

Open Letter Controversy

by Richard Haratani

In the last Bullfrog issue, we published an open letter submitted by ASB President, Bill Harrold, in his President's Column. In his letter Bill maintained that in three instances he had met opposition while performing in the role of Student Body President. In the first instance the administration had thwarted his attempt for a Peer Counseling Program by turning it into a recruitment program for the campus. In the second instance Bill was put down by the District Superintendent after trying to obtain information about the coming gym complex. Finally, while in the role of volunteer door warden at a recent on-campus concert, Bill encountered faculty members letting in friends after the forum was full, and others being turned away, in addition to administrators

using their position to shoulder their way in.

Obviously this capsule version of the letter does not convey all of what was involved in the letter and may not account for some of the reaction to it. But there was reaction, and it was hopefully captured through the following interviews. I first went to the office of Mr. Harvey Rhodes, President of the college, only to find that he had just returned from a three week vacation and did not feel that he had enough information on the matter to make any comment about it. Mr. Dale Bratten, Vice President and Dean of Instruction had been acting President in Mr. Rhodes absence and in an interview said that he had talked "to Bill at some length" and "what he said about me coming in after the place (Cal Tjader concert) was full was quite true, I explained to him that I was

acting President at that time, and that I felt it was my right and responsibility to be in any place in the campus, particularly where there was a large crowd . . . I think what I did was right and proper and I think that he (Bill) after hearing the circumstances agreed that it probably was." Regarding the rest of the article he said that it was not involved in his area of responsibility but that "any Student Body President has those kinds of frustrations." Asked if he opposed letters like the one Bill wrote, he replied, "Not at all, I think one of the functions of the student newspapers is to print controversial types of things."

Within the letter there were mentioned the names of three faculty members, in conversations with two of them it was found that they wished to make no comment, through word of

cont. page 8



A.S.B. Pres. Bill Harrold

New Vet Aid Office

More than 300 veterans—they account for 24 percent of the total day enrollment—are attending classes at Columbia Junior College this quarter. And, contrary to popular belief, all veterans are not men; 27 of the veterans on campus are women.

In order to assist these veteran students with the numerous problems that beset any student, but more especially the veteran student, a new Veterans Coordinator Office has been established at the campus.

W. Thomas Reich, a Vietnam era veteran, directs the Columbia Junior College veterans' program and supervises a myriad of projects and services aimed at the veteran students on campus. The program is funded by the new Veterans Cost of Instruction Payment program sponsored by the Department of Health, Education and Welfare.

Along with aiding the veteran in the mechanics of applying for and receiving his G.I. educational benefits, the Veteran Coordinator sees that services are available to assist the veteran with his educational program. These services include tutoring, counseling, vocational testing, and job placement. Concurrent with these services Mr. Reich maintains an enlarged Outreach Program designed to make veterans who are not attending college aware of their benefits under the G.I. Bill. These benefits include both vocational and general education training in post-secondary schools and colleges.

Under current G.I. Bill provisions, veterans may qualify for benefits if they served at least 181 days active duty after 1955. Benefits range from \$220 for a single veteran with a full academic load, to \$289

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THE BULLFROG



Vol. V No. 5

Columbia Junior College

March 18, 1974

The Long and the Short of Streakers

By Gordon Tomlinson

Streaking is the latest craze in America and around the world. Some of the reasons it is so popular is that it's cheap, anyone can do it, it's against the law, and it's fun.

It doesn't take a lot of money to streak, for some the price of a pair of tennis shoes and a ski mask is all the expense involved. This is the only equipment needed to streak.

Streaking is also non-discriminate, so anyone can do it and almost anyone does.

Although streaking is against the law, the police have almost completely ignored it. One streaker streaked through a police station and wasn't arrested. After all who wants to wrestle with a naked man?

As far as fun is concerned, it is, and there are many ways to have fun streaking. There is the para streak, which is streaking with a parachute from 2000 feet. Doesn't that sound like fun?

There are two basic rules for the streaker. The first is that you can't wear

anything. The second is that you have to streak before a crowd.

What next? Would you believe Richard Nixon streaking before the Watergate committee to make everything perfectly clear?

Kerosene Prices

A second check on kerosene prices in Calaveras and Tuolumne counties brought these results.

Calaveras County
Angels Camp Texaco . . 1.00 per gal.
Angels Camp Arco . . .80 per gal.
Altaville Shell . . .60 per gal.
Murphys Chevron . . .59 per gal.
Tuolumne County
Oliver Hardware Sonora .66 per gal.
Star & Barr Texaco . .74 per gal.
Chip's Chevron
Jamestown75 per gal.

In all cases it's best to bring your own container, or you will have to buy it when you buy the kerosene.



Unidentified but athletic student prepares to streak.

photo by Gordon Tomlinson

Marijuana Hearing

The Senate Select Committee on Control of Marijuana heard testimony from two distinguished experts on the subject at a hearing in the Capitol, Thursday, February 14.

Dr. J. Thomas Ungerleider, Associate Professor of Psychiatry at UCLA Medical Center, and presidentially-appointed member of the National Commission on Marijuana and Drug Abuse, was the

initial witness. He was followed by Ed Brecher, researcher and author of numerous books and articles on the subject.

