applicant is still not an official candidate. He must then collect not less than 20 and not more than 30 signatures from registered voters in the county who endorse his candidacy, and present them to the

county Clerk. When the Clerk affirms the signatures, the applicant's name is officially added to the ballot.

The Bullfrog plans to take an active role in the election by supporting a campaign to register voters and by endorsing key candidates. Plans are being made to publish interviews with candidates in the next issue.





# Cut Gas Costs

In case you've been spaced out for the last 6 months, there's a gas shortage going on. For whatever reasons (conspiracy by the oil companies etc.) we're faced with the future of gas rationing and dollar-a-gallon prices for what gas can be found. Even hitchhikers will be effected as vehicle weight lowers mileage. So in the future, drivers will be reluctant to pick-up riders.

Other newspapers talk "service" to their readers, the Bullfrog produces. Thus these CHEAP practical tips for raising your cars' gas mileage.

1. If you drive a pre'66 car (who doesn't), hold onto it as it's generally lighter and not choked down with the feds' smog controls. It should be cheaper to repair it than to dump it for a newer model with apparently better gas mileage. As an example: a friend has a lovingly restored '63 corvette that will nail your back to the seat, yet gets 20 mpg. His wife's new Pinto can't get out of it's own way and gives 24 mpg. A side benefit is that certain older cars (such as the 'vette) are a good hedge against inflation, as they appreciate instead of depreciate in value.

2. Pay more attention to maintenance. This doesn't mean taking your car down to "smiling Harry" the mechanic, but simple things such as doing your own tune-ups. Invest or borrow a service manual printed especially for your car. With a few simple hand tools you should be able to screw in points and plugs. Even if you totally blow it it'll still be cheaper to have the machanic adjust what you've already put in that to have him do it all. Cleaning and gapping spark plugs and replacing air filters are simple

screw-in/screw-out operations that really work. At any rate your car will never get better mileage than when it's just been tuned. Owners of smog controlled cars will ake one look at the nest of snakes under the hood and willingly fork over the fifty dollars to the dealer for a tune-up.

3. The scam that the oil companies run on their new mileage commercials may be the only truth that they're producing. Lowering speeds, smoother driving, proper tire inflation etc., really do increase mileage.

4. Invest in specialized equipment (radial tires, special headers or manifolds, electronic ignition, spoilers etc.) only if you plan to hold on to your car for some time as these items run into big bucks.

5. Ignore advertisements like: "Yes! The mini-Super-Turbocharger increased my mileage to 50 mpg." These devices are of dubious value.

6. Lighten your car as much as possible, excess weight lowers mileage. Keeping it cleaned and polished is a cheap way of cutting down on aerodynamic resistance. The less "drag"; the better the mileage.

7. Buy a pair of hiking boots, ride the school bus, get a bike. All three are guaranteed to cut your gas mileage down to zero. But even these are going to be hit by shortages as more and more people are realizing that the high cost of operating their car is making it a "studio apartment" in cost and not a transportation devise.

# Learn Fly-Tying

By Jon M. Hagstrom

With the Spring fishing season just around the corner, the avid angler's mind begins to dwell on rods, lines, and lures. Knowing this, the Columbia Junior College Community Service program has planned a two-part series that should be on interest of fisherman of all ages.

The first part of the series is a five-week short course in the art of fly tying. The second segment will be a clinic in fly casting techniques.

The fly tying short course will be held on Wednesday evenings from 7:00 p.m. until 10:00 p.m. beginning February 20 and continuing each Wednesday night for five weeks. Beginning fly tyers will be taught the use of equipment and basic tying techniques. Ex-

perienced tyers will find the instructor's expertise very useful in developing and refining advanced techniques

The course will be taught by fly tying expert Chuck Stranahan of Chinese Camp. He is well qualified as an instructor. In the past he has worked as a professional tyer for the Orvis Company—a leader in quality fishing equipment. He has also taught fly tying for the City of Chico Recreation Department. In addition, Chuck has a long-standing personal association with the Powell Rod Company, makers of some of the finest fly rods available. Stranahan expects to cover all types of wet and dry fly tying techniques.

Enrollment will be limited to 30 participants on a first come first served basis.

## to the Editor

Dear Editor:

Last Saturday night, local Students and Their Short Haired Opposites decided to have a brawl on the Sancrosanct streets of Old Sun Aura. X amount of windows were broken, a couple of heads, and some long standing traditions. When the Local Police Arrived, the precipitating incident, or at least the major incident took place. HIGHWAY PATROLMAN Bob White's son Jim White, was seen by Officer Leopard drinking a Beer. Jim White is under 18 years of age. He poured the beer out on the ground in Front of Leopard in an "IN-SOLENT" manner. Leopard chased him into the crowd, and with the help of two other Officers subdued Jim White. During the altercation the victim's hip which had just been dislocated in a very recent accident was again dislocated.

Shortly thereafter phone threats, from Police to Long Hairs and vice-versa were made. Threats of murder were launched. The "Word" was out to stay off the street on Friday and Saturday nights.

