

**T.R.U.S.T**  
**CCAT: COLUMBIA COLLEGE ALERT TEAM**

## Common Questions Answered

## Why T.R.U.S.T CCAT? We are..

- **T**eam for
- **R**esponsive
- **U**nified
- **S**tudent
- **T**imely intervention & support
- We are the Columbia College BIT (Behavioral Intervention Team)
- We consist of representatives from various departments
- We function in accordance with best practices established by the National Behavioral Intervention Team Association (NaBITA)

## Who represents CCAT?

- Vice President of Student Services
- Dean of Student Services and Student Conduct Officer
- Director of Mental Health & Wellness
- Faculty DSPS Counselor
- Campus Safety Manager

## What does CCAT do?

- The Columbia College Alert Team is a campus team that meets regularly to identify, monitor, assess, and respond to concerns and/or distressing, disruptive or dangerous behaviors by students, faculty/staff and community members who struggle academically, emotionally or psychologically, or who may pose a threat to the safety and wellbeing of our campus community (i.e., students, faculty, staff, and visitors).
- Promote safety and well-being across the academic and campus community.
- We are dedicated to early intervention, threat assessment and coordinated response to behaviors that may impact campus safety or student success.
- We connect students with appropriate resources and campus services.

## What if it is an Emergency?

- **Contact 911 and Campus Safety at 209-566-5476**
- **If there is an immediate campus crisis, emergency, life threatening situation or imminent danger or dangerous situation call 911 and Campus Safety at 209-566-5476.**

## Important information to know:

- Please report complaints, conduct and Title IX concerns
- Referrals to CCAT are IMPORTANT even if an incident may seem minor
- Reporters are encouraged to report behavioral observations, facts and student quotes.
- To submit a report:  
<https://gocolumbia.edu/ccat/index/html>



# Can I make an anonymous report?

- Yes. But it is much more helpful if you will let us know who you are.

## What communication will I receive from CCAT?

- You will receive an automated response after your submitting a CCAT form and this may be the only communication you receive.
- CCAT complies with FERPA/privacy/confidentiality requirements and therefore may not be able to disclose information to the reporting party and information shared is on a “need to know basis.”
- CCAT members work hard behind the scenes to coordinate appropriate action and support for each referral.
- Reporters may not see everything happening, but steps are being taken even when details cannot be disclosed.
- Please know that the concern is being addressed by the appropriate departments.
- If you have any additional questions or concerns you are encouraged to contact a CCAT member for further direction.





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## Typical Types of Behavior to Report to the CCAT Team:

### Disruptive Behaviors

- Threatening direct or indirect behavior or speech
- Strange or bizarre writing,
- Disruptive, hardened or unusual participation in class
- Fixation or focus on an individual, place or system
- Hardened or inflexible thoughts or speech
- Argumentative, angry, disrespectful, or non-compliant
- Frequent continued cross talk
- Technology misuse
- Social isolation or odd behavior, and/or poor boundaries
- A sudden unexpected change in classroom performance, grades, attendance, assignments
- Poor focus or attention in class that is unusual for the student
- Classroom disruption
- Heckling

### Distressed Behaviors

- Marked irritability, anger, hostility, etc.
- Talking to or seeing things that are not there
- Delusional or paranoid speech or actions
- Difficultly connecting with others
- Expressions of hopelessness, worthlessness, etc.
- Direct or indirect threat of harm to self or others
- Emotions that are extreme for the situation
- Teasing or bullying
- Social withdrawal, isolation, loneliness
- Change is typical behavior
- Repetitive or anxious behaviors
- Extreme panic or worry over
- Frequent arguments with others
- Excessive alcohol or substance abuse
- Sexually harassment
- Aggressive behavior
- Argumentative with authority
- Explosive or impulsive behavior

### Dangerous Behaviors

- Direct communicated threat to instructor, staff or another student
- Self-injurious behavior (cutting or burning self during class, or exposing previously unexposed self-injuries)
- Physical assault (pushing, shoving or punching, throwing objects or slamming doors)
- Sexual assault
- Violence of any kind
- Displaying a weapon or firearm
- Physically attacking someone
- Harassing or stalking someone
- Conversations that are designed to upset other students (description of weapons, killing or death)
- Racist or discriminatory or otherwise fixated thoughts
- Bullying behaviors focused on a student in the classroom
- Refusal to speak or respond to questions or directives given by the instructor
- Out of control behavior
- Out of touch or with reality
- Increasingly escalating mood or behavior

### Physical Signs of Concern

- Falling asleep in class
- Poor hygiene
- A dramatic change in energy level (either direction)
- Worrisome changes in hygiene or personal appearance; significant changes in weight, etc
- Showing up under the influence of substances
- Noticeable cuts, bruises or burns

## About CCAT

- If you are concerned about a student or have been involved in or witnessed a situation that is distressing, disruptive or dangerous anywhere on campus please let a member of the team know.
- You can contact **CCAT** by using the CCAT Reporting Form link below or by contacting any member of the team in person, by phone or email.
- **If there is an immediate campus crisis, emergency or dangerous situation contact Campus Safety at 209-566-5476.**
- **If there is a life threatening situation or imminent danger Call 911. Any member of the team will communicate with others as needed.**

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