Brecher, of Yelpling Hill, Connecticut, is the author of Licit and Illicit Drugs and for a number of years has written for Consumer Reports.

The subject of the hearing was "Summation of the Social Costs of Marijuana Laws."

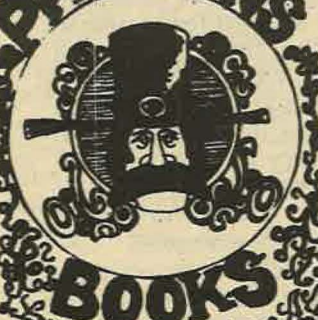
Book Theft Down

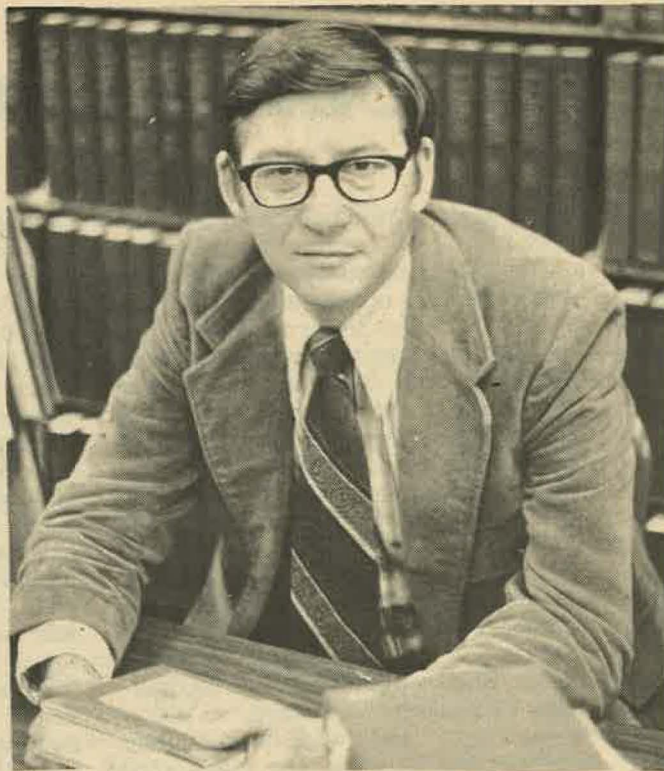
Good news and bad news seem to inevitably go together hand in hand. Bad news from the Columbia Library came last month in the form of list of missing books. As of this January, 160 titles were still missing from the library's inventory, about \$1,200 worth. Dean Finney, Librarian, wrote in the cover letter of the list, "Costs are escalating and the possibility of replacing missing books grows dim." He urged any students or faculty members happening to find any of these

books to return them so that others might benefit from their use. A list of the books is available at the library.

In a Bullfrog interview last week, Finney passed on some good news concerning the list. While the missing books represent .9 percent of the total library inventory, this figure is considerably less than during any previous year. The average percentage of missing books during each of the previous three years was 1.8 percent, double that of this year's inventory. Finney is pleased with this trend, and believes that it will continue. As a measure of that belief, the library began a trial period in September of dropping the standard \$1.00 library card fee. Finney stated in the interview that, "We are trying to make it easier for students to check out books, and we hope that they will reciprocate."

Since the trial period without the fee began, circulation of the books in the library has increased as was hoped. If book losses continue to drop as well, the free library card program will be continued by the administration after the trial period ends. Finney added, "I'm very appreciative of the positive attitude shown by students and look forward to their continued cooperation."

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C.J.C. Librarian Dean Finney.

photo by Gordon Tomlinson

Gods From Outer Space Book Review

by John Cary

Those of you who read Chariots of The Gods may have been entertained by the author's generalized hypothesis of many of the unexplained phenomena in man's cryptic past, but God's From Outer Space is much more than entertaining. After reading this book, I guarantee you will question the origin of every event in man's mystic past. Von Daniken pulls no punches in his explanations of earth's hidden mysteries—and the amazing thing is he has extremely convincing evidence for his postulations.

Underlying Von Daniken's research is the author's hope that by presenting and accepting his

theories someday man will realize that he is only a small part of this infinite universe and that this realization will allow him to transcend international boundaries and attain a oneness with the universe. In his own words, "Do the 'gods' hope or expect that once earthly beings get to know space, they will lose national consciousness they have only assumed and instead consider the infinite cosmos as the universal motherland? ... then our familiar and carefully preserved world picture will collapse and the younger generation of the space age will erase from its consciousness the last nationalistic feelings, which will have become meaningless."

Nice thought, isn't it? Read the book.

Budget Trouble?

How to achieve a better financial future in the current tight money market will be the subject of a night school class offered during the spring quarter at Columbia Junior College.

The class will examine individual buying habits, values about money, and financial goals in an effort to make each person a more intelligent consumer and to help him generate the money and the frame of mind to become an investor sooner.

Called Consumer Economics, the class will be offered on Mondays from 7 to 10 p.m. in room 108 of the Learning Resources Center on the Columbia campus.