People were gathering, digging up their weapons and "The Roman Circus" atmosphere began to manifest itself. The rumble did not come off because lines of communications were immediately opened between the Probation Department, The City Police, and the Long Hairs, Probationers, Parolees and various other freaks and their Straight opposites. The principales in this Camp-not-so Camp, and actually deadly serious game, are cooling their heels, but not their tempers.

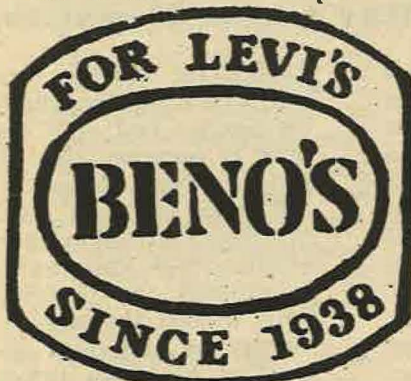
My Sanita Prevail, whatever THAT is.

Doctor Soggi


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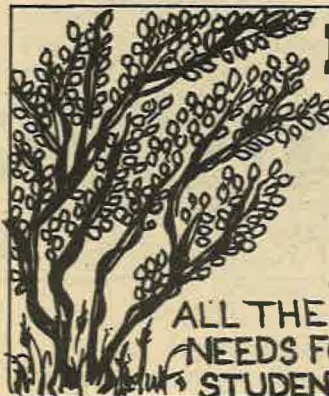


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# Creative Page



Tempt me . . .  
and I will fly to you  
on wings of innocence

Hold me in your eyes  
and I will be the answer  
to your restlessness

When you chance the time for love  
I'll shelter you  
in shades of dusk  
to revel in the oneness of our souls.

SU

She touched my senses subconsciously  
With a scent that brought to me memories  
Of a cool spring day,  
a walk in the forest,  
or swimming in a newley discovered  
Mountain spring in July—  
all three  
Then gliding soundlessly beside me  
Like the fleeting nymph, she kissed me  
And I was made aware of her sweet beauty.

She smiled sweetly and said "hi"  
I was surprised, startled,  
Nobody else seemed to notice, and I just  
Stood there wonderingly, and the rest of the  
Evening my mind kept—  
Wandering—

And now as I reflect upon it  
I realize it was no more than a  
Sisterly Kiss, to a brother,  
Given freely—  
Shamlessly—  
For all the world to see . . .

Yet I'll always think of her as more  
Than a sister, and I'll remember—

A cool spring day,  
or a walk in the forest,  
or of swimming in a newley discovered  
Mountain spring in July—  
or all three

J.M. Kidwell

## SPACE REACTION

Reaction; To the colors and the sounds;  
that I hear and see.  
Fantasy; of another world another scene, in space, in time  
in my own mind.  
Flash; Of a wave slowly rolling through your head;  
And It's here and its now.  
Release! A final scene of Peace; from the world that won't  
cease and it's not all here and it's not all now  
But you are!

How's it feel?

By/ DAVID L. WILBURN

## City In Your Veins

Raised in the apple core of Illinois  
Chicago a dream that was passing . . .  
Feeling a part of the Central Loop's noise  
The people were friendly,  
But the headache is lasting

With money from years as a factory foreman  
Warming a wallet as thin as the man,  
The winds of change, tornadoes blowing,  
Tailwinds and turnpikes adrift in the sand.

Then highway 80 was dusted with rain . . .  
Casper and Cody were dots on the map.  
And as you looked on the side of the ridge,  
You saw in the mirror that the coyote was trapped.

Journeys and chances all passed neath the floor  
Dark road diners, a hundred gone by . . .  
Highways and exits you never meant to take,  
But the family was hungry, and you had to try.

Take the Corn Belt  
Strapped 'round your Levis,  
And tighten it a notch or two . . .  
Take the Dust Bowl  
And wipe your dry eyes But listen to the rafters coo.

Take the farm land,  
Work the hard load,  
And will you last the winter through?  
I can see you in a  
Year or two,  
Back in the Windy City . . .  
Cause you couldn't stand the  
Quiet on the hillside,  
You're addicted to the City.

There are different speeds of living  
And even now its getting to be/  
(there are different speeds of living)  
To be quickening.

There are different ways of getting there,  
And it seems the country road  
(there are different ways of getting there)  
Is being paved with fools gold.



## Entertainment

from page 1

professional way. These women were the first to help a miner in trouble and first to give money and time when it was badly needed. They helped miners down and out to get home, be it in the east or just across the street. They would stay in a town ravaged by sickness to help the sick and dying at the cost of their own life. Not all were saints but many were ready and willing to help at any time.

They even brought a little comfort and class to the rough and ragged town in the gold digger's. One such lady was Madame Moustache. She boasted the fanciest bar in California. It was a rough boarded room 50 feet long. The walls were covered with colored cloth and paintings of nudes. The barmen could serve 50 drinks at one time. There was a 15 piece orchestra, dance floor and 15 tables for poker, 21, and monte. All of this Madame Moustache built in Nevada city and it brought a little polish to a rough and crude town.