The class will begin April 1 and continue through June 10. A fee of \$1 will be charged.

Although the course is offered on a no credit basis, the instructor, Bob Hedges, says the rewards will be seen in each person's financial future.

The class will be open to the community with couples especially encouraged to participate.

According to Hedges, "Budget trouble occurs when there is too much month left at the end of the money!"

Values and attitudes about money management will be determined by exercises conducted in and out of class.

Topics to be covered include financial record keeping, impulse buying, comparative shopping, advertising and labeling, fashion, borrowing, insurance, income tax, the stock market, real estate and other investments.

Hedges said the course will "try to help the little guy understand his rights and the way he can survive in a society dominated by large organizations ..."

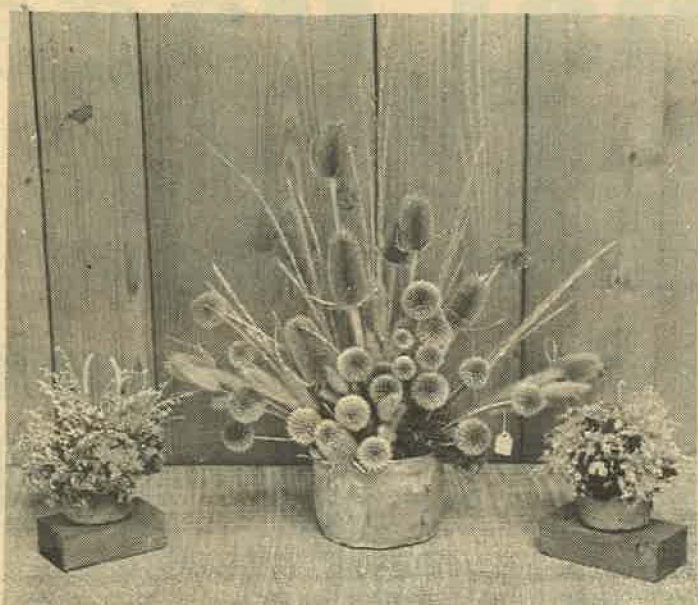
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One of many decorative floral arrangements at the Fir Tree.

The Fir Tree

Suzanne Price

Mr. O'Bannon owns and operates the Fir Tree, located on Highway 108, Sugarpine. His shop is filled with nuts, cones, seeds, flowers and pods. Beautiful arts and crafts are made from nature's fruits and flowers.

The business was started 10 years ago by his wife. She took classes at Montalvo, an artisan center near Saratoga, California. With her talents and his engineering background, they developed new mounting equipment and decorating ideas.

Flower arrangements, candle holders, plaques, wreaths and animal forms are only a few examples of an art form using natural products. Some of the more exotic materials used come from as far away as Africa and Australia. Mr. O'Bannon also ships his supplies to buyers in the U.S., including Hawaii, Alaska and many foreign countries.

This international art form can be enjoyed at

very little expense. Useful materials can be found in the Mother Lode and Sierras. Anything taken in the National Forest requires a permit though. Pine cones, acorns, sycamore balls, cat tails, thistles and Pearly Everlasting are only a few easily found materials. In preserving your supplies simply keep them dry and off the ground. The best time of the year to gather is usually fall, before the rains. Maturity of cones and pods is important for aesthetic value. If you heat the cones in a 200 degree oven, the pitch will melt, creating a varnished look. This process also dries any moisture that can cause fungus or mildew.

Some of the dried flowers and weeds you find can be dyed in many colors. Many of these materials are also edible, such as most cone seeds, thistle roots, Dandelion greens and sunflower seeds.

If you're interested in natural art forms visit the Fir Tree.

Grammy Awards

By Suzanne Price

The Grammy Awards Show this year was disorganized, but had its moments. The couples presenting the awards stole the show. Paired off were: Kris Kristofferson with Moms Mabley, Chuck Berry with Little Richard, and Helen Reddy with Alice Cooper.

Much mention was made of the late Jim Croce, who was nominated in almost every field. The man of the evening was Stevie Wonder, winning at least four Grammys to standing ovations.

Winners

Best Record—Killing Me Softly, Roberta Flack

Best Album—Inner-Visions, Stevie Wonder

Best Song—Killing Me Softly, Roberta Flack

New Artist—Bette Midler Album (Motion Pictures)—Johnathan Livingston Seagull

Best Female—Killing Me Softly, Roberta Flack

Best Male—You Are The Sunshine Of My Life, Stevie Wonder

Vocal, Duo or Group—Gladys Knight and the Pips
Male, Rhythm & Blues—Superstition, Stevie Wonder

Country Song—Behind Closed Doors, Kenny O'Dell

Comedy Album—Cheech & Chong

Western Instrumental—Dueling Banjos, Mandell & Weissberg

SOLITAIRE REFLECTIONS

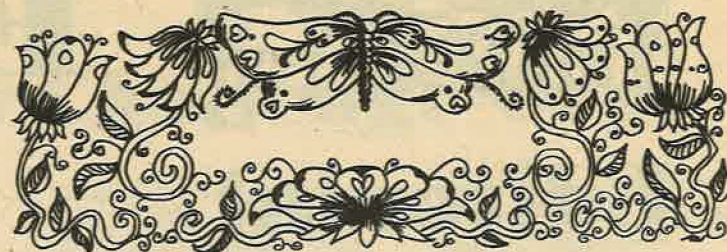


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By Cinde Martz

Chuck Mangione With The Hamilton Philharmonic Orchestra 'Land Of Make Believe'—Phonogram Inc.

I had great hopes for this album. The Chuck Mangione Quartet plays good jazz and I saw no reason for that factor to alter. I must admit though, I was disappointed with the sounds that ensued. My criticism did not lie in the musical ability of the performers, but, in the arrangements. It reminded me too much of the type of music I'd hear on a special presented by Ford; not to say that music of this type is lacking in listening pleasure, but it certainly wasn't what I had expected.

Now after listening to the album again and again, and even again, I find that I

truly enjoy it. Guest vocalist Esther Satterfield has a fine voice, Chuck Mangione is faultless on the flugelhorn and Gerry Niewood (always noted for his fine flute playing; continues to excel. The symphonic music of the Hamilton Philharmonic Orchestra blended with Mangione jazz is also refreshing. If you are an old Mangione fan, listen to this album a few times and I'm sure you'll find within it what you have come to expect from the Quartet. On the other hand, if the quartet is new to you, I feel it would be best to buy or borrow an earlier album and get acquainted with their style. If you like it, then by all means move on to "Land Of Make Believe."

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ALL THE NEEDS FOR STUDENTS



Editorial Page

Editorial

By Steven Pimentel

Spiro lives! He's not really in hiding knocking out a spy novel for Playboy Press but he's somehow switched places with Gov. Reagan. How else to explain Reagan's recent comment about the S.L.A. Hearst food giveaway. Speaking in Washington, D.C. before one of those \$XXX a-plate dinners, he said, "It's too bad we can't have an epidemic of botulism." It is reported that the largely Republican gathering expressed some enthusiasm for this pithy remark. Indeed. Botulism is often fatal. The greater portion of the Hearst food is destined to feed hungry children. If the middle-class can't afford hamburger, how does Reagan think those on a fixed income, such as welfare mothers and their children, are faring in this era of Nixonomics? In between bites of \$500 chicken croquettes Mr. Reagan might have contemplated this question.

Later he gathered the press to try to weasel out, "it was a joking remark, but I do deplore the fact that those people are accepting the food." Reagan has said anyone accepting the groceries is guilty of abetting lawlessness. I'm sure that nothing would gladden the Guvs' heart more than to have the recipients deny the free food. William F. Buckley would probably label such a mass action "dignified." Such an action wouldn't exactly hurt Reagan's political fortunes either. But if the situation were reversed, if Reagan had made just a few less of those B movies and bought the wrong real estate you can bet your ass that he'd be trooping up to get his dole. Because only a fool acts with "dignity" when his children are hungry.

The Hearst kidnapping and the Foster assassination are emotional issues. The Bullfrog shall keep it's own counsel on this affair. But Reagan's callous remark should not go unnoticed.

Letters to the Editor

Sir:

Ralph Thiel is, if you are a citizen of Tuolumne County, one of your supervisors. He has been on the Board of Supervisors for four terms, and is presently serving for his 5th term. He is one of a possible ten candidates for the new 7th Assembly District, and if you are a voter, he is one amongst those in which you may decide to give your vote. "So," you ask, "are you trying to push another politician off on me?" "No," is my answer, but I am trying to get you to notice a politician unlike any politician you may have ever met. "Bull —!" is your reply. "No Bull —!" is my reply.

What makes this Ralph Thiel fellow so different? Knowing him personally I can simply say that he is sincere, honest, convicted to the people and uncorrupted. Since you may doubt my word I will challenge you to check his record yourself. He is not the money-hogging, power-hungry politician that so many of us are accustomed to. In each of his campaigns for Board of Supervisors, he has refused all campaign donations, and in his campaign for 7th Assembly District, he has limited all contributions to no more than \$100.00 per

person. Republican candidate Carter is expecting \$5,000 from the Teamster's Union, \$7,500 from state employees and \$5,000 from realtors. Limiting campaign contributions is a risk for any candidate, and Thiel is aware of this. He states, "I would rather have many small contributions from people throughout the district to insure that everyone is represented equally." All voters, regardless of finances, are equal in his eyes.