These are the women that helped build the town and cities that we call home today. Cities like San Francisco, Sonora, Columbia, and Jamestown.

## Quilting is Easy

Suzanne Price

I've always wanted to make gifts for friends or relatives that were attractive and useful. Homemade gifts seem to carry more meaning, and look so easy to make. I always got discouraged, though, when I started reading the instructions or pricing the supplies.

In each edition of the Bullfrog, I'll bring you something that you can afford and enjoy.

Quilting has always been thought of as a time consuming task that requires much patience . . . Not So! A patchwork quilt can be made in very little time. Materials can be cut from old clothes, curtains, towels, etc. I buy mine at rummage sales and flea markets. If you want to make it extra warm, sew a favorite blanket on the back. Every square foot, tie it off with a few strands of yarn.

A simple patchwork quilt can be made of one foot square blocks. Inside the block I sew together nine smaller squares.

You don't need to know how to sew. All it takes is a straight line. Small quilts can be sewn by hand very easily. Drapery samples

make a beautiful and warm long skirt.

What ever type of material you decide to use, be sure to wash it before cutting it up, to eliminate shrinking later.

Materials needed for small lap quilt or baby blanket (3' x 4')

Needle, straight pins, scissors, thread

7 sq. ft. materials (7 12" blocks) (63 sm. squares 4 1/2" x 4 1/2")

2 yards yarn if backed  
3' x 4' piece of blanket or sheet if backed

## Increased Unemployment Benefits

The Employment Development Department has increased its benefits from a maximum of \$75.00 to a maximum of \$90.00 a week. To get the \$90.00 a week one has to have earned \$2,748 and up in his last quarter of employment.

## Good Food/

## Good Health

Throughout the history of man's existence fish has played a vital role in his diet. Until recent years, however, little recognition has been given to the nutritional value of food from the waters of the earth. We have discovered that fish and seafood not only satisfy the appetite and taste, but provide valuable vitamins, minerals, proteins, and unsaturated fatty acids necessary for good health.

As researchers study our exploding population, they begin more and more to consider fish as a source of high-grade protein. There are plans for collecting the numerous, tiny plankton, and projects underway for fertilizing the spawning ground of the world's edible water-life.

Trout fishing in America? You bet! If you haven't already been teased by the spring-like weather and the tempting Tuolumne, I suggest you wander down to the river for an afternoon of angling. It is a bit early for a good catch—so if I see you later at Safeway—I'll never tell.

The following recipes for fish taste great and are well within the poor man's budget. Just remember when broiling or baking lean fish, it's best to baste frequently with oil to avoid dryness. Fish require little cooking because they are tender by nature.

30-Minute Trout and Bulgur trout

1 small onion, chopped  
2 stalks celery & leaves cut in 1" pieces  
2 1/4 c. chicken bouillon  
2-3 T. parsley  
3/4 t. salt

black pepper to taste  
1 c. uncooked bulgur  
Brown trout in butter on both sides. Remove from pan. Add onion & celery & sufficient oil to stir-fry till tender. Add bouillon & salt & pepper. Heat to boiling. Stir in bulgur & parsley. Lower heat, cover & cook about 15 minutes. Return fish & bury in the bulgur.

Cover & cook fish & bulgur together for 10 minutes longer. Serves 6.

Stuffed Fillets

Use fillets of any white fish (butter fish, cod, turbot, etc.) about 7" in length. Prepare stuffing.

combine thoroughly:

1 1/2 c. bread crumbs

2 T. chopped red onion

1/2 c. chopped celery

2 T. parsley

1 beaten egg

1/2 t. salt, 1/2 t. dried

tarragon

1/4 t. paprika, 1/4 t. nutmeg

1/8 t. black pepper, 1/8 t.

garlic powder

add enough melted butter to make a loose dressing.

Oil baking dish. Salt & pepper fillets lightly.

Spread mixture over fillets, roll & place seam side down

in baking dish. Secure with toothpicks. Brush rolled

fillets with 1 part melted butter to 1 part lemon juice.

Sprinkle with paprika. Bake in 400 oven 25 minutes

or till fish flakes easily with fork. During baking, baste

several times with the lemon-butter mixture.

Smelt Au Gratin

Smelt are odd looking small fish ranging in length

from about 2-7 inches. They vary in price also (49-79

cents a pound), which in this age of over priced

foods, is a wise purchase.

2 c. raw smelt cut in 1" pieces

2 c. raw, cubed potatoes

cheese sauce—melt 2 T.

butter in saucepan over low

heat. blend in 2 T. flour, 1/4

t. salt & 1/8 t. pepper. Add 1

c. milk all at once. Cook

quickly, stirring constantly,

till mixture thickens & bubbles. Add 3/4

c. chopped onion. Combine

smelt, cheese sauce & potatoes. Ladle into individual

oiled casserole dishes. Toss 1/2 c. soft bread

crumbs with 1 T. melted

butter. Sprinkle over each

casserole. Bake at 250

about 45 minutes or till

potatoes are cooked. Makes

6-8 servings.

... see you at the river ...

Linda Alane Johnson

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