Bill's Beefs

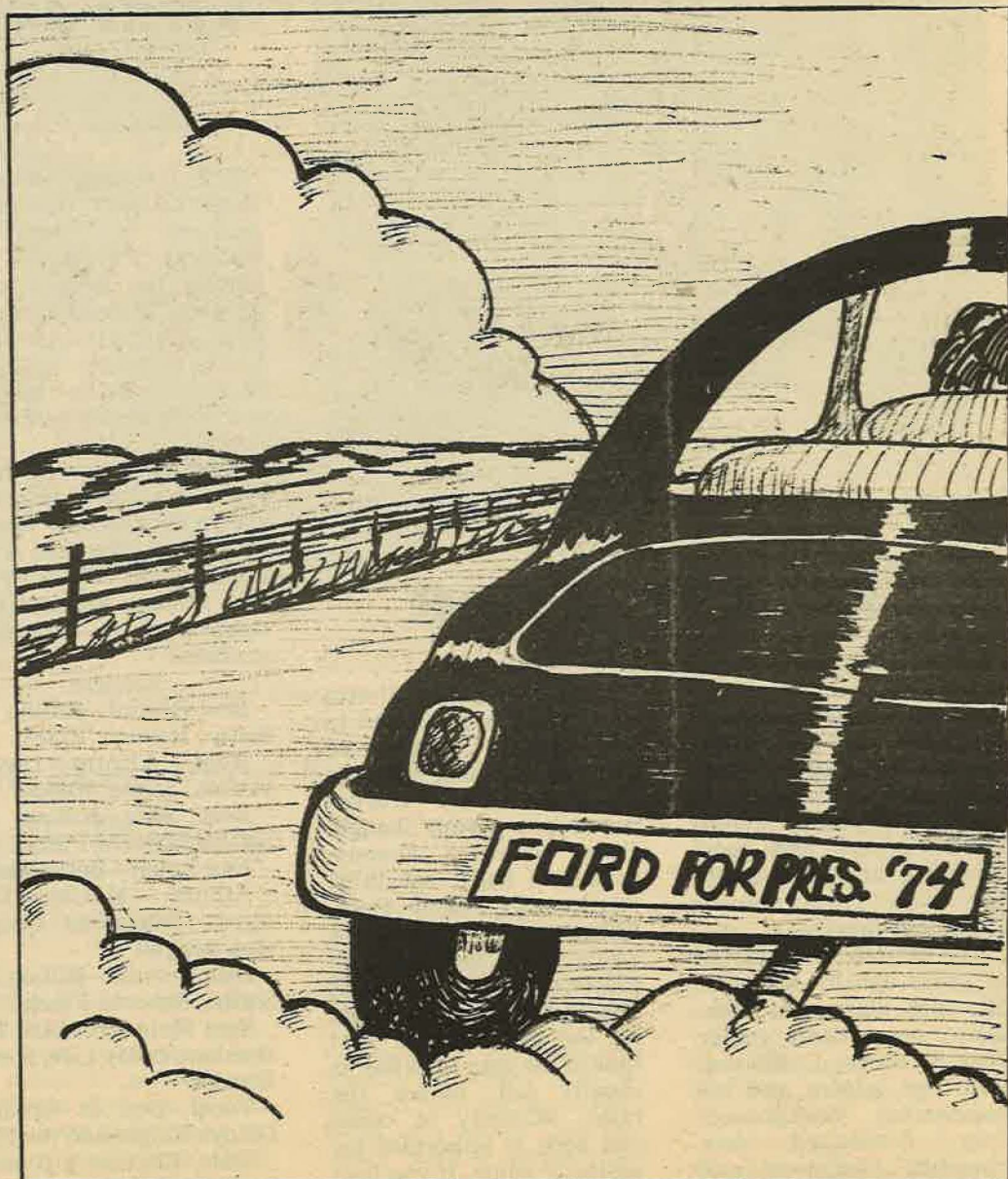
OK! Rip-off Artists, Your Time Has Come.

Why do you want to spoil a good thing? That's what happens each time a book is stolen from the library. So far this year, the library has lost 160 books at a cost of \$864.00. These books will probably not be replaced. The sad part, besides the monetary loss, is the loss to those students who are not removing books without checking them out. They are being forced to suffer because a few unthinking students want to add to their own libraries.

This is not L.A. or The Bay Area, where rip-offs are an every day occurrence. This is nice, clean and open Columbia where people care for others. If you would like C.J.C. to remain the way it is with no turnstiles and no searches each time that you leave the library, then please don't take books without checking them out. If you have taken a book and would like to return it, PLEASE, PLEASE do so, by dropping it in the book drop.

Thank you from those students who have not complained at the fines, and who have not taken any books.

Very sincerely,
Big Bill



Consumer Info Available

Frustrated consumers interested in voicing their gripes about goods or services are urged to communicate their complaints to the following agencies for action:

BAY AREA CONSUMER PROTECTION COORDINATING COMMITTEE
Box 700
San Francisco, Ca 94101
NADER'S RAIDERS
The Center for the Study of Responsive Law
1908 Q Street, N.W.
Washington, D.C. 20009
ADVERTISING & CREDIT COMPLAINTS
Federal Trade Commission
450 Golden Gate Ave.
San Francisco, Ca 94102

Attorney General Consumer Fraud Unit
500 Capital Mall
Sacramento, Ca 95814
AUTOMOBILE COMPLAINT
Dept. of Motor Vehicles Compliance Division
2145 First Ave.
Sacramento, Ca 95818
COMPLAINT ON FOOD, DRUGS & SAFETY
Food & Drug Administration
50 Fulton St.
San Francisco, Ca 94102

Los Angeles, Ca 90012
CALIF. RURAL LEGAL ASS'N. 529-8452
405 H St.
Modesto, Ca
INSURANCE COMPLAINTS
Dept. of Insurance
107 South Broadway, Rm 8022



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Circulation: Greg Nix



Spring Quarter Intramurals

Here are just a few ways to spend a warm afternoon in the Spring Intramurals class.

EVENT	DAY	TIME	WHERE
Tennis	Tu. & Th.	11:30-1:00	CJC Courts
Volleyball	Tu. & Th.	12:30-2:00	CJC Courts
Basketball	Tu. & Th.	12:30-2:00	CJC Courts
Ping-Pong	Tu. & Th.	12:30-2:00	P.E. Bld.
Trampoline	Tu. & Th.	12:30-2:00	P.E. Bld.
Karate	Tu. & Th.	1:00-3:30	P.E. Bld.

To participate in any of these events just sign up for Spring Quarter Intramurals.



How's The Fishing?

by Bob Guastucci

I can confer the fact that fishing has been generally slow. The only thing I caught at Tullock lake last week was my fishing pole, after it fell out of the boat into six feet of water. That was to be overlooked after my fellow fishing friend and I accidentally hooked our anchor on a submerged tree, which detained our afternoon for another hour.

But all in all it should be picking up. I couldn't help but be a little envious when Jim Brown, part owner of the A and J Sporting Shop told me he caught two, 3½ lb. rainbows at Don Pedro last week.

They've also been catching a few at Beardsley Lake, (35 miles east of Sonora) running from three to nine pounds. "Thin Fins and Raballos seem to work well enough" was Jim's suggestion, explaining that "minnows aren't allowed in Beardsley. Sometimes the minnows wiggle off the hook, and if they survive,

reproduce to unwanted figures." Anything that looks like natural bait will be the best.

The fish are still near the surface because of the extremely cold water down deeper. So not to much line needs to be let out.

You can fish any of the lakes all-year round. All rivers east of HY. 49 are open beginning on the last Saturday in April. The rivers and streams west of HY. 49 have been open since the end of December, after the spawning season is over, and remains open until October.

Freaks Challenge Cops

By Steven Pimentel

Squeezed between the silicone mammalia and the numerous advertisements of a recent Playboy magazine was a short bit on how a "Freak vs. Pigs" (their words, not ours) football game in Madison, Wisconsin recently raised \$30,000 for charity. The story indicated that it had become something of tradition, a mellow time was had by all, and new lines of communication had been opened between the Police and the students. But most importantly, money had been raised to help those in need that might not have been raised.

The Bullfrog realizes that CJC isn't the University of Wisconsin. But it does recognize both the needs of the deprived in the area and the lack of Community/CJC interaction. The Bullfrog herewith stoops to plagerism (it won't be the first time) to issue a challenge to the local law enforcement community. We plan to sponsor such a game. Plans are being formulated to field a CJC Freak/Staff All-Star flag football team that will take the gridiron against the local "Cop All-Stars." The tentative title for the game will be the "Semi-Super Bowl."

This is an election year, with a great deal of candidates for Sheriff who'll be

using the word courage a great deal in future campaign speeches. What better way to see if the candidates have balls than to face up to a scrimmage line of ferocious freaks? At least one candidate, Constable Roy Clark, has been approached and has accepted the challenge. Are you listening other candidates?

Tentative plans call for two 11 man strings per-team and an admission charge of 50c. For interests of safety and economics the game will be flag, with the Bullfrog providing all equipment. Uniforms will be left to the imagination of each team. Support will be required in securing a suitable field and other amenities such as insurance etc. We emphasize that support doesn't necessarily mean cash—just a willingness to donate time and effort.

We could elaborate about the freak cheerleaders, the pep banks, the spectacle of an epic sumo-like battle between defensive tackle Bill Harrold and Sheriff's candidate Ron Wano. The possibilities simply boggle the mind. Freak jocks eager to win one for the Gipper are urged to bring their press clippings down to the Bullfrog offices. Already on the roster are "Broadway" Jim Hastings (QB) and "Bullet" Bill Wilson (flanker).

Copies of this issue will be sent to all local law enforcement depts. It is hoped that they'll prove receptive to the idea and that they won't go paranoid and think that it'll degenerate into a rumble. They are also urged to

contact the Bullfrog to indicate support, doubts, or possible suggestions.

Director Named

Allan L. Petersen has been named Director of Legislative and Public Affairs for the Chancellor's Office of the California Community Colleges.

Petersen, 42, will replace Vince Bradley, who will become Director of Community Education at Monterey Peninsula College.

"Mr. Petersen assumes this responsibility with an excellent background," said Chancellor Sidney W. Brossman. "He will add a great deal to the capabilities of our staff and we'll be delighted to have him in this post."

Brossman said Petersen's main activities will be in the areas of governmental relations, including legislation, and in public services, including relationships with professional organizations and college public information officials.

Petersen for the past four years has been a specialist for facilities planning and utilization in the Chancellor's Office. Before that he was assistant to the superintendent/president at Hartnell College in Salinas.

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Campus Question

By Steven Pimentel Gordon Tomlinson

What do you think of the new fad of "streaking?"



Diane Magit: I think there has to be an exhibitionist element to it. I like the fellow who ran through the House of Representatives. Sure! it'll happen here. For myself, I'd rather streak through the river.

Jim Hastings: I wouldn't have the courage to do it. It's going to be a very short lived fad. It'll be done to death, then disappear as quickly as it came. I'd like to see it done on this campus, maybe in the spring.



Linda Berts: If they want to streak, I don't care. If that's how they get their rocks off.

Guy Haratani: I think it's great. We're the only living thing that doesn't streak. All the other animals streak. I wouldn't do it because I have a large scar. If you're going to exhibit it should be something worthwhile.



Shelagh Carrick: I wouldn't streak. I think it's a dramatic way to dramatize their (the streakers) political views, namely the impeachment of President Nixon. I don't think he, Nixon, would streak if he was fully clothed. The only person I want to see streak, I see streak everyday.



Karen Kessel: See this sprained ankle? I tell everybody I did it on the stairs, but actually, it happened streaking through Berkeley. I think it'd be a great course to offer when we have our new sports facility. With the new track you could streak barefoot. There's too much poison oak now for streaking.



Ron Roach: I probably wouldn't streak—but I'd sure like to be there to take pictures!



Gary Meir: It's different. If a lot of my friends talk me into it I might do it.

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Barry and the Band

On most Thursday nights this Winter Quarter, one can hear music drifting from the CJC forum, music being made by the Stage Band Ensemble, part of the college music program under the direction of instructor Barry Hunt. In a recent interview with Barry the origin and future of the Stage Band was told.

Prior to Barry's arrival to CJC, there was a community stage band in existence. This was run mostly as a club, and was affiliated to the college in name only. The band was largely made up of local ex-professional musicians who played a style of music common to the pre-1945 era. Barry, upon coming to the area "called as many varied musical organizations as possible to note student (musical) response." Along with the audience response to a performance of the Cabrillo Junior College Jazz Band here last April, he "decided that a (college) stage band is a necessity." The recent enthusiasm over Cal Tjader's performance enforced that realization.

Preferring stage band music from the 1959 to present day era, Barry set out to form a stage band ensemble in affiliation with the college. This met with some community opposition to the changing of the community bands make-up. Within the last month the differences were resolved with the realization that the two bands were intended to be

completely separate from each other and would not hinder each other.

Despite his preference for latter day stage band music, Barry stated that rather than divide the local musicians between the two bands, he would prefer "that there should be one organization that plays all styles of stage, dance and jazz band music (thereby preventing any) conflict of interest."

Since January the "stage band" which is more like a jazz ensemble has met on Thursday evenings at the college and has grown with each successive meeting. The response from those involved has been very favorable and positive. Barry feels that the ensemble has grown enough to enable the beginning of practice which will last through February. "March and April," he said, would be used to "polish the band into a group that I feel should represent the college." He plans their first performance for the first week of May, to be held on campus in the forum.

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Creative Page



photo by Ron Roach

"WHEN NOISE HAS CEASED TO SOUND"
 when noise has ceased to sound,
 the willows speak their mind,
 then take your thoughts and tie them
 up and throw them on a line.
 when noise has ceased to sound,
 the birds begin their flight,
 they take your eyes up in the sky
 and never let you down.
 when noise has ceased to sound,
 I think of many things,
 of this and that and lizards backs
 and movement in the air and how
 when ever you're around,
 your love is always there.
 —Paul Simonson

HOW AGED OUR LIVES

At a time
 When men are not caring
 for a helpless outstretched hand
 At a time
 When man thinks of destruction
 and not for his favored land
 At a time
 When man walks alone
 and sees his bleached white bones
 It is said
 How aged our lives
 for man has turned to stone



photo by Gordon Tomlinson



photo by Wes Elam

Students and faculty and staff are
 urged to submit items to be published
 on this page. Drop off contributions
 at the Bullfrog offices.

Vets

FROM PAGE ONE

a month for a full-time student with two dependents. These allotments are subject to possible increase if the Senate and House pass legislation which is now before them.

Reich is a former Columbia Junior College student body president and acts as a link between veteran student needs and sources of student assistance. He also works with agencies and groups involved in providing services for veterans on campus and in the community. Mr. Reich is available on campus weekdays from 8:00 a.m. until 4:30 p.m. and can be reached by telephone at 532-3141, extension 261.

Counseling services are also provided for veteran students by Mr. Bill Wilson, Veterans Counselor. In this capacity Mr. Wilson assists veterans in becoming self-sufficient with regard to problem solving and decision making.

Veterans who are interested in attending classes at CJC are reminded that registration for Spring Quarter is March 27, 1974. Now is the best time to check on class offerings and advisement for class scheduling.

Open Letter

FROM PAGE ONE

mouth I was told that the third also had no comment. Therefore I interviewed two other faculty members, the first being Psychology Instructor, Frank Russell, who had this to say, "My understanding from talking with Bill, is that the Peer Counseling problem had been cleared up before the letter was printed. It was unfortunate the timelag (between) when he had this to say, and when it actually got printed, because by the time it got printed, the problem had already taken care of itself. I don't think it was excessive (or) inappropriate at the time it was said." Regarding the gym complex, he said he knew "very little" about it and made no comment, as to the concert, he said, "I don't support that kind of thing, I don't think we should get preferential treatment in that kind of situation."

The other faculty member interviewed was Barry Hunt, Music Instructor, who said, "If he's trying to make one point (of the three topics), I don't know what it is. Is he saying that he as a student . . . and representative of the student body is being tromped on by the administration and faculty of the college? It seems that that might be his general protest."

Regarding the concert Barry said, "obviously (it) pertains to me, I had wanted to reserve seats for the Beginning Stage Band Ensemble (but was) turned down by the community service office, so the people I let in were the people I tried to reserve seats for." Barry also felt that Bill had the right to say what he wanted in his

column, but that he shouldn't air his grievances every issue because "pretty soon it would turn the Bullfrog into a gripe sheet." Barry had first read the letter just prior to the interview.

Also interviewed were two instructional aides, Frank Collison, who also had just read the letter, felt that having only one point of view about both the counseling and the gym complex limited his reaching any conclusions, but regarding the concert said, "I noticed the same thing . . . faculty and students should be seated on a first come first serve basis." Bob Ladd said, "If his (Bill's) statements are true, and I have no reason to doubt him, I think (they are) really indicative of what's going on here at the college. It seems that they (administration) are really negative about students delving into certain aspects of the colleges functions." adding, "I think he put a lot of thought into it (and that) he can back up everything he said."

I then interviewed a number of students; Marvin Parrish was "disappointed but not surprised" saying, "Seems like there's some dirty stuff going on and some abuses of power." Layne Williams was surprised Bill wrote it, adding that he hadn't heard both sides but "the truth was good to hear, whatever the truth." Chris Behee was surprised "because I thought the Student Government was apathetic," he was one of the few who had read the letter prior to my asking about it, and when asked why, said his "TV was out." Patty Connitt felt, "He has a right to say what happened" and

thought "that's the only way the problems would have gotten attention." Ande Schweiker "thought it was a good letter, (although) I don't know if it would get me to where I'd go do something about it." Tom Schmidt said, "it's believable . . . I don't know what other way he could of done it" and about the concert said what the faculty did "might not have been right, but . . . there were a lot of students in there before anyone else." Sonia Linnik said, "When I was in high school I would have loved to have kids come over and talk to me about college, but when they change it to a recruitment program, that turns off a lot of kids." Asked why she thought the administration wanted to recruit, she replied, "you recruit more people, you get more buildings."

We come now to Big Bill himself, who said, "I've had good faculty reaction from three teachers (unnamed)." Asked about any critical reaction he had received, he said, "None, I haven't had negative reaction from anyone. (I've been) just as available, if not more so (to the faculty)." Asked about student reaction he said it was, "good, positive, . . . said that they enjoyed the article, wished that there'd been more of them, the only disappointing point is that I haven't had anybody say 'What can I do to help?'". Asked if he planned to write more letters of that nature, he said yes. Despite opposition? "Yes, in fact the more opposition I get, the more articles I'll write." Asked if he thought he came on a little strong in the letter, he replied, "Not strong enough," adding, "I don't anticipate any rebuttal because it's all substantiated facts."

Good Food/ Good Health

Malnutrition caused by lack of income or mere neglect, is a common fact of American life. For years our country has had enough physical and scientific resources to remedy this situation.

As president Nixon said early in 1969, "the moment is at hand to put an end to hunger in America . . ." Well, the "moment" has passed us by, yet hunger and malnutrition persist in our country today.

I believe what has been lacking is sufficient public awareness concerning the foods we consume. I hope the information provided in this column will stimulate your interest in the importance of a good diet, and the relationship between good food and good health.

One of the strongest influences on food habits is the nationality of the family group. These ingrained habits, however, may serve as a barrier. It makes good sense to explore other countries food patterns for ideas to enrich and vary our own diets.

Many people enjoy delicacies which we Americans scorn. In Siam, Indochina, and some parts of India, spiders are considered fine food.

The food eaten every day by people reflects complex psychological and sociological meanings. Some vegetarians in India refuse to eat milk and eggs, while Ugandans regard milk as a carrier of leprosy.

Dairy products, in our country, are considered fine sources of natural vitamins and proteins. The following recipes from France—using eggs and cream as a base—are less extreme ideas for varying the American diet.

Quiche Lorraine

Line a 9" pie plate with pastry. Brush with egg white and prick with fork. Bake 5 minutes in 450 oven. Remove. Fry ½ lb. lean bacon til crisp. Scald 2 cups evaporated milk. Cool slightly, then beat together with 3 large eggs, ½ t. salt, ¼ t. pepper, ¼ t. nutmeg. Spread 1 ½ cup shredded Swiss cheese into pastry shell. Sprinkle with bacon and 3 T. chopped Scallions. Pour custard over all. Bake 375 for 40-50 minutes or until top is golden brown.

Quiche is always served lukewarm. Garnish with parsley. Serves 6.

enjoy your health,
Linda Alane Johnson